



THOMAS GAINSBOROUGH
SCHOOL

PORTFOLIO

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TGS visit Berlin

CONTENTS INCLUDE: GREASE, BERLIN, HOUSE
NEWS, ENRICHMENT, ALUMNI, SIXTH FORM,
CAREERS & SPORT

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Berlin

An early start on a cold February morning saw the a group of 18 linguists catch the flight from Stansted to Berlin for a long weekend of culture, history and language set against the backdrop of one of Europe's most vibrant and ever-changing cities. Berlin is only a short flight away, and as we got to the airport on both sides without any delay, the trek across town began, from airport to train station, and from train station - on foot - to the hotel. The accommodation was clean and cozy; with several students to one room. Easy to get settled, but not so easy to get a quiet night's sleep. We were really well looked after at the hotel, a nice selection of dishes, lots of typical German food to try, and loads of different breads!

The first day saw us wander to the Brandenburg Gate, the iconic symbol of Berlin, for a coffee and the first of many photo opportunities. After a night's rest we took the train to Oranienburg, and then walked from there to the memorial at the Sachsenhausen concentration camp. The camp was in operation from 1936 to 1945, and an estimated 100,000 people were said to have died there. We had a fantastic tour guide, who explained the events and the history which unfolded within the camp's fences, with our students asking questions and immersing themselves in what was a harrowing experience. As

the group got together afterwards, it was noticeable how subdued and reflective our students were about what they had just seen, and how such a place can leave a lasting impression on visitors. In the afternoon we were able to get tickets to go up the Berliner Fernsehturm - the TV Tower! At 368 metres high it dominates the skyline of the city and the views from the observatory lounge at 200 metres are fantastic. The weather was clear and sunny and so we were able to see for miles. According to the lift operator, you can see for 60 kilometres on a clear day!

The third day saw us move from the Second World War to the Cold War as we took in our first view of the Berlin Wall and Checkpoint Charlie. We had a traditional photo with the 'border guards' and looked into the stories behind the rise of Communism in Eastern Europe and the subsequent building of the wall, which divided families and communities. The German Historical Museum, later that day gave us an insight into the history of the German nation - but we also found a moment to visit the Rausch Schokoladenhaus - 3 floors of chocolate paradise, including a model recreation of the centre of Berlin made entirely out of dark chocolate!

We then took a trip out of the city, to Wannsee a suburb to the

south-west of Berlin to visit the house where the famous Wannsee Conference took place. This memorial recounted several stories of those imprisoned by the Nazis and sent to the concentration camps. Again the details were stark and graphic, and the visit provoked lots of questions regarding the politics of the time.

The final day saw us visit the DDR Museum, a building which recreates what life was like for those living in the former East Germany. There is a fully furnished apartment, with kitchen, bathroom and bedrooms, a television broadcasting news programmes from the era, and the change to 'drive' a Trabant - the East German car of the people! We went from there to Alexanderplatz for an opportunity to buy souvenirs, presents or a tasty currywurst. We then walked along the East Side Gallery, a section of the Berlin Wall which has become a gallery full of creative murals. The final stop of the day was taking in the Bundestag - the German Parliament building which we climbed up - just in time to see the sun set over the city. All in all was a fantastic experience full of discovery and culture. Our students were a credit and took in all that was offered - plans for next year are already underway!

Mr A Blagona

HAVE YOUR SAY

On Wednesday the 20th March, 22 students took part in a language competition called 'Have Your Say'. This is where two students act out a role play in either French, German or Spanish.

First of all, we were given an 8-line role play in our chosen language of French, German or Spanish, and we then had to come up with four extra lines of our own. The MFL teachers helped us to perfect our last four lines before we started learning them off by heart.

When competition day came, we waited in the Lightwell for the other schools to arrive: St Benedicts, Colchester Academy, Gosfield, Finborough and Stour Valley. Mr Blagona gave a few brief words and then we were taken to our classrooms by helpers. We performed our role plays to the judges and to the other competitors in our age range and language, which although we were quite nervous beforehand, actually turned out alright! After everyone had finished, we went back to the main hall and waited for the judges to count up the scores.

It was a great experience, and we all thoroughly enjoyed it, and cannot wait to do it again next year. We all demonstrated the values "positivity", "resilience" and in particular a lot of "confidence".

Mrs Frid and the other MFL teachers are all extremely proud of everyone and the students should be proud of themselves too.

Students through to the regional final in May 2019 are:

Vahan Rickards (Y7 French)
Thorunn Bubb (Y7 French)
Jake Morris (Y7 German)
Finn Morris (Y7 German)
Maisie Young (Y8 German)
Ruby Marsh (Y8 German)
Rosy Morelli (Y9 German)
Megan Turner (Y9 German)

Well done to everybody who took part!

Megan Turner
Kaitlin Riddle



Grease was a sell-out success!

The leather jackets and poodle skirts are packed away in the costume cupboard...Grease has come to an end, but what a success it was! It was so fantastic to see so many students on stage, over 100 TGS students involved in total, our biggest number yet. Students thoroughly enjoyed the

experience, as did the staff. A special thank you to the band, who were outstanding. Schools often rely on backing tracks for their shows, but not at TGS. The music department worked extremely hard, alongside the students in the band and the result was fantastic!

Thank you again to the cast...the whole cast, no matter your part, you were all excellent and vital to

the show being the success it was. A big thank you to the staff who helped and supported and special thanks to Nick Reynolds and Amie Hunter whose contribution and support were invaluable.

We're already thinking about what's coming in 2020!

Mrs J Arrow



GREASE



With a three-night run, the production has been credited with heralding the start of a new era for the drama department.

Pictures: Marcelle Claxton

Review

Grease was the word at TGS on Wednesday night. For a slicker, smoother school performance of the iconic musical, you would be hard-pressed to find.

Callum Page excelled in the lead role of Danny and he nailed the swaggering charismatic T bird leader perfectly. His vocals were impressive, too, as his duets with the equally superb Sandy, played by Amelie Kingston, were definite highlights.

The leading two were backed up ably by the cast and the casting, by head of drama Jo Arrow, could not have been more apt. Mille Smith, as Rizzo, stood out and her rendition of *Worse Things I Could Do* was top drawer. *Magic Changes* by Doody (Sam Wainwright) was another musical high-point. The quality of the acting was notable and a particularly professional touch was that the characters continued to act when they were off-spotlight. Callum Ryan as Eugene and Lucy Kerr as Marty excelled at this. The on-stage band also drove the whole thing along admirably. Alas, the evening soon passed like greased lightning, but congratulations to everyone associated with the performance. They managed to build upon an already impressive back-catalogue of productions coming from this school's forward-thinking drama department.

> Roger McCartney

Grease is the word and it's got groove

Anne Wise
anne.wise@iliffepublishing.co.uk

More than 100 pupils at Thomas Gainsborough School took part in the school's sell-out production of *Grease* last week.

The show was a big hit and wowed audiences across its three-night run.

Head of drama Jo Arrow said: "We wanted to perform something that would encourage a lot of students to take part and, in the end, we had more than 100 students – our highest number ever – involved."

"It was a really exciting production, and there was a real buzz around it."

She added: "We hoped we might find some new talent and our headteacher Wayne Lloyd said it heralded the start of a new era in regards to our drama students."

Jo praised the performances of students on and off-stage.

Thomas Gainsborough School was transformed into the Rydell High School for the show.

Callum Page made his acting debut alongside Amelie Kingston, who took the co-lead role as Sandy.

Jo said: "Callum and Amelie have



been on a journey of growth and it was great to see their confidence grow, as well as so many new faces across the production.

"I must also mention Lucy Kerr, who stepped into the role of Marty at very short notice and was brilliant to watch."

Some of the cast put on a show of talent for residents at Mellish Care

Home prior to the school performance. This was in preparation for the opening night.

Jo added: "We were invited to attend Mellish House by Tony Gearing and the Yohey charity, as they have a 1950s-style reminiscence cafe."

"We took some of our principal cast, and the school's trained sixth form Yohey befrienders; we had a great time."





T^B
BIRDS

Pink Ladies



RYDELL

H O U S E Q U I Z



Final Score: 310 2nd



Final Score: 130 3rd



Final Score: 110 4th



Final Score: 90 5th

A new addition to our school diary in March was the inaugural TGS School Challenge competition. Following the rules of the East Anglian School Challenge, itself inspired by the long running TV programme University Challenge, the competition is an on the buzzer quiz where teams representing our five houses face rounds of tough questioning on their general knowledge. The standard was incredibly high. The questions were posed by Mr Welsh supported by Mr Alexander each round beginning with a starter question that the team quickest on the buzzer would answer. If answered correctly that team would then receive three bonus questions on a related subject. Inspired by Sonny Waterson and his lightning reactions Houghton charged into an early lead. However, George Bowden and Chamberlain soon began to find their feet and began to close the gap. The other three houses all plugged away gamely but the event soon developed into a two horse race between Houghton and Chamberlain. Chamberlain actually came very close to overhauling Houghton but a late rally saw Houghton home as the first TGS School Challenge winners. Sonny and George, along with Esther Booth and Jas Howard will go on to represent TGS in the regional competition to be held at the Royal Hospital School later in the year. Good luck to them!

Mr W Lloyd



Final Score: 440!
Winners

Spring is almost upon us and, pardon the pun, Abbas certainly have a spring in their step right now! We have enjoyed many competitions and charity events this term and this is a great opportunity to provide you all with an update.

Our big charity event was the Three Peaks Challenge on 11th February. As a team of six, students had to climb from the ground floor to the top floor, jog along the corridor and back down the stairs to the Lightwell 35 times each, to complete the distance of the real Three Peaks in Yorkshire. It was a fantastic event again this year and so many exhausted runners completed their distance. You can see from the photograph that there were many red cheeks at the end! Our Senior Team once again set a very competitive pace which was matched by Mrs French and her team. A huge thank you to all who took part and also raised over £850 for our House charity, Headway Suffolk.



