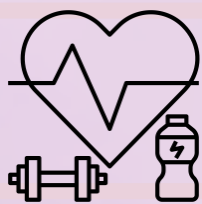


Key Stage 2		7			8			9	Key Stage 4 →	
		Autumn	Spring	Summer	Autumn	Spring	Summer	Autumn	Spring	Summer
A variety of knowledge and experiences from many different Primary schools. With basic understanding of simple skills and tactics.		Skill Development to succeed			Select and apply tactics to succeed			Making appropriate decisions to succeed		
		Develop and Refine skills in a variety of activities through: ● Outwitting opponents, ● Exercising safely and effectively, ● Exploring & communicating ideas, concepts and emotions ● Identifying and solving problems ● Accurate replication of actions, sequences and phases ● Performing at maximum levels Activities could include: football, basketball, netball, dance, yoga, badminton, table tennis, athletics, cricket, rounders, fitness Students will refine their leadership qualities Know and understand - Musculoskeletal system & the benefits and importance of warm-ups & cool downs.			Apply skills to different defensive and offensive tactics in a variety of activities through: ● Outwitting opponents, ● Exercising safely and effectively, ● Exploring & communicating ideas, concepts and emotions ● Identifying and solving problems ● Accurate replication of actions, sequences and phases ● Performing at maximum levels Activities could include: football, basketball, netball, dance, yoga, badminton, table tennis, athletics, cricket, rounders, fitness Know and understand - Health and fitness: Benefits & consequences.			Apply skills to develop their decision making skills in a variety of activities through: ● Outwitting opponents, ● Exercising safely and effectively, ● Exploring & communicating ideas, concepts and emotions ● Identifying and solving problems ● Accurate replication of actions, sequences and phases ● Performing at maximum levels Activities could include: football, basketball, netball, dance, yoga, badminton, table tennis, athletics, cricket, rounders, fitness Know and understand - Heart Rate, fitness components, effects of exercise.		
Core Knowledge										
Concepts		Skill Development to succeed - developed their confidence in physical activity			Select and apply tactics to succeed - develop their confidence in sports & physical activity			Making appropriate decisions to succeed practically and choosing the correct qualification.		
Exemplars		  			  			  		
Opportunities & Adaptations		Students have access to an extensive extra-curricular programme in a variety of activities. Students have chances to compete for intra-school sport, as well as representing TGS against local, area and county schools in a variety of competitions. Students are able to attend many trips to watch top level sport. Teacher to have an intriguing question or fact that will help students to develop an appreciation of Physical education. For example, in athletics show and mark out the distance of a world record in a particular event.			Students have access to an extensive extra-curricular programme in a variety of activities. Students have chances to compete for in intra-school sport, as well as representing TGS against local, area and county schools in a variety of competitions. Teacher to have an intriguing question or fact that will help students to develop an appreciation of Physical education. For example, in athletics show and mark out the distance of a world record in a particular event			Students will have opportunity to have taster sessions in all option course offered by the dept. Students have access to an extensive extra-curricular programme in a variety of activities. Students have chances to compete for intra-school sport, as well as representing TGS against local, area and county schools in a variety of competitions. Students are able to attend many trips to watch top level sport. Teacher to have an intriguing question or fact Link topics to real life situations and careers in sport.		
Vocabulary		Tier 2 General Academic: activity / agility / cooperation / exercise / muscle / obesity / Physical Education / repetition / technique Tier 3 Subject Specific: kinetic / cranium / vertebrae / scapula / humerus/ ribs/ sternum / radius / ulna / pelvis / femur / tibia / patella / fibula / talus / latissimus dorsi / deltoid / rotator cuffs / pectorals / biceps / triceps / abdominals / hip flexors / gluteals / hamstring group / quadriceps group / gastrocnemius / tibialis anterior / lactic acid / blood pooling			Tier 2 General Academic Pulse / exercise / demands / obesity / defence / offence / technique / benefits / consequences Tier 3 Subject Specific Physical / social / mental well-being long term / short term / active balanced healthy lifestyle / eat well guide			Tier 2 General Academic tactic / achievement / exercise / heart rate / repetition / perspire Tier 3 Subject Specific: aerobic / anaerobic / maximum heart rate / resting heart rate/ agility / speed / balance reaction time / power / coordination / strength / flexibility / cardiovascular endurance / immediate / short term / long term		
Assessment		TGS PE assessment criteria Bronze/Silver/Gold/Platinum			TGS PE assessment criteria Bronze/Silver/Gold/Platinum			TGS PE assessment criteria Bronze/Silver/Gold/Platinum		
THOMAS										