We invited Headway Suffolk staff and service users into an assembly this term. I thought that the presentation was informative but the personal account from Fiona was particularly poignant. We can really understand the difference that our efforts to fund raise are making in our local community. Fiona was a teaching assistant at a local school until a brain aneurism caused her life to turn upside down. She explained how Headway Suffolk have helped her regain her independence through practical steps, but also build the confidence to take up activities and become more social again. Things we really take for granted I am sure.



I was delighted to see that Maddie Howard and Sam Clayton were invited by Mr Lloyd to attend a Trust day. They very much enjoyed their day and provided some valuable opinions during the group activities.



If you have any free time during the Spring Break why not get creative? We are currently running a competition with Suffolk Recycling to create a woodland creature that is a metre high from recycled materials. It will need to be weatherproof because our entries will be on display at the Suffolk Show later in the Spring. Our students have had more details via a powerpoint with ideas in tutor time. I hope that you all have a lovely Spring break, although we will see many of the Year 11s in during the holiday for revision sessions (please check the timetable), and look forward to seeing Abbas ready and raring to go for the Summer term.

Mrs N Wilby

ABBAS ABBAS ABBAS ABBAS ABBAS ABBAS ABBAS

Spring is finally here and with it, brighter weather! As always it has been a busy half term with so many individual and house achievements to celebrate: **Jack Osborne** swam at the County Championships winning the gold medal for the 50m butterfly and becoming the fastest for this event in his age group in the county!

Kieran Scanlan has been volunteering at Bures Football Club as part of his Duke of Edinburgh award and has had a fantastic letter from them for the positive contributions and impact he has made there.

Amy Wallace for winning the 2km Rowing race with her U15 Quad team.

Lily Carvell has just been made Junior Team Captain of the Sudbury Tri club.

Mary-Ann Hogsbjerg has just completed her first portfolio as a professional model!

Our Yr 7 & 8 House Quiz Team did fabulously well – Katie Barton, Maisie Young, George Bowden & Oskar Howard coming second in the competition and with George going on to the next round to represent the school quiz team!



We had some fantastic competitors in the **Have Your Say competition** – Sam Newcomb, Hazel Winderhaber and Katie Barton, with Maisie Young, Megan Turner, Rosy Morelli and Vahan Rickards

qualifying to compete in the Regional Final in May! We have had some great entries for the Book Review and New Beginnings Poetry competition and I look forward to seeing what woodland animals you can create over Easter.

London-to-Brighton Charity Event

On Tuesday 19th March we held our annual sponsored obstacle course where we aim to cover the 76km from London to Brighton by completing laps in the sports hall.

Each lap consisted of 110m and 4 obstacles to tackle, meaning we needed to complete 691 laps.

I am so proud of all the students who came along and took part. In our 2 hour session we managed to achieve 752 laps giving us a total distance of 82.7km! Everyone who completed a lap contributed to this total I know that some individual students completed 66 laps on their own – 4.5 miles!

Sponsor money has already started to come in and we are on track to raise over £200 for our charity: Friends of TGS. Thank you to all those who took part and thank you to all who supported this event by sponsoring others.



A huge thank you must go to our Chamberlain committee team who organised this event. They planned and set up the course, advertised the event, encouraged students to take part and many of them took part on the day too – well done to all.

Look out for our House Easter hamper raffle over the last 2 weeks of term to raise even more money for the house charities.

Fingers crossed for the Chelsworth Cup this term, have a lovely Easter and don't eat too much chocolate!

Miss J Hilson

CHAMBERLAIN CHAMBERLAIN CHAMBERLAIN

Hello Houghton!!!

This term has been very busy for Houghton students, fundraising, taking part in competitions, preparing for exams and getting involved in the community.

I will start with our fundraising events in support for the Smile of Arran. I would like to thank the Houghton House Committee for their efforts selling Easter Egg Knitted Covers. We manage to raise almost £100. All the efforts of staff, parents and students were definitely worthwhile. A special thank you goes to Ms Canham who once again baked a delicious chocolate cake, which we raffled; Mr Howe was the lucky winner, hopefully, he shared some of it with our great Learning Mentors.



We have also been working hard selling tickets for the Easter Hamper raffle, a joint effort with all the other Houses to raise money for our individual charities.

Honour: Award Nominees Winners

This term we have had plenty of nominations for excellent examples of school values. I would like to share the winners and hope their actions inspire you to try your hardest and get involved:

Lenny Lancaster H-JWK Confidence: Representing the school in the recent hockey tournament, scoring a hat trick and then two goals in the games. Being

asked to play for Sudbury men's hockey team.
Matthew Rowe H-KYG Confidence: Matthew regularly attends Hockey club both in and outside of school and has been chosen to represent the school team in hockey fixtures.

Honey Waygood H-TBA Confidence: For being awarded Most Promising Cadet in Air Training Corps.

Charles Wilson H-JKE Confidence: For being promoted to Corporal in Air Cadets.

Valour: Inspiring others

I am also very proud to share with you the great achievements of Millie Bonner (H-BFA) in boxing - she has recently been very successful holding a strong advantage in all 3 rounds. Millie has written an inspiring article inviting Houghton students to join this sport to improve their wellbeing:

Why you should join Boxing

I joined Boxing in 2016. My brother inspired me to join as it is a skilled sport and great for fitness. Going to this club, you would have to dedicate your time into it and go daily. The days I go are Monday and Wednesday, sometimes Sundays, but I usually do Parkrun. I think that the most exciting part would be the sparring or the pads.

This sport helps people overcome their fears in a healthy way; it helped me to deal with stress and anxiety; it also lets your mind escape and makes you feel better (if you are feeling ill or down). In June, I'm having another skills bout, so I would have had 3 by then.

Over all this sport would be great to join, new friends are easy to make and after a while the club feels like a family, instead of just a place you often go.

Millie Bonner H-BFa



HOUGHTON HOUGHTON HOUGHTON

Be Brave!

Finally, I would like to congratulate the following students for winning some of this term's competitions.

Kaitlin Riddle H-GBR came first in the Book Review Competition organised by the Reading Ambassadors as part of the World Book Day celebrations. Well done Kaitlin!



The following students prepared for over a month during their own time to represent TGS in the first round of the Have Your Say Competition. Students from schools all over Suffolk and Essex came together to show their skills in French, German and Spanish: Rhapsody Lee H-JLO, Kaitlin Riddle H-GBR and Thorunn Bubba H-TBA. We wish Thorunn the best of luck in the final round which will take place in Colchester.



I would also like to congratulate our KS3 Houghton Team, who were absolutely brilliant in the KS3 TGS Quiz: Dylan Cook BFA, Sonny Waterson JWK, April Gray TBA and Thorunn Bubba TBA; their great team work and amazing general knowledge earned them a well-deserved first place. Sonny showed excellent leadership skills and won himself a place in Junior Quiz competition. What a performance!!



I hope you enjoy the Easter break and manage to make the most of the time at home. Happy Easter for you and your family!

Mrs L Hurtado

HOUGHTON HOUGHTON HOUGHTON

We have had some great examples of Peyton students demonstrating the values of TGS during this past term. Amongst others: Billy Tonks was witness and first on the scene at where a woman was hit by a car. He stayed with her and comforted her until help arrived; Joshua Cates reached the final and the quarter final in two events at the BMX national championships; and Isabelle Selwood was selected to sing solo at an event at the Apex in Bury St Edmunds. Congratulations to them and all other values nominees and winners this term.

Our inter-house quiz team were commended on how many first questions they got correct during our recent event. The team, consisting of Jas Howard and Alex Walder in Year 7 and Alfie Marriot and Oriel Hopkins in Year 8 represented their House well with Jas Howard being chosen to represent the school in the upcoming interschool quiz challenge. Congratulations to them all!

I am delighted to announce that Peyton House Charity Committee have been busy organising a family 'Mud Run' event to raise money for Help for Heroes.

As I am sure you are aware, Help for Heroes support the wounded, injured and sick servicemen, women and veterans and their loved ones. They have developed a range of recovery services – Sports Recovery, Psychological Support, Health & Wellbeing, Career Recovery and Welfare – all delivered through their network of H4H Recovery Centres and, in addition have made over 8000 grants to individuals and have granted £30 million, to some 60 charity partners to support their specialist vital work. Conflict in Iraq and Afghanistan may be over but for many of their beneficiaries their personal battles are just beginning. A study launched by Help for Heroes and King's College London in January 2016 found, of the 750,000 men and women who served as Regulars between 1991 and 2014, at least 66,000 need long term support. Many will have muscular-skeletal conditions, which will need to be managed for the rest of their lives but many more may develop mental health issues at some point. And, of course, for everyone that's been injured, there's a family who is also affected, which means that the total number of people needing our help is likely to exceed 100,000. Help for Heroes have made a promise to the men and women of our Armed Forces, and to their families, that they will support them for life and, with your help, they will do this.

The mud run event is taking place at:
The Playground
Haysborder Road
Barrow
Bury St Edmunds
IP29 5BE

On Thursday 18th April 2019 between 13:00 and 14:30.

To book and for more information, go to the webpage,

<https://www.eventbrite.co.uk/e/thomas-gainsborough-school-tickets-58777389755>

The event is open to pupils, their family and friends at a cost of £14 per child and £25 per adult. The Playground have committed to a generous donation of 20% of their takings to Help for Heroes.