← Key Stage 3	Year 10			Year 11			Key Stage 5 →
	Autumn	Spring	Summer	Autumn	Spring	Summer	
Skill development, application and decision making in a variety of activities. Students should be comfortable performing and officiating a wide range of activities	Life-long participation & Active Healthy balanced lifestyle			Life-long participation & Active Healthy balanced lifestyle			
Core Knowledge	Select a specific pathway promoting the highest chance of participating in physical activity post 16. Apply and develop their skills & decision making in a specific pathway – from or a combination of: Apply, specific skills to. Outwitting opponents, Exercising safely and effectively, Exploring & communicating ideas, concepts and emotions Identifying and solving problems Accurate replication of actions, sequences and phases Performing at maximum levels Activities could include: football, basketball, netball, dance, yoga, badminton, table tennis, athletics, cricket, rounders, fitness Know and understand methods and principles of training and the different training zones.			Select a specific pathway promoting the highest chance of participating in physical activity post 16. Apply and develop their skills & decision making in a specific pathway – from or a combination of: Apply, specific skills to. Outwitting opponents, Exercising safely and effectively, Exploring & communicating ideas, concepts and emotions Identifying and solving problems Accurate replication of actions, sequences and phases Performing at maximum levels Activities could include: football, basketball, netball, dance, yoga, badminton, table tennis, athletics, cricket, rounders, fitness Know and understand stress management techniques and link these into increased performance			Level 3 BTEC’s in Sport, Health & Social care or A levels, specifically A Level Physical Education. Level 3 BTEC Sport involves the study of many different units. You can follow either an Extended Certificate or Diploma course. For both course units include: Anatomy & Physiology Fitness Training and programming for Health, Sport and well-bring Professional Development in the Sports Industry Application of Fitness Testing Practical Sports Performance Sports Psychology Sports Leadership Investigating Business in Sport and the active Leisure Industry
Concepts	Making appropriate decisions to carry on participating in physical activity or sport post 16.			Making appropriate decisions to carry on participating in physical activity or sport post 16.			
Exemplars			 				
							
Opportunities & Adaptations	Students will have the opportunity to participate in many traditional activities as well as new inclusive activities. Students have access to an extensive extra-curricular programme in a variety of activities. Students have chances to compete for TGS against local, area and county schools in a variety of competitions. Students are able to attend many trips to watch top level sport.			Students will have the opportunity to participate in many traditional activities as well as new inclusive activities. Students have access to an extensive extra-curricular programme in a variety of activities. Students have chances to compete for TGS against local, area and county schools in a variety of competitions. Students are able to attend many trips to watch top level sport. Students link topics to real life situations and careers in sport.			Transferable skills development such as communication, team working, presenting and leadership skills.
Vocabulary	Tier 2 General Academic: Tactic/Achievement/exercise/heart /repetition / lifelong Tier 3 Subject Specific: aerobic & anaerobic training zone / 60-80% / maximum heart rate / specificity / progressive overload / frequency intensity / duration / reversibility / tedium / fartlek / continuous / interval / circuit / weight / plyometrics			Tier 2 General Academic: tactic / achievement / exercise / heart / repetition / lifelong Tier 3 Subject Specific stress management techniques: / deep breathing / mental rehearsal / visualisation / imagery / positive self talk.			
Assessment	Students will be graded through their attitude to classwork and homework.			Students will be graded through their attitude to classwork and homework.			

Musculoskeletal system & the benefits and importance of warm-ups & cool downs.
Health and fitness: benefits & consequences heart rate, fitness components, effects of exercise.

Core Knowledge

Applied anatomy and physiology
Practical Sport

- The structure and functions of the musculoskeletal system
- The structure and functions of the cardiorespiratory system
- Anaerobic and aerobic exercise
- The short and long term effects of exercise
- Perform activities - including, but not exclusive to Netball, football, basketball,

Movement Analysis
Practical Sport

- Lever systems, and mechanical advantage
- Planes and axes of movement
- Perform activities - including, but not exclusive to badminton, table tennis, trampolining,

Physical Training
Practical Sport
Analysis and Evaluation of Performance

- The relationship between health and fitness
- The components of fitness, benefits for sport and how fitness is measured
- The principles of training and their application to personal exercise/training programmes
- How to optimise training and prevent injury
- Effective use of warm up and cool down
- Perform activity - including, but not exclusive to swimming, athletics, cricket,
- Introduction on the analysis and evaluation of performance

knowledge and understanding of the principles of training and different training methods in order to plan, carry out, monitor and evaluate personal exercise and training programmes develop their ability to analyse and evaluate to improve performance in physical activity and sport

Autumn

Sports Psychology
Practical Sport

- Classification of skills
- The use of goal setting and SMART targets to improve and/or optimise performance
- Basic information processing
- Guidance and feedback on performance
- Mental preparation for performance

understand how the psychological state affects performance in physical activity and sport

Spring

Socio-cultural influences
Health Fitness and well-being
Practical Sport

- Engagement patterns of different social groups in physical activity and sport
- Commercialisation of physical activity and sport
- Ethical and socio-cultural issues in physical activity and sport
- Physical, emotional and social health, fitness and wellbeing
- The consequences of a sedentary lifestyle
- Energy use, diet, nutrition and hydration

understand key socio-cultural influences which can affect people's involvement in physical activity and sport

Summer

Exam Preparation

- Revision techniques
- Looking in greater depth at styles of exam questions
- Revisit previous knowledge

understand the contribution which physical activity and sport make to health, fitness and wellbeing

Level 3 BTEC's in Sport, Health & Social care or A levels, specifically A Level Physical Education.

Level 3 BTEC Sport involves the study of many different units. You can follow either an Extended Certificate or Diploma course.

For both course units include:
Anatomy & Physiology
Fitness Training and programming for Health, Sport and well-bring
Professional Development in the Sports Industry
Application of Fitness Testing
Practical Sports Performance
Sports Psychology
Sports Leadership
Investigating Business in SPort and the active Leisure Industry

Transferable skills development such as communication, team working, presenting and leadership skills.

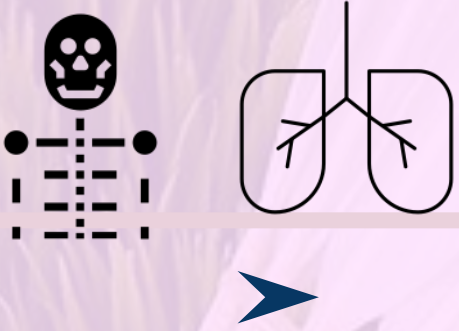
Concepts

understand how the physiological state affects performance in physical activity and sport

develop theoretical knowledge and understanding which underpin physical activity and sport and use this knowledge to improve performance

perform effectively in different physical activities by developing skills and techniques and selecting and using tactics, strategies and/or compositional ideass

Exemplars



Opportunities & Adaptations

Students should be involved in intra & inter school sport
Attend enrichment activities
Intervention

Students should be involved in intra & inter school sport
Attend enrichment activities
Intervention

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Attend enrichment activities
Intervention

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Students should be involved in intra & inter school sport
Attend enrichment activities
Intervention

Students should be involved in intra & inter school sport
Attend enrichment activities
Intervention

Vocabulary

Bones, structure, muscles, synovial, gaseous exchange, vessel, cardiac, mechanics of breathing, spirometer, anaerobic, aerobic, EPOC, immediate, short-term, long-term,

First class lever, second class lever, third class lever, Fulcrum, load, resistance, effort, mechanical advantage, frontal plane, transverse plane, sagittal plane, longitudinal axis, transverse axis, sagittal axis

Heath, fitness, component of fitness, testing, limitations, measuring, procedures, facilities, equipment, principles of training, intensities, prevent injury, techniques, high altitude, seasonal aspects, warm up, cool down, quantitative, qualitative.