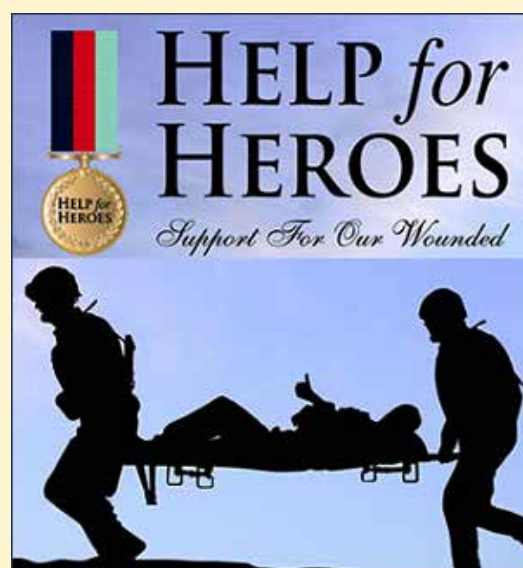
In addition, we will be asking those that take part to collect sponsorship for the event to further boost our fundraising efforts. Sponsorship forms are available from Student Services at TGS.

Places on the event are limited so please ensure you book early.

If you cannot make the event but would still like to make a donation, you can do so by going to the webpage,

<https://www.helpforheroes.org.uk/donate-online/>
Please ensure you make it on behalf of the school (3rd option) and use our reference COTY/1531

Thomas Gainsborough School is an official Charity of the Year partner for 2019 for Help for Heroes.



P E Y T O N P E Y T O N P E Y T O N P E Y T O N

Another busy term at Thomas Gainsborough. This term has been action packed with lots of clubs competitions and charity events. Students at TGS take house competitions very seriously and as a result we have had some stunning entries.

This term Tollemache and Abbas joined forces for their spring charity event. The stall was focused around the theme of random acts of kindness. Students and staff could buy stationary and chewy sweets to give to friends. These items could be sent to classrooms. However, most students wanted to surprise their friends and gave their gifts in person. It was very heart-warming to see so many students being kind to one another. You can't help but smile when you see the reaction of the recipients. Abbas and Tollemache divided the two weeks up to man the stall. I would like to thank Tollemache captain Gemma Sergeant for overseeing operations. I would also like to say a special thank you to Georgia Carter and Shannon Appleby who took the lion's share of manning the stall. Their duties involved working during break and lunchtime, stocking up the display and organizing the float. These two ladies demonstrated the Thomas Gainsborough values admirably. The stall made well over two hundred pounds which will be split between the two houses charities. EACH and Headway are both local charities, taking care of patients and their families in crisis.

This term has seen the lower school students attend a House quiz. The students were competing against each other in a university challenge format. The questions fired at them by Mr Alexander were all on general knowledge. Well done Tollemache for coming third, it was a tough but exciting competition.



Tollemache house has been experimenting with the performance slot at the start of assembly. Students are given a 5-minute slot to discuss a sport or enrichment

they are passionate about. This term Amelia Prime and Erin Bitten gave a presentation on attending the police cadets. The training and the list of different things they do sounds exciting. Erin and Amelia were dressed in their uniforms and showed us their police note books. This piece of kit is issued to cadets to log incidents and take notes during meetings. The cadets meet every Saturday they are a group of 13-18 year olds. Working as a cadet gives an insight into how the police force works. If the girls have sparked an interested into finding out more, visit the website <https://vpc.police.uk/>



At Thomas Gainsborough we agree that reading for pleasure is crucial for a rounded education. Whether it is fiction or non-fiction, research has showed that students perform better in their examinations if the read for pleasure on a daily basis. This research was presented to the house during an assembly by Miss Mayes and the reading ambassadors.

Students and staff at TGS have compiled a list of books that they considered a worthwhile read. This list is called the TGS 50, students are given this list in tutor time. Reading these books will transport you to another time, country or galaxy. Tutors like to acknowledge their students completing a book by logging house points on Go4schools. If you have a passion for reading why not join the reading ambassadors.

Mrs F Raleigh



TOLLEMACHE TOLLEMACHE TOLLEMACHE

March 2019 Competitions

Once again we have had a busy half term of House Competitions – well done to all of you who took part.

3D Cell Model

A cell made of recycled materials with labels explaining what the parts are and what they do. Our house winners were: Josh Allard (Abbas), Alec Muskett (Chamberlain) and Daisy Driscoll (Tollemache). Houghton and Peyton were your entries???



Book Review

This was a book review with a difference, students were asked to produce a poster, picture or piece of art showing their favourite book. We had over 120 fabulous entries for this competition!

House winners were: Rex Marlow (Abbas), Sam & Katy Wainwright (Chamberlain), Kaitlin Riddle (Houghton), Larna Bugg (Peyton) and Libby Allen (Tollemache)



Poetry Competition

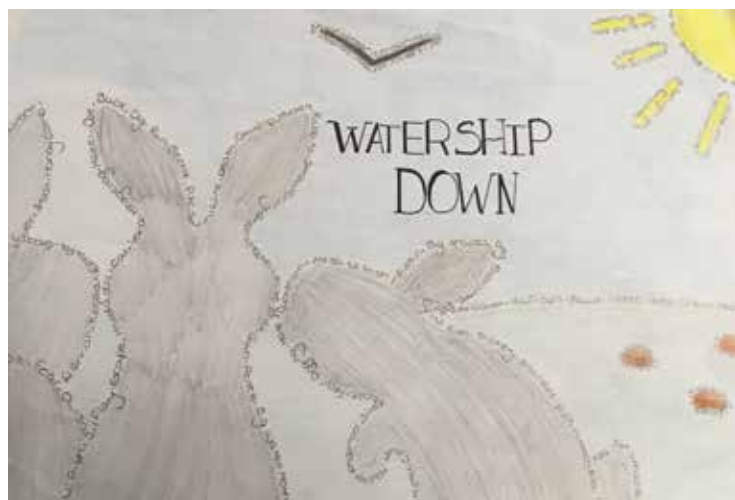
This competition challenged students to write a poem between 10 and 30 lines long on the theme of 'New Beginnings'.

House winners were: Rosie Young (Abbas), Megan Turner (Chamberlain), Mollie Blowers (Houghton), Eleanor Thompson (Peyton) and Connie Buckingham (Tollemache).

A huge well done to all students who have taken the time to compete in our competitions – remember every entry earns you merits!!

There are still some competitions running: **Scientific Journeys** – of a product, chemical, reaction, invention or person – ends this week

Our big competition running over Easter is our **Woodland Animals competition**. Students need to work in groups to create a rabbit, butterfly or owl made of recycled/reused items and it needs to be over 1m in size. The winning entries from this competition will be displayed at the Suffolk Show!



Remember Mr Partrick is running a Problem-Solving Quiz which he emails out to all students and Miss McAndrew sends you the weekly Maths Challenge.

Keep looking out for new competitions in the Summer term!

Miss J Hilson

Supporting young people online


Information and advice
for parents
and carers




The internet - an inspiring and positive place

The internet is an amazing resource which enables children and young people to connect, communicate and be creative in a number of different ways, on a range of devices. However, the internet is always changing, and being able to keep up to date with your children's use of technology can be a challenge. You may sometimes feel that your child has better technical skills than you do, however children and young people still need advice and protection when it comes to managing their lives online. Issues that your child may encounter on the internet will vary depending on their age and online activities. We have grouped potential online risks into these 4 categories.


Conduct:

 Children need to be aware of the impact that their online activity can have on both themselves and other people, and the digital footprint that they create on the internet. It's easy to feel anonymous online and it's important that children are aware of who is able to view, and potentially share, the information that they may have posted. When using the internet, it's important to keep personal information safe and not share it with strangers. Encourage your child to be respectful and responsible when communicating with others online, and to consider how what they share may reflect on them. Discuss with your child the importance of reporting inappropriate conversations, messages, images and behaviours and how this can be done.


Content:

 Some online content is not suitable for children and may be hurtful or harmful. This is true for content accessed and viewed via social networks, online games, blogs and websites. It's important for children to consider the reliability of online material and be aware that it might not be true or written with a bias. Children may need your help as they begin to assess content in this way. There can be legal consequences for using or downloading copyrighted content, without seeking the author's permission.

Contact:

 It is important for children to realise that new friends made online may not be who they say they are and that once a friend is added to an online account, you may be sharing your personal information with them. Regularly reviewing friends lists and removing unwanted contacts is a useful step. Privacy settings online may also allow you to customise the information that each friend is able to access. If you have concerns that your child is, or has been, the subject of inappropriate sexual contact or approach by another person, it's vital that you report it to the police via the Child Exploitation and Online Protection Centre (www.ceop.police.uk). If your child is bullied online, this can also be reported online and offline. Reinforce with your child the importance of telling a trusted adult straight away if someone is bullying them or making them feel uncomfortable, or if one of their friends is being bullied online.

Commercialism:

 Young people's privacy and enjoyment online can sometimes be affected by advertising and marketing schemes, which can also mean inadvertently spending money online, for example within apps. Encourage your child to keep their personal information private, learn how to block both pop ups and spam emails, turn off in-app purchasing on devices where possible, and use a family email address when filling in online forms. Make your child aware of scams that may seek to gain access to their accounts, and advise them to be wary in following links or opening attachments in emails that appear to be from organisations such as banks and service providers.

There are real advantages in maintaining an open dialogue with your child about their internet use.

Not sure where to begin? These conversation starter suggestions can help.

1 Ask your children to tell you about the sites they like to visit and what they enjoy doing online.

2 Ask them about how they stay safe online. What tips do they have for you, and where did they learn them? What is OK and not OK to share?

3 Ask them if they know where to go for help, where to find the safety advice, privacy settings and how to report or block on the services they use.

4 Encourage them to help someone! Perhaps they can show you how to do something better online or they might have a friend who would benefit from their help and support.

5 Think about how you each use the internet. What more could you do to use the internet together? Are there activities that you could enjoy as a family?

Find out more ways of starting a conversation about online safety at www.childnet.com/have-a-conversation

YEAR 11 GRADUATION, PROM, YEARBOOK AND HOODIES

As the end of Year 11 approaches, we have put together a programme to celebrate success and commit memories of TGS into permanent reminders of school life.