Skill, ability, goal, goal setting, SMART targets, information processing, guidance, feedback, arousal, inverted u theory, stress management, introvert, extrovert.

Social groups, commercialisation, sponsorship, media, positive, negative, technology, conduct, prohibited substances, blood doping, spectator behaviour, hooliganism,

Health, fitness, well-being, physical, social, mental, sedentary lifestyle, obesity, somatotypes, energy, nutrition, balanced diet, carbohydrates, vitamins, minerals, hydration,

Assessment

Low stake tests, formal end of unit tests, homework
Internal practical moderation

Low stake tests, formal end of unit tests, homework
Internal practical moderation

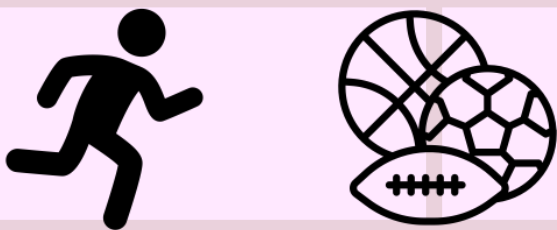
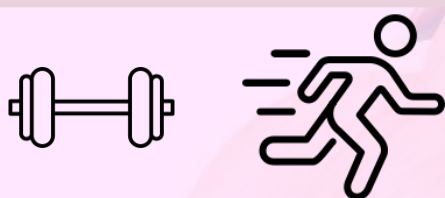
Low stake tests, formal end of unit tests, homework
Internal practical moderation

Low stake tests, formal end of unit tests, homework
Internal practical moderation

Low stake tests, formal end of unit tests, homework
FINAL PRACTICAL EXAM

FINAL THEORY EXAMS- MAY
Paper 1 - 1 hour 15 mins, 78 marks
Paper 2 - 1 hour 15 mins, 78 marks



← Key Stage 3	Year 10			Year 11			Key Stage 5 →
	Autumn	Spring	Summer	Autumn	Spring	Summer	
Musculoskeletal system & the benefits and importance of warm-ups & cool downs. Health and fitness: Benefits & consequences Heart Rate, Fitness components Effects of exercise.	<u>Unit 1-Fitness for Sport and Exercise</u>	<u>Unit 2 - Practical performance in sport</u>	<u>Unit 2 - Practical performance in sport</u>	<u>Unit 3: Applying the Principles of Personal Training</u>	<u>Unit 3: Applying the Principles of Personal Training</u> <u>Unit 4: The Mind and Sports Performance</u>	<u>Unit 4: The Mind and Sports Performance</u>	
Core Knowledge	- Components of physical fitness - components of skill-related fitness - Why fitness components are important - Exercise intensity - Principles of training - Fitness training methods - Fitness test methods	- Rules/laws of activities - Regulations of activities - Scoring systems of activities - Roles of officials - Responsibilities of officials	- Components of physical fitness - Skills & techniques for sports - Strategies & tactics for sports - Safe participation - Conditioned practices - Competitive practices - Observation checklists - Strengths and weaknesses of performances	- Personal information to aid training programme design - Programme design - Musculoskeletal system - Cardiorespiratory system - Safely implement a training programme - Diary of each session	- Evaluation of each training programme - Definition of personality - Structure of personality - Personality types - Measuring personality - Views of personality - Definition of motivation & self-confidence - Types of motivation & self-confidence - Views of motivation & self-confidence - Goal & goal setting	- Definition of anxiety & arousal - Types of anxiety & arousal - Effects on performance - Controlling anxiety & arousal	
Concepts	Underpinning knowledge for sport performance & exercise	Developing and improving your own practical sports performance	Developing and improving your own practical sports performance	Training to improve and enhance personal fitness for sport	Influence the mind in sporting situations and, the effects that they can have on sports performance	Influence the mind in sporting situations and, the effects that they can have on sports performance	
Exemplars							
							