GRADUATION

The highlight of our celebrations is always our Midsummer Graduation ceremony. This year will be our 8th and will take place on Friday 21st June from 10:30-12:00 in a marque in the grounds of the school. Invitations will be sent to parents. Replies must be in to the school by Friday 24th May to guarantee tickets. There is no cost for this event.

YEARBOOK

Students have been asked to submit a photograph in order for us to put this year's yearbook together. They are available to order until Friday 24th May at a cost of just £10. Order forms will be sent via email to all students and parents. These will be available to collect at the end of the graduation ceremony on 21st June.

HOODIES

We are working with a local company to produce Graduates Hoodies for pupils to purchase at a cost of £19.80. A link will be sent to all students and parents via email. Deadline for orders is Friday 24th May. These will be also available to collect at the end of the graduation ceremony on 21st June.

PROM

The Year 11 Prom takes place at Colchester United Football Club on Friday 28th June. Arrival is 7:00 for 7:30 with carriages at 10:30pm. The dress code is formal (dress to impress!) with an optional theme of 'The Great Gatsby' with Black, White, Silver and Gold being the colours we are looking for. Tickets are on sale from Students Services at a cost of £30. This includes entry to the event, a welcome drink, a buffet meal, a DJ for the night, exclusive use of the suite at CUFC, a group photograph taken in the stands of the stadium and access to approximately 500 photographs as a memory of the evening. It is always a great night so get your tickets soon!



Submit your photos!





PROM 2019

CELEBRATE THE END OF YOUR EXAMS IN STYLE
DRESS TO IMPRESS, 1920'S IF YOU WISH!

28 JUNE - COLCHESTER FC - 19.00-22.30PM

£30 PER TICKET WHICH INCLUDES, VENUE HIRE, DJ, BUFFET
MEAL WITH DRINK ON ARRIVAL AND ACCESS TO ALL THE
DIGITAL PHOTOS FROM THE NIGHT



TICKETS ON SALE
FROM
STUDENT SERVICES
NOW!



PSHE Enrichment day was an exciting opportunity to experience different activities to support development. Students across the school enjoyed a wide range of Careers, British Values, Sex and Relationships and E Safety lessons.

Year 7

Anam Cara is the old gaelic term for "soul friend." anam meaning soul and cara meaning friend. In Celtic tradition, an Anam Cara is a teacher, companion or spiritual guide. With the Anam Cara you can share your innermost self to reveal the hidden intimacies of your life, your mind and your heart. This friendship cuts across all convention to create an act of recognition and belonging that joins souls in an ancient and eternal way.

Liz and Ian, the TGS Chaplains co-ordinated the Anam Cara with support. They introduced the 100 minute workshop to all teaching groups. Students enjoyed a number of smaller activities to explore their inner feelings.



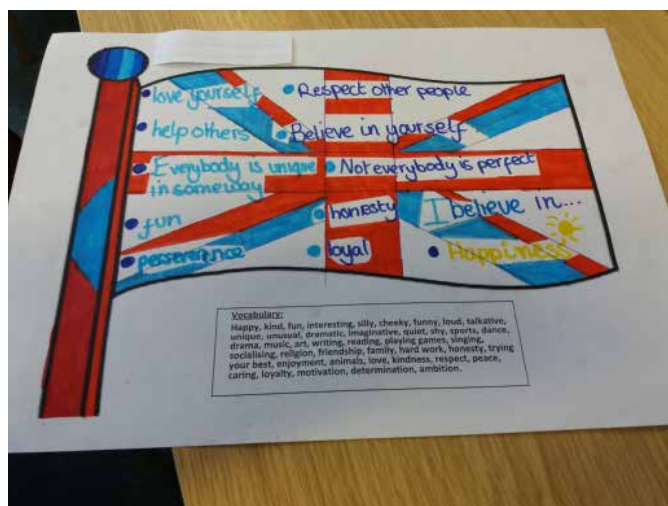
Year 7 attended the **Project You** presentation to learn how to take action to become inner happy.



They learned about the **Half Colours Award**, what evidence they should be saving for their record of achievement folders and completed the Skills and Qualities activity, they discovered how to identify their own skills and qualities.



During the **British Values** lesson Year 7 students enjoyed a session about the Magna Carta; democracy, law, liberty, respect, tolerance. They created their own flag and discussed their own values and values of others.



Year 8

Enjoyed a lesson on **British Values**; they explored the origins of British Democracy. The Future is Now/Hot & Cold Jobs Students completed a **Careers** lesson linked to Labour Market information; they identified

growth careers and those in decline. Searched Google Earth for local STEM employers and completed a quiz.

Did you know that Suffolk is home to some of the fastest growing sectors that drive the UK economy, backed by pioneering technology and far-sighted investment?



Year 8 students also learned important information regarding *Cyber bullying and Schemes and Scams*. Two very current subjects.

Year 9

Students learned about positive and negative *relationships* and attended an interactive session with the nurses.

Year 9 students learned about what it means to be a *British Citizen*.

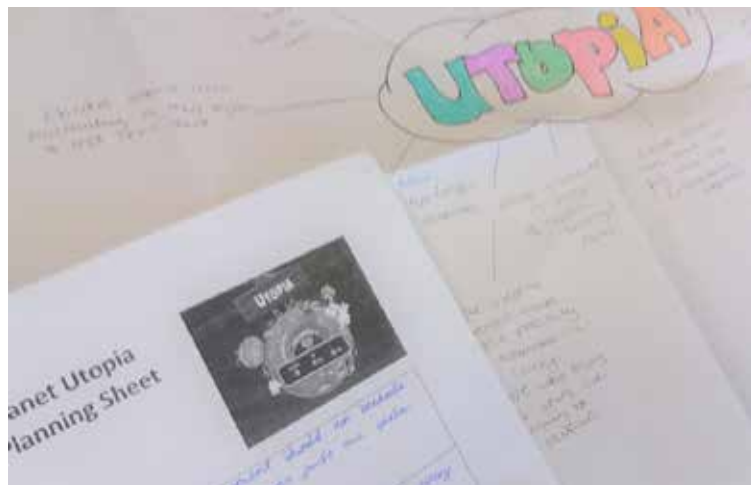
Year 9 students completed the Buzz Quiz, they completed a worksheet on Google Classroom and conducted careers research to identify *career pathways* linked to students' option choices.



Year 10

It's the year 2050, due to Global Warming planet Earth is inhabitable.

Students were given the task of joining colonies on *Planet Utopia*. As you can see students thoroughly enjoyed this activity.



Year 10 students learned about *Cyber Bullying and the dangers of Sexting*.

Students attended *Mock Interviews* and produced a Curriculum Vitae and cover letter; these were presented in their record of achievement folders alongside certificates, photographs and other achievements to employer volunteers who very kindly conducted a 1:1 mock interview for each student. The employers were given a set of questions and provided a feedback sheet that has now been placed in the record of achievement folders. Any students who did not receive an interview on the 8th will have an interview on another date to be arranged.

The feedback from employers was that our students were fantastic; they displayed the essential employability skills required to take them forward into the world of work in the future. Students who stay on in Sixth Form will receive a second mock interview in Year 13.





MUSIC WORKSHOP

Over 120 singers from Suffolk, Essex and beyond crammed into the hall at TGS on Saturday March 9th for a day-long workshop of the much-loved choral classic Carmina Burana. Nayland Choir organised the 'Come and Sing' event, which involved rehearsals followed by an informal concert in front of family and friends.

The singers were joined by five TGS students, Boudica George, Kayleigh Bishop, Matthew Walker, Alex Walder and Evie Bishton who sang the part for youth choir, and soprano and baritone soloists from the Royal College of Music. A pianist and two percussionists provided the accompaniment - the school's grand piano was put through its paces for the event! Musical director for the day was the inspirational Ben Vonberg-Clark, who is well known nationally for bringing variety, humour and exuberance to such workshops. He - together with generous helpings of cake! - ensured that energy levels remained high during the day.

TGS worked extremely well as the venue for the event, and a retiring collection after the performance raised £111 to be given to the music department at TGS.

We hope to put on another similar event in due course!

Mrs E Bishton



BRITISH SCHOOLS KARTING CHAMPIONSHIP

On the 27th of February TGS entered 2 teams into this years British Schools Karting Championship. The teams traveled to Anglia Indoor Karting in Ipswich to compete against other karters for a place in the Regional final. TGS A (Ben Maxim, Max Herbert and Josh Twitchen) and TGS B (Connor Palmer, Louis Fenwick and Sam Brooks) dominated the night and came 1st and 2nd respectively. Each karter raced twice using a staggered grid system to give no one team an advantage. Sam Brooks, who raced for the first time competitively, managed his first competitive overtake and impressed the more experienced karters with his laptimes. It was his third time ever in a kart! Unfortunately only one team, TGS A, is able to progress through to the Regional Final, held at Daytona Karting, Milton Keynes in May. The karters from TGS B will have another opportunity to race competitively against their class mates in this years Interhouse Karting cup, also held in May.



Mr A Cameron

THOMAS GAINSBOROUGH SCHOOL IS ARTSMARK PLATINUM AGAIN!

Our school has reached the end of its first two years as an Artsmark Platinum accredited school, and we have completed the process of re-applying for the award. Our commitment to Artsmark is a measure of our dedication to the Arts and creative subjects, and their value in preparing students for the diverse careers and workplaces they may move on to at the end of their journey with us.

Mr Clark has developed the Artsmark statement of commitment with Mr Lloyd, which sets out our intentions for the next phase of our journey as an Artsmark school: this includes the development of a large scale art exhibition in the centre of Sudbury, the ongoing partnership work being undertaken by our CALSAs (Miss Nichol and Miss Arrow, with Mr Clark acting as the coordinator for our academy trust) and the development of a heritage based sculpture project. Following the submission of the statement of commitment, Mr Clark gathered evidence of our school's work and wrote a case study to submit to the Arts council of England. Following the submission of our case study, the Art council reviewed our evidence and decided to re-accredit our school as a platinum level Artsmark school, recognising the excellence of our work in the creative Arts and the contribution we make to setting the agenda in our region and working with outside partners.

The Artsmark judging panel made the following comments:

'Thomas Gainsborough School detail an extensive high quality arts offer for students in their case study and show how their mediation and ongoing development of that offer has led them to lead training and advocacy in their local area to a network of other schools (through CALSA)...The depth of offer around the Arts from 16-19 is impressive and opens up a wide variety of training and learning

opportunities for young people that in many other contexts would be less visible. Youth voice and consultation is strong and has been praised by Ofsted. The range of partnerships developed from RSA to Whole Education is relevant and holds the potential to be strategically powerful. Going forward it would be fascinating to hear more on the outcomes of the RSA research and whether/how the Whole Education link grows into action and advocacy. Overall, a very impressive approach to arts-rich education and particularly heartening to see so many exciting options still on offer in the 16-19 age range.'

We continue to be extremely proud to be recognised as a platinum level Artsmark school and will strive to continue innovating in the Arts, working with others to expand our provision and to stay at the forefront of thinking in the creative subjects.

Mr E Clark



**Artsmark
Platinum Award**
Awarded by Arts
Council England

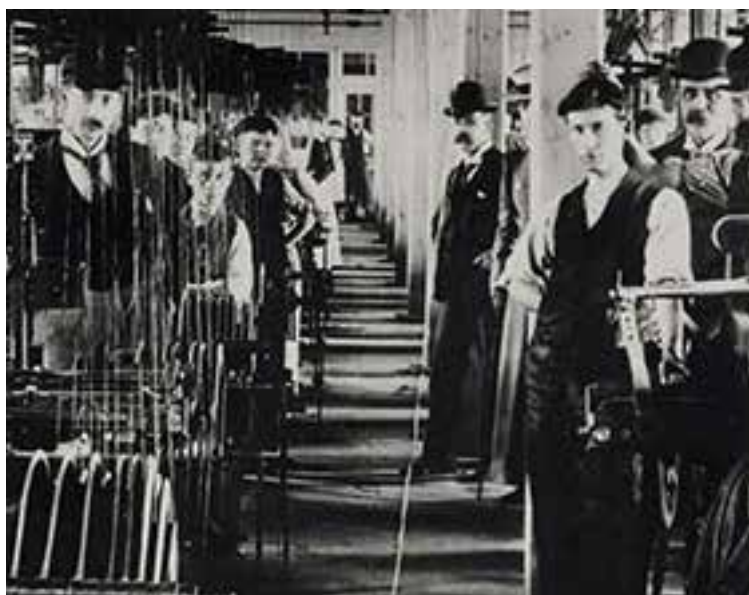
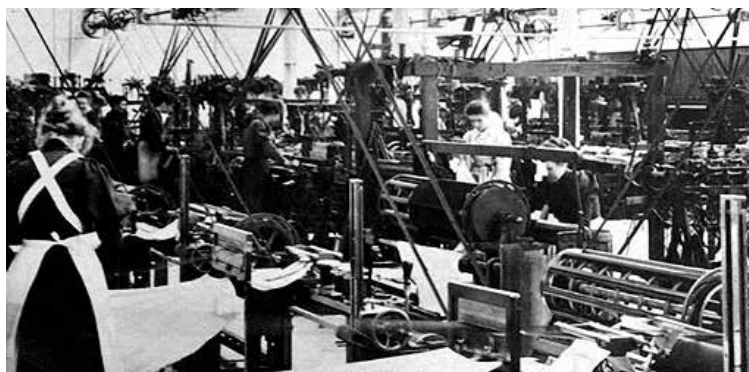
THOMAS GAINSBOROUGH SCHOOL BECOMES A HERITAGE SCHOOL WITH HISTORIC ENGLAND

We are extremely pleased to announce that our school has now been designated a heritage school by Historic England, in recognition of the work that we have undertaken based on the history and heritage of Great Cornard and Sudbury. This work has included our partnership work with Gainsborough House, developing a heritage based sculpture project with the 30 Bird group (to be developed over the next few months), and most recently the 'Stories of Sudbury silk' project that we are working on in partnership with the council and Ormiston Academy.

The 'Stories of Sudbury silk' project is an ambitious history and media project designed to create a record of the historic impact the silk industry had on the town and its roots in the area, led by Mr Clark and Miss Gammon in our school. This will include the development of a large scale media project, including interviews with silk workers and videography in the silk factories, along with the recording of oral histories by members of our year 9 history classes. Members of the history team and history students will be trained to record oral histories, and TGS will become an accredited oral history centre. This project has been funded by heritage lottery money and will culminate in a significant contribution to the historical record of the town and a heritage video recording the history of silk in Sudbury.

With this completed, Mr Clark will submit evidence of the work to put our school forward for the 'heritage school award', an additional award that recognises schools which have undertaken a significant piece of work on the heritage of their area.

Mr E Clark



Historic England

WALL OF EXCELLENCE

Ruth McGrath-Wells *Crufts*

On Wednesday 6th March my dog Bailey and I travelled to Birmingham in order to try out for Crufts 2019. After a night in a hotel, we woke up at 6:00, ate breakfast and headed out to the NEC. When we got there we set up all my grooming equipment and started to groom Bailey before we went in the ring. I was very nervous. In the ring Bailey was good at first but when it came to his turn for movement he was jumping about and being cheeky because he wasn't a fan of the carpet. Later in the day we got ready to be on the Kennel Club Bark and Read stand. This is because Bailey is also a qualified Canine Concern dog and I am a specialist junior handler. Bailey is able to go in and support children in schools, or go into hospitals and care homes to help the residents.



James Ward *European Open Kayaking*

On 29th August 2018 I went to Nottingham White Water Centre to compete in the Freestyle Kayak European Open. I was entered into the Under 18's Novice category because of my age and skill level. I competed in heat two against two people from my club and three people I hadn't competed against before. I came 1st overall which sets me up for the Intermediate category next year where I have my sights set on yet another win.



WALL OF EXCELLENCE

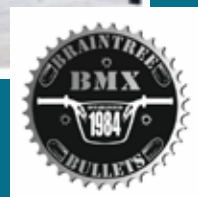
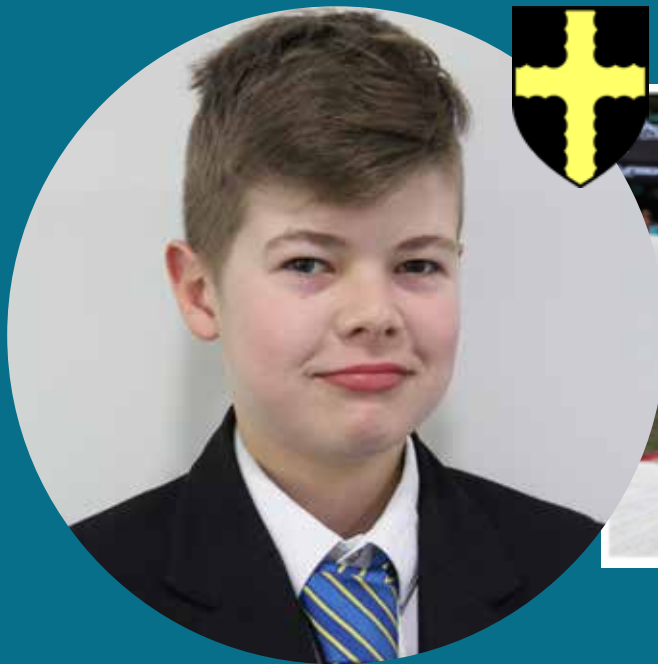
Josh Cates BMX

I am the 2018 British BMX Number 2 on 20" and 24" bikes. I started riding at the age of six at my local club in Braintree, after I was inspired by the awesome sport in the London Olympic Games. I then developed the ability to attend regional races. Following this, I visited National BMX races all over Britain. In 2016 I went to my first ever European race in Zolder, Belgium. Just recently I went to the 2018 European Championships in Sarrians, France, it was a great experience. After the 2018 National Season, I came 14th on 20" and 2nd on 24". Not thinking that it was a good result, I then went to the British BMX Championships and came 2nd twice in the whole of Britain.

I am now training hard for the 2019 National Season. The first round is being held in Manchester.

Also, this year I have qualified for the World Championships being held in Zolder, Belgium.

I have been sponsored by three teams during my BMX career and I have been on the following teams; BMX ONE, THRILL Race Development, THRILL Factory UK. I have also ridden for Braintree BMX Club.



Box Clever's Dynamic Adaptation of 'Macbeth'

We were delighted to host the excellent drama company 'Box Clever' for the second year running. Their lively and dynamic version of 'Macbeth' was just what our Year 11s needed in the run up to the English Literature GCSE. The performance focused on the key relationships (Macbeth and the Witches, Macbeth and

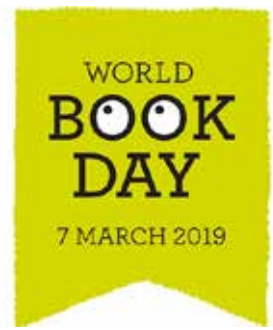
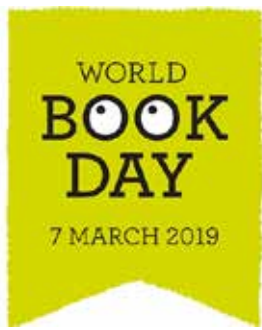
Lady Macbeth) and brought out the theme of ambition and its ultimately destructive power memorably.