Opportunities & Adaptations	Students can use the sports facilities to put theory into practice.	Students can take part in intra-school, inter school events Attend extra-curricular clubs	Students can take part in intra-school, inter school events Attend extra-curricular clubs	Participation in physical activity post 16.	Apply principle to own active, healthy, balance lifestyle, coping with exams	Apply principle to own active, healthy, balance lifestyle, coping with exams	
Vocabulary	Component, physical, skill-related, intensity, principles, method, testing, administration, interpretation	Rules, laws, regulations, application, roles, responsibilities, official, technical	Tactical, techniques, isolated, conditioned, competitive, observation, review	Goals SMARTR, training zone, threshold, perceived rate of exertion, musculoskeletal system, cardiorespiratory system, implement	Physiological effects, review. Personality, motivation, achievement motivation, self confidence, self efficacy, goal-setting,	Anxiety, arousal	
Assessment	Low stake tests, homework FINAL - externally assessed onscreen test 1 hour 15 minutes 60 Marks	Internally set assignments Low stake tests, homework	Internally set assignments Low stake tests, homework	Internally set assignments Low stake tests, homework	Internally set assignments Low stake tests, homework	Internally set assignments Low stake tests, homework	

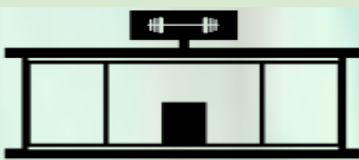
Social care or A levels, specifically A Level Physical Education.

Level 3 BTEC Sport involves the study of many different units. You can follow either an Extended Certificate or Diploma course.

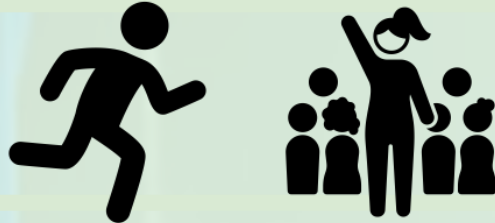
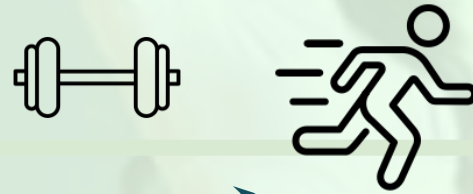
For both course units include:

- Anatomy & Physiology
- Fitness Training and programming for Health, Sport and well-bring
- Professional Development in the Sports Industry
- Application of Fltness Testing
- Practical Sports Performance
- Sports Psychology
- Sports Leadership
- Investigating Business in SPort and the active Leisure Industry

Transferable skills development such as communication, team working, presenting and leadership skills.

← Key Stage 4	Year 12			Year 13			University ^ Employment →
	Autumn	Spring	Summer	Autumn	Spring	Summer	
GCSE PE or BTEC Sport Level 3 course.	Unit 7: Practical Sports Performance	Unit 1: Anatomy and Physiology	Unit 1: Anatomy and Physiology	Unit 2: Fitness Training and Programming for Health, Sport and Well-being	Unit 2: Fitness Training and Programming for Health, Sport and Well-being Unit 3: Professional Development in the Sports Industry	Unit 3: Professional Development in the Sports Industry	
Core Knowledge	Examine National Governing Body rules/laws and regulations for selected sports competitions	The effects of exercise and sports performance on the skeletal system	The effects of sport and exercise performance on the cardiovascular system	Examine lifestyle factors and their effect on health and well-being	Examine training methods for different components of fitness	Undertake a recruitment activity to demonstrate the processes that can lead to a successful job offer in a selected career pathway	BTEC Sport is structured like work-related learning, giving learners an edge and opening the door to higher education or employment in sport sectors. Clear progression routes to degrees such as: BSc in Sport Physical Education teaching Coaching Sport Science Physiotherapy
	- Examine the skills, techniques and tactics required to perform in specific sports - Develop skills, techniques and tactics for sporting activity in order to meet sport aims - Reflect on own practical performance using selected assessment methods	- The effects of exercise and sports performance on the muscular system - The effects of exercise and sports performance on the respiratory system	The effects of exercise and sports performance on the energy systems	- Understand the screening processes for training programming - Understand programme-related nutritional needs	- Understand the career and job opportunities in the sports industry - Explore own skills using a skills audit to inform a career development action plan	Reflect on the recruitment and selection process and your individual performance.	
Concepts	Develops skills which help improve practical performance	Gaining a full appreciation of how the body is able to take part in sport and exercise through understanding the interrelationships between these body systems		Learners explore client screening and lifestyle assessment, fitness training methods and fitness programming to support improvements in a client's health and well-being.		Learners explore the knowledge and skills required for different career pathways in the sports industry. Learners will take part in, and reflect on, a personal skills audit, career action plan and practical interview assessment activities.	Supports progression into direct entry level roles such as physical activity leader or fitness/leisure assistant. Transferable skills development such as communication, team working, presenting and leadership skills which are all used in any apprenticeships, employment or University.
Exemplars							
							