The young cast really engaged the audience; a number of the students volunteered in the workshop that followed the performance which explored the motivations and drives of the characters. The cast also shared some excellent tips on learning Shakespeare quotations.

Mrs S Hindson



boX clever



World Book Day

This year for World Book Day, staff and some of our Reading Ambassadors (Samuel Clayton and Callum Ryan) read exciting extracts from their favourite books in the Assembly Hall at lunch time. It was great to see staff and students sharing their passion for reading and inspiring others to pick up a book!

In Year 7, 8 and 9 classes, we also read one of Anthony Horowitz's short stories called, 'Power'. As this was split into three sections and read across periods 1, 2 and 3, it kept students hooked until the end where they were met with a gory and shocking ending!

Reading Competition

Maisie Young, one of our Reading Ambassador's, created a wonderful opportunity for students to express their love for their favourite book by transforming it into a poem, poster or writing a book review. Hundreds of students from across the houses produced some creative and superb entries and it was difficult for the Reading Ambassadors to decide the winners! The winners for each house were: 1st - Kaitlin Riddle (Houghton), 2nd, Libby Allen and Ruby Marsh (Tollemache), 3rd - Rex Marlow (Abbas), 4th - Larna Bugg (Peyton), and 5th Samuel and Katy Wainwright (Chamberlain).

Miss K Mayes



New Beginnings' poetry competition

I very much enjoyed reading the different interpretations of the theme and the range of styles. The overall winner was Rosie Young (year 11, Abbas AAS); in second place was Connie Buckingham (year 7, Tollemache, VBR); and in third place, Eleanor Thompson (year 9, Peyton KWI). I found these particularly well-crafted and thought provoking. Just missing out on the top three were Mollie Blowers (year 8, Peyton HGO) and Megan Turner (year 9, Chamberlain CKE). An honourable mention also goes to the following students for entering their poems in the competition: Natasha King, Katy Wainwright, Rachel Wren, Emily Parsons, Sarah Young.

Mr G Edwards

New Beginnings

As I come to the end of a chapter in my life.
I stop, I think, I realise.
That's all life is...a stream of new beginnings.
Within seconds of birth I began to breathe for myself.
The beginning of eating solid food.
Each new taste, touch, smell was new to me.
The new beginning of Nursery, away from Mum and Dad,
The beginnings of friendships I still have today.
School and the beginning of my first term.
Another school, so large compared to Primary.
And the new beginnings will never end as I walk through life.
The beginning of further studies, of university.
The beginning of new friendships, new relationships.
The beginning of a career.
The beginning of family life where the circle will start again.
I am at the very beginning of my life's adventure.
The middle is far off in the distance
The end is not even in sight.
I cannot wait for the next chapter of my life.
To start my new beginning.

Rosie Young
Abbas- AAS

A New Beginning

A new Beginning,
A new page
My thoughts and feelings
They flow like streams
Onto the paper, as now it seems;
The lines are building
Like bricks of a wall,
Creating a fortress
Massive and tall.

Through the ink
Out onto the page
An ocean of letters;
An army of words
Creating a picture,
Expressions unheard.
Lines full of stories
My life into chapters,
It all sounds absurd.

Connie Buckingham
Tollemache-VBR

How would you feel?

How would you feel
If the room was filled with light
As it burned in the space
And fought against the night?
What would you feel
If the room was filled with fear
But pain overcame it
And joy would soon be here?
What would you see
If the room was filled with calm?
When all was silent in that moment
You are all safe from harm,
But then the crying starts
And the silence is no more
The sorrow of the baby
As she's carried out the door.

Eleanor Thompson
Peyton-KWi

Book Mastermind



Lukus Granderson represented TGS in the area finals of the Suffolk Book Mastermind competition on Wednesday 13th of March at Sybil Andrews School in Bury St Edmunds. Supported by four Year 7 students, Lucas Lawson, Aaron Peploe, Alex Blower and Callum Orme, Lukus answered some searching questions on his chosen book Jeff Kinney's Diary of a Wimpy Kid: Old School and then scored well in the general knowledge round. The winning school on this occasion was Culford School.

I am really proud of Lukus in a very close competition between eight schools. Well done!

Mrs H Welch



TGS RECEIVE SILVER CHAMPION STATUS AWARD FROM NCS

We are delighted to have been awarded with the Silver Award from the National Citizen Service. We have received the award in recognition of all the hard work we put into promoting NCS and encouraging young people to sign up and get involved in this amazing extra curricular activity following their exams last summer.

We have been told we are currently meeting all the criteria for the Gold Champion Status for this year's cohort which is even more exciting and testament to the support from Heads of House and tutors.

NCS is a four-phase government funded programme specifically designed to provide young people aged 15-17 with all sorts of new experiences. Whether they are a daredevil or creative genius, talkative or more reserved, they'll be surprised by how much they are actually capable of, coming away with a host of new skills and bags of confidence. The award boosts students UCAS statements and CVs, allows them to meet incredible people, gets their voice heard and encourages them to have a lot of fun.

Mrs A Butcher



7B3 have been working hard this half term learning all about Plate Tectonics and volcanoes in particular. They have been learning all about Montserrat and the volcanic action there. As part of their learning they created volcanoes at home. As you can see they displayed a lot of hard work and imagination. The models ranged from small to large and we even tried to make one explode outside! Next 7B3 are writing about the events of Montserrat to show their excellent understanding!

Mrs C Kelly



Volcanoes

Miss Lomas class 7S1
also made fantastic
volcanoes!

Well done to everyone!



Galore!

We have had a busy month in careers.

Mock Interviews

We had 30 external employers at TGS to conduct mock interviews and these proved to be a success. It gave each Year 10 student the chance to experience an interview conducted by a real employer. Since then the students have been coming into careers to see the employer's assessment of how each interview went. The employers were very complimentary about the students they interviewed, saying how impressed they were. Our thanks to the English and IT departments for working with the students during Year 9 to help them with their CV/letters, leading up to this event. Well done Year 10!



Work Experience

The following students have been on work experience this month:

Chloe Walker: *Moore Green Accountants*

Kiera Blowers: *Gainsborough's House*

Tegan Barrs: *Fanboo*

Olivia Howard: *Ree's Café*

Maddie Fouch-Bolt: *Tiffins Tearoom*

Thomas Cadeddu: *Sizewell B*

Ned Boyce: *Groton Livery*

Lauren Weavers: *Ardmore Vets*

Alfie Haygreen: *Zest*

Erin Bridgeman: *Biggin Hill Florists*

Lucy Johnston: *Nick Scott Estate Agents*

Rebecca Scott: *Moore Green Accountants*

Christopher Starkey: *Siemens*

Eloise Nottage: *Sealeys Photographers*

Phoebe Pledger: *Boxford Primary School*

Max Herbert: *Howard Watts*

Megan Pollicott: *Long Melford Nursing Home*

Boudica George: *Nayland Primary School*

Charlotte Hall: *St Gregory's Primary School*

Izzy Luck: *Somersham Primary School*

James Dormady: *Kingfisher Leisure Centre*

Amelia Prime: *Bridge Project*

Alice Wilby-Ward: *Ardmore Vets*

Caleb Fenton: *Mel Aviation*

Well done to all the students, who received positive feedback and praise from the employers.



Excellence Ribbons

Year 11 students now need to come the Careers Hub during break or lunch to discuss their ribbons and ROA folders with Mrs Baker and Miss Perkins. A number of students have already completed their folders and have been awarded full honours, so well done to them. Graduation Day will soon be here, so Year 11's should come down and discuss the evidence required or ribbons they have already achieved. Deadline for ribbons is 10th May.



Watch out for "Workshop Wednesdays!!"

We are going to be launching "Workshop Wednesdays" soon.

All students are welcome to come to careers to sign up for Employer Workshops, which will take place in the Careers Hub Wednesday lunchtimes from 1pm to 1.30pm.



Phoebe Pledger Year 10 Work Experience @ The BBC February 2019

For a week of my work experience I was lucky enough to go to the BBC in London and to trail a Senior Licensing Manager. My first two days were spent attending an annual Spring Licensing Fair at the NEC Birmingham. Here I had the opportunity to sit in meetings with various licensees all of whom wanted to license various BBC programmes ('Only Fools & Horses', Natural History 'Dynasties' and 'Hey Duggie' to name just a few) for their products. It was extremely interesting to hear what both the BBC and the licensees had to say and discuss.

The evenings at the show were spent entertaining some of the BBC clients, which gave me an opportunity to chat with some of the licensees in a more informal environment. Here I got to understand what they enjoyed about their jobs and how they had come to be in them.

The final three days were spent at the BBC Studios on Wood Lane, London. I was asked to write a report for the Spring Fair and to assist the Licensing Manager with her meeting follow up.

On my last day I was asked to attend a meeting to discuss the use of social media to advertise and promote one of David Attenborough's natural history series 'Dynasties'. The meeting was attended by various BBC personnel and an external social media branding app company and I was asked to contribute and to say how I use and view Instagram. It was daunting attending the meeting alone and without the company of the Licensing Manager, whom I had been with for the week. However, it was extremely interesting to see how social media is used in a business environment.

Overall it was a fantastic opportunity and one which has definitely opened my eyes to the variety of positions and careers that are available.



Esther Shrubsole
Work Experience @ The Swan Hotel

The week I spent at The Swan Hotel was incredibly worth while. Being at a proper workplace was a completely new experience for me, which I benefited a lot from.

I went in a little nervous on the first day, mostly because I thought I'd find it hard to communicate with the other staff. It turns out, the staff were really friendly and they started nice, genuine conversations with me. The three days I spent housekeeping were massively tiring (due to all the toing and froing). We were constantly moving from room to room, changing the beds, going back and forth to top up biscuits and coffee, dusting all surfaces. However, folding towels in the spa was more relaxing. All the staff were incredibly easy to talk to, they made me feel part of the team. After the first morning, I was already in a routine and was left to my own devices - I didn't feel the need for people's permission to do a job, I felt comfortable enough to just do it.