Opportunities & Adaptations	Students can use the schools facilities to develop skills further. Take part in inter-school sport	Students can use the school fitness facilities to put theory into practice. Attend revision	Students can use the school fitness facilities to put theory into practice. Attend revision	Students can use the school fitness facilities to put theory into practice. Attend revision	Guest speakers and interview opportunities work experience own business material as exemplars opportunities to visit suitable businesses.		
Vocabulary	National governing body, regulations, rules/laws, etiquette, SWOT, subjective	Structure, function, fibre types, synergist, fixator, cervical, thoracic, lumbar, sacrum, coccyx, sesamoid, cervical and thoracic vertebrae	Thermoregulation, capillarisation, sudden arrhythmic death syndrome, ATP-PC (alactic), lactate, creatine	Screening processes, PAR-Q, basal metabolism, isotonic, hypertonic, hypotonic	Core stability, periodisation: macrocycle, mesocycle, microcycle. scope and provision, safeguarding – DBS,	Self-critique, employability, equal opportunities legislation	
Assessment	Internally set assignments	Internal low stakes tests, homeworks, end of unit tests	Internal low stakes tests External Exam 1 hour 30 minutes: 80 marks	External exam pre-released case study 2 hours 30 minutes: 60 marks	Internal low stakes tests, homeworks, end of unit tests	Internal low stakes tests, homeworks, end of unit tests	



← Key Stage 4	Year 12			Year 13		University ^ Employment →
	Autumn	Spring	Summer	Autumn	Spring	Summer
GCSE PE or BTEC Sport Level 3 course	Unit 7: Practical Sports Performance Unit 5: Application of Fitness Testing	Unit 1: Anatomy and Physiology Unit 6: Sports Psychology	Unit 1: Anatomy and Physiology Unit 4: Sports Leadership	Unit 2: Fitness Training and Programming for Health, Sport and Well-being Unit 22: Investigating Business in the Sport and Active Leisure Industry	Unit 3: Professional Development in the Sports Industry Unit 23: Skill Acquisition in Sport	Unit 3: Professional Development in the Sports Industry Unit 23: Skill Acquisition in Sport
Core Knowledge	Unit 7 - Examine National Governing Body rules/laws and regulations for selected sports competitions - Examine the skills, techniques and tactics required to perform in specific sports - Develop skills, techniques and tactics for sporting activity in order to meet sport aims - Reflect on own practical performance using selected assessment methods Unit 5 - Understand the principles of fitness testing - Explore fitness tests for different components of fitness - Undertake evaluation and feedback of fitness test results.	Unit 1 - The effects of exercise and sports performance on the skeletal system - The effects of exercise and sports performance on the muscular system - The effects of exercise and sports performance on the respiratory system Unit 6 - Understand how personality, motivation and competitive pressure can affect sport performance - Examine the impact of group dynamics in team sports and its effect on performance - Explore psychological skills training programmes designed to improve performance.	Unit 1 - The effects of sport and exercise performance on the cardiovascular system - The effects of exercise and sports performance on the energy systems Unit 4 - Understand the roles, qualities and characteristics of an effective sports leader - Examine the importance of psychological factors and their link with effective leadership - Explore an effective leadership style when leading a team during sport and exercise activities	Unit 2 - Examine lifestyle factors and their effect on health and well-being - Understand the screening processes for training programming - Understand programme-related nutritional needs - Examine training methods for different components of fitness Unit 22 - Features of sports and active leisure businesses - Business models in sport and active leisure - Human resources - Marketing	Unit 3 - Understand the career and job opportunities in the sports industry - Explore own skills using a skills audit to inform a career development action plan Unit 23 - Investigate the nature of skilled performance - Examine ways that sport performers process information for skilled performance - Explore theories of teaching and learning in sport	Unit 3 - Undertake a recruitment activity to demonstrate the processes that can lead to a successful job offer in a selected career pathway - Reflect on the recruitment and selection process and your individual performance. Unit 23 - Carry out teaching and learning strategies for sports skills
Concepts	Unit 7: Develop skills which help improve practical performance Unit 5: Understanding of the requirements of fitness testing and learn how to safely conduct a range of fitness tests	Unit 1: Gaining a full appreciation of how the body is able to take part in sport and exercise through understanding the interrelationships between these body systems Unit 6: Psychological dimensions of sport, and introduces psychological techniques that can be used to enhance performance	Unit 1: Gaining a full appreciation of how the body is able to take part in sport and exercise through understanding the interrelationships between these body systems Unit 4: What makes a good leader, the different capacities of this role, and the leadership skills and techniques necessary when leading activities in different roles	Unit 2: Explore client screening and lifestyle assessment, fitness training methods and fitness programming to support improvements in a client’s health and well-being. Unit 22: How business operates in the sport and active leisure industry	Unit 3: Explore the knowledge and skills required for different career pathways in the sports industry. Take part in, and reflect on, a personal skills audit, career action plan and practical interview assessment activities. Unit 23: Factors that contribute to a skilled performance in sport and examine how sports performers learn and develop their skills.	
Exemplars					 	
Opportunities & Adaptations	Students can use the schools facilities to develop skills further. Take part in inter-school sport	Students can use the school fitness facilities to put theory into practice. Attend revision	Students can use the school fitness facilities to put theory into practice. Attend revision	Students can use the school fitness facilities to put theory into practice. Attend revision	Guest speakers and interview opportunities Work experience Opportunities to visit suitable businesses.	
Vocabulary	Unit 7: National governing body, regulations, rules/laws, etiquette, SWOT, subjective Unit 5: Validity, reliability, practicality and suitability, administration	Unit 1: Structure, function, fibre types, synergist. fixator, cervical, thoracic, lumbar, sacrum, coccyx, sesamoid, cervical and thoracic vertebrae Unit 6: Self-confidence, cohesion, sociogram	Unit 1: Thermoregulation, capillarisation, sudden arrhythmic death syndrome, ATP-PC (alactic), lactate, creatine Unit 4: Ringelmann effect, attribution theory, transformational, transactional, autocratic, laissez-faire, paternalistic	Unit 2: Screening processes, PAR-Q, basal metabolism, isotonic, hypertonic, hypotonic Unit 22: Stakeholders, PESTLE, 7 Ps	Unit 3: Core stability, Periodisation: macrocycle, mesocycle, microcycle. Scope and provision, Safeguarding – DBS, Unit 23: natural versus nurture, stable versus unstable, Behaviourist, Classical conditioning, operant conditioning, cognitive, schema, associative, autonomous, generalisation	
Assessment	Unit 7: Internally set assignments Unit 5: Internally set assignments	Unit 1: Internal low stakes tests, homeworks, end of unit tests Unit 6: Internally set assignments	Unit 1: Internal low stakes tests Unit 1: External Exam 1 hour 30 minutes: 80 marks Unit 4: Internally set assessment	Unit 2: External exam Case study - pre-released 2 hours 30 mins: 60 marks Unit 22: 3 hours, pre-released case study, 64 marks	Unit 3: Internal low stakes tests, homeworks, end of unit tests Unit 23: Internal assessments Unit 3: Internal low stakes tests, homeworks, end of unit tests Unit 23: internal assessments	

BTEC Sport is structured like work-related learning, giving learners an edge and opening the door to higher education or employment in sport sectors.

Clear progression routes to degrees such as:
BSc in Sport
Physical Education teaching
Coaching
Sport Science
Physiotherapy

Supports progression into direct entry level roles such as physical activity leader or fitness/leisure assistant.

Transferable skills development such as communication, team working, presenting and leadership skills which are all used in any apprenticeships, employment or University.

THOMAS

GAINSBOROUGH

SCHOOL