The two days I spent in the kitchen were very different. The staff were still just as nice and made me feel just as comfortable

with what I was doing. However there wasn't constantly something to do (unlike housekeeping). It was a bit chaotic during breakfast and lunch, when all hands were on deck clearing tables, serving coffee and washing up. Any other time, there was hardly anything to do. Yet, I still practiced a very crucial employability skill: confidence. Communicating with customers, who have high expectations of The Swan, can be intimidating. It requires confidence, which grew as I served more customers.

No one censored anything about their jobs. I got a truthful representation of what it's like to work full time. I noticed tiredness, but through all of the hard work, everyone remained positive and talkative. I came out of this week realising that people are genuinely kind and welcoming and that it's not that hard to talk to people. I came out of it knowing that new experiences with new people aren't scary; they build employability skills and character. And they can be surprisingly enjoyable.



Maxi Webster-Coles
Work Experience @ Banco Santander

During the February 2019 half term, I was fortunate enough to spend one week with the Cyber Security team at Banco Santander, Madrid after applying for a work experience placement. This was a perfect opportunity for me given that I have a genuine interest in computer science and how it can be applied in business.

After flying out to Madrid on Sunday evening, it was an early start on Monday arriving at the Santander Cyber Security Centre at 8:30 am. My day started with a tour of the Cyber Security Centre and an overview of each of the critical teams that protect Santander from cyber security threats. During the week I spent my time working with ethical hackers (who are testing the security measures constantly within Santander), Forensic Investigators (this team

is responsible for investigating all of the major attacks against the bank), Network Security Analysts (who are always monitoring the security of the bank's network) and many others who ensure that the bank's systems and customer data are protected at all times.

The work experience placement was highly beneficial and has confirmed my interest in applying computer science in business. In particular, my time with the ethical hackers was really interesting and definitely the highlight of my week. My time at Santander has also enabled me to build up a fantastic list of contacts that have all said they are keen to keep in touch and offer me advice and guidance in my future career.



APPRENTICESHIP SUCCESS

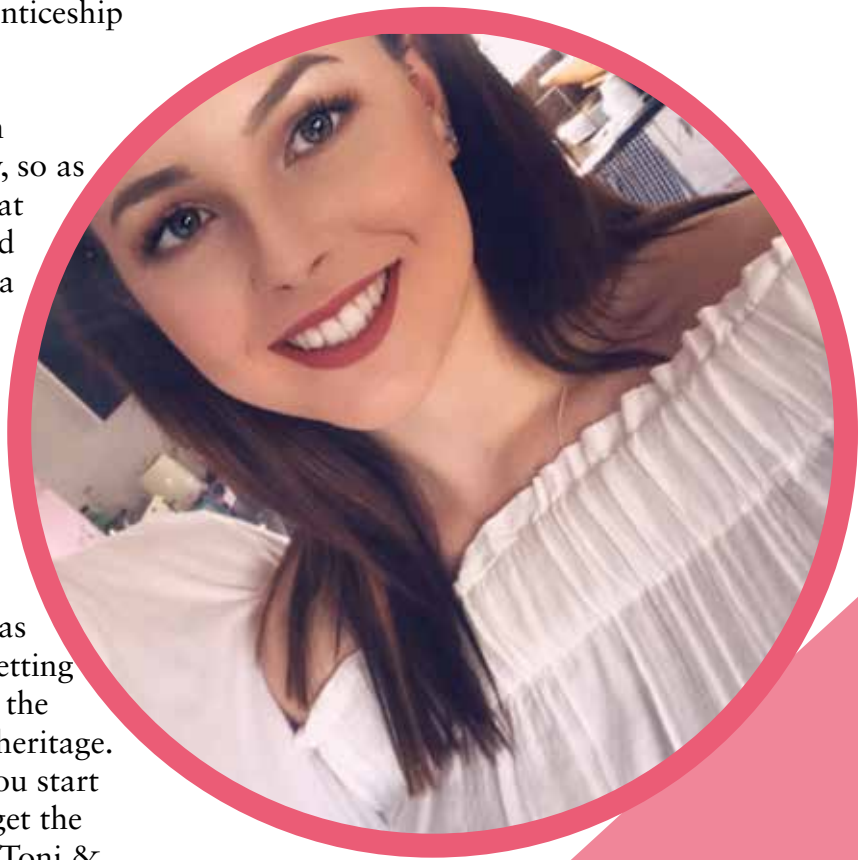
Georgia Warsap
***Hairdressing at
Toni & Guys***

I left TGS in the summer of 2014 with a rough idea of what I was going to do. The careers department helped me a lot when it came to getting my apprenticeship. They told me to apply for it and also gave me a leaflet about the company and spoke to me a lot about what an apprenticeship is.

I was lucky enough to receive an apprenticeship with Toni & Guy, so as soon as I finished my education at TGS I went straight into that and started to progress to becoming a hairdresser.

In my first year I thrived in the training, becoming one of the first apprentices in the Sudbury salon to come runner up in the annual Toni & Guy junior competition, which is quite the achievement. The second year was all about knuckling down and getting the NVQ you need and learning the foundations of the Toni & Guy heritage. The third year is a big year, as you start to develop as a hairdresser and get the opportunity to visit the London Toni & Guy Academy and get to work with some of the greatest people in the industry. You visit the academy to get a diploma in either colour or cutting. With this diploma you can work in any Toni & Guy you desire, whether that is in England, America, Australia or beyond!

Now, 4 years down the line, I've gained so many qualifications and experiences in the process of doing my apprenticeship. I'm also now training our salon apprentices in colouring; getting them ready for their NVQ and diplomas. I also got my first promotion to Senior Technician in January 2018. My apprenticeship evolved into my job by putting in a lot of hard work and dedication. With determination you can put your mind to anything!

**TONI & GUY™**



1.30am - 3pm (Registration from 11am)

Students in Years 7, 8 and 9 and their parents/guardians are invited along to our Ipswich campus to find out more about studying a degree at university. We understand that higher education seems a long way off but the choices your child makes at school may affect their choices at 16 and 18.

This is a free event and a fantastic opportunity to learn more about university and to meet with current University of Suffolk students. During the event students will take part in a fun programme of activities, while parents learn more about the benefits of higher education and student finance.

A tour of the campus and a free buffet lunch will be provided for all attendees.

Register online www.uos.ac.uk/content/family-awareness-day

Previous visitors' comments include:

'Good to know the support that is in place for students'

'I really enjoyed the opportunity to visit and found it really beneficial in understanding the routes to HE'

'Very helpful and informative, especially the area of student finance which was previously a concern to me'

For further information please email schools@uos.ac.uk or call 01473 338655.

Careers @ TGS
Mrs B Baker
Ms K Perkins

YEAR 13 ENGLISH LANGUAGE LECTURES

On Wednesday 6th March a group of Year 13 English Language students travelled to London for a day of lectures on the A Level English Language course and exams. The lectures were delivered by Dan Clayton and Marcello Giovanelli; writers of our course textbooks for this subject, which meant they had a huge amount of knowledge to impart.

The day was very beneficial as a form of revision for the topics covered in Year 12 and adding another perspective on certain topics as well. They also mentioned some new, interesting studies which we had not come across before, which will be useful further reading for our exams.

Amelia Moule



PUBLIC SPEAKING COMPETITION

On Wednesday 6th March, six passionate speakers travelled to County Upper School in Bury St Edmunds to take part in the Rotary Club's annual Public Speaking Competition. Gemma Deacon, AJ Simms and Jacob Miculob represented Thomas Gainsborough Sixth Form in the Year 12 team, and Megan Turner, Rosie Bray and Rosy Morelli represented Thomas Gainsborough School in the Year 9 team. After weeks of creating, developing and rehearsing, they performed their pieces with lots of enthusiasm and confidence. The competition was high, with County Upper, St Benedict's and Newmarket all having strong and highly convincing speeches.

Despite this, Rosie, Megan and Rosy came second in their year, after discussing if artefacts should be returned to their native countries, and Gemma, AJ and Jacob came third, speaking about the dangers with freedom of speech. Both teams thoroughly enjoyed the event and the Year 9 team are already coming up with ideas to return with in Year 12.

Megan Turner



MODEL UNITED NATIONS CONFERENCE

Students from Year 9 and the Sixth Form spent two days debating at Felsted School's Model United Nations conference in February. Representing the proud nation of Equatorial Guinea, students debated the Arab/Israeli conflict, global food distribution and migration. Students spend the first day in their committees before debating an emergency motion on the second day. The Model United Nations conferences give students valuable experience in debating issues of international relations and all participants thoroughly enjoyed the experience. AJ Simms was highly commended for her contributions in committee.

Mr D.G. Yates



POLITICS

During March, A Level Politics students attended two revision days in central London to help them prepare for the summer examinations. The lectures by senior examiners contained very useful recent examples of UK and US politics. We also walked past parliament to see the competing Brexit protests and even caught a glimpse of Theresa May's motorcade as she sped between parliament and Downing Street.

Mr D.G. Yates



PHILOSOPHY LECTURE

Year 12 Philosophy students enjoyed a day of philosophy lectures on Tuesday 5th February with Dr Peter Vardy in Cambridge. Students were asked to consider whether the existence of evil and suffering is enough to contradict the existence of God, whether the right action is always based on pleasing the majority and whether there is a convincing argument to show that the world has a designer, which must be God. It was a very engaging and thought-provoking day which will support the students with their studies.

The day ended with a debate on the compatibility of Christian values and euthanasia. AJ Simms confidently spoke during the debate and argued against other students, claiming that Christianity values life and condemns taking a life, so Christians should not support euthanasia. She put forward a very convincing argument!

Ms J Wood



CAMBRIDGE MEDICINE MASTERCLASS

On Saturday the 23rd of February, I attended the Medicine Masterclass held in the Lady Mitchell Hall on Cambridge University's Sidgwick Site. Around 500 students from different parts of the country attended the event of lecture-style sessions.

The first lecture was about pathology, the study of disease diagnosis. We looked at immunohistochemistry and listened to discussions about the development of diagnosis of disease over time, which were really thought-provoking. This session fascinated me and left me wanting to learn more. The second lecture talked about homeostasis, physiology and the movement of blood around the body. I found myself engaged in the complexity of how all the factors were interlinked and developed a new-found interest in the study.

One thing that I really liked about the sessions was how interactive they were. There were group-based discussions and questions based on real life cases relevant to the topic being discussed to reaffirm our understanding. I also liked how the lectures were challenging yet comprehensible. This meant that even though the lecture was daunting at first, it made sense to me and I gradually felt confident and I began enjoying the intricacy of the new language and new content that was an extension from A level. Learning about this broader world of science away from A level content also inspires me to look into more further reading after learning something new in class, as to begin appreciating the wider picture and how everything links together.

Jacob Miculob



YEAR 12 GEOGRAPHERS

As you are aware the Year 12 Geographers will be going to Dorset the week commencing 25 March for a week's long residential. The purpose of the trip is to learn skills and knowledge to help support the Year 12 Geographers prepare for their forthcoming NEA project which accounts for 20% of their Geography A-Level.

Dorset was chosen as it is a world heritage site. The landscape is iconic and unique, what better place to go than here to study? As you can see the Year 12s got up to a lot on the trip from grading beach profiles, walking up dunes, measuring stones, visiting honeypot tourist sites and in the evenings learning statistics and key data presentation skills. Exhausting stuff!

Well done Year 12 - now, to write up a report on your return!

Mrs C Kelly





WHAT WILL WE DO?

Education: Helping generations of children and babies by building a new school classroom or kindergarten.

Community: Constructing vital facilities for the community including community centres, libraries and bridges.

Healthcare & sanitation: Improving the health of a whole community through installing and improving local amenities.

Food & water security: Installing new water storage facilities and gravity water feed systems.

Environmental protection: Replanting saplings in areas affected by deforestation.

Sustainable livelihoods: Constructing market areas to enable local traders and farmers to bring and sell produce.

HOW CAN YOU HELP?

In order to help us reach our goal and make it to Borneo you can donate to any of the donation boxes placed in both of the cafeterias. Or another option is to email 17bwilliams@tgschool.net for a group go-fund-me link.

WHY DO WE GO?

- 1) Only 30% of children go on to a secondary school education.
- 2) Borneo has one of the highest deforestation rates in the world.
- 3) There are 3 new species discovered every month in Borneo.



Sixth Form Study Open House

The Sixth Form centre
will be open for students to
study in after school Mon-
Thur until 5pm.

Sign into Sixth Form
reception and don't forget to
have a complimentary coffee
or hot chocolate with us in
the Cafe at 4.30pm!



THOMAS
GAINSBOROUGH
SIXTH FORM

Sixth Form Surgery

Thursdays 3.30-4.30
Careers Hub

Essay writing/study skills

Work load/Revision support

**Support from your
Sixth Form Team with all
aspects of learning**

Come and see us!



THOMAS
GAINSBOROUGH
SIXTH FORM

TGS BOYS HOCKEY

This season the U14 boys team have continued from where they left off last season, winning all their games so far. In February the U14 boys went to Newmarket to play two qualifying games in the West Suffolk Cup and comfortably beat Newmarket 5-1 and then beat Sybil Andrews School 8-0. These two victories have earned the boys a place in the finals in April. In March the boys beat County Upper School 13-0 to earn a place in the U14s In2Hockey County Finals. In a game where the TGS keeper was rarely called upon the team took a short time to settle before scoring some well-deserved goals. Rowe and Lancaster both scored 4 goals each, Ruse scored 3 and Kirkham 2. High quality defending from Aldsworth and Bodi denied the County Upper from having any serious attempts on goal and Cates and Bowers both showed great flexibility playing in attack and defence when called upon.

Mr D Chaing



CROSS COUNTRY

On Saturday the 19th of March Joe Robson represented the school at the English Schools cross country event. Although the conditions were wet and windy all day, Joe came 161st overall and 3rd in the Suffolk team. Well done Joe!



FUTSAL

On March 1st the U13 girls futsal team competed at the regional finals against 2 other schools. The girls played 4 games with each school playing each other twice. With not having a goalkeeper it was the job of our girls to show their team spirit by taking it in turns to play that position, with Jessica Barr, Emily Cribb and Paige Gardiner doing a brilliant job. The girls came 3rd with some close games and many goals scored by Paige Gardiner. Strong defending was shown by Madison Dunne who worked superbly in all games to stop the attacking team from getting opportunities to score a goal. All girls tried their best and showed great levels of futsal and teamwork. Well done to all!

Miss K Young

PRIMARY SCHOOL SPORTS LEADERS

The TGS sports leaders have been busy over the last few terms helping with a number of primary school events that have been hosted at TGS. There have been basketball tournaments, indoor athletics, and most recently quicksticks hockey. Despite the difficult weather that storm Gareth posed for the hockey tournament, the leaders were fantastic, showing extremely high levels of maturity and composure in such adverse weather conditions. They represented the school wonderfully, with lots of the primary school teachers complimenting us on how great our leaders were. Well done everyone!

There are more events for our leaders to look forward to in the upcoming term, including helping with primary school netball tournaments and a number of local primary sports days in the summer term. We also have a new cohort of leaders who will be joining the TGS Sports Leadership Academy after Easter. The selected students will be attending an enrichment club after school every Tuesday until the end of the school year, which will help the students to learn new skills and enable them to qualify with the 'Young Leader Award' - a great opportunity!

Miss V Brownsell

FOOTBALL

Year 11 vs Northgate

After reaching the quarter finals the Year 11 team found themselves up against a very good Northgate side boasting two Ipswich Town academy players. With some availability among players, a reshuffled backline took time to settle which gave Northgate time to take advantage of defensive mistakes and go into the break 2-0 up. After some home truths TGS came flying out of the blocks

for the second half drawing level with goals from Taane Forster and Euan Munford it was now all TGS with us hitting the post, having one cleared off the line and having a stonewall penalty turned down. Unfortunately the old analogy of not taking your chances came back to haunt us with Northgate scoring a winner 3 minutes from time. Great credit to the boys who battled brilliantly to come back from two goals down and on another day it may have been a different result.

Northgate 3 TGS 2

Year 9 vs East Bergholt

On a blustery day we welcomed East Bergholt a school that always produce strong competitive teams and this was no different. After taking an early lead TGS were pegged back by two quickfire goals before the break. Again we started quickly scoring two goals before East Bergholt drew level. As with the Year 11 team, the missed chance came back to haunt us as East Bergholt scored late on to put themselves ahead, leaving no way back for the boys. A good performance which the boys really deserved more from but, the semi final was a stretch too far.

East Bergholt 4 TGS 3

Year 10 v Hadleigh

The Year 10 boys have been outstanding in getting to the quarter finals in beating last years winners Thurston and 2017 winners King Edward VI in the previous rounds. They met a team in Hadleigh who were organised and strong at the back, and fast and inventive going forward. It was honours even at the break with defences on top and very few half chances. The second half opened up and Hadleigh took advantage playing a one two on the edge of the area before placing the ball in the top corner. TGS nearly responded in kind with Alfie Haygreen playing through James Dormady to bring out a great save from the Hadleigh keeper. Hadleigh hit back with two shots of their own, the second

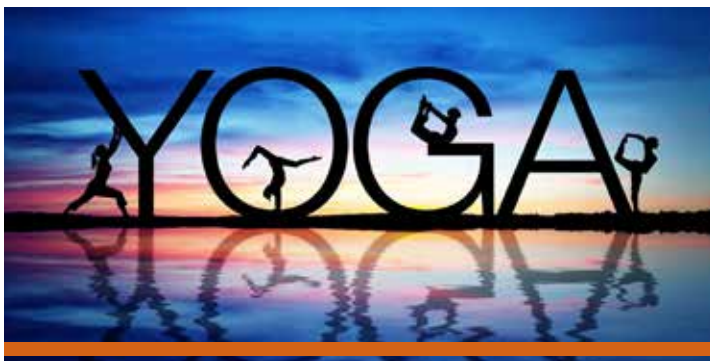




DODGEBALL
competition

Friday 3rd May
1.30-3.10
Years 7-8
Sports Hall

Sign up with tutors (limited spaces), dodgeball club is on a Thursday lunch time if students would like to practice and recap the rules.



FREE
New Class for Year 10 & 11
female & male students welcome



Wednesdays 3.20-4.10
Dance Studio
Instructor-Mrs Turner



Wear comfortable stretchy clothing, bring water and a small blanket/throw

Yoga reduces stress and anxiety, improves mood and memory so is ideal for the exam season!



Any questions email cturner@tgschool.net

bringing a brilliant one handed save from Ben Mallinson. A second goal came against the run of play when a bit of ping pong in the TGS box was neatly despatched into the corner by the Hadleigh number 9. TGS changed shape and went for full out attack to try and get back in the game, with Hadleigh scoring on the counter attack in the last minute.

Disappointing for the boys after playing so well in previous rounds but with some boys unavailable and others carrying knocks, we gave it our best shot and it gives us great encouragement for next year. A special thank you to Long Melford for hosting the game on their first team pitch.

Hadleigh 3 TGS 0

Mr M Garbi




Trampolining
competition

Tuesday 7th May
3.10-5pm
Years 7-10
Small Gym

Students will have to perform a 10 bounce routine in front of a friendly judging panel.

Students can choreograph their own 10 bounce routines at trampolining club on a Wednesday or at home. Open to all students from years 7-10.

Sign up with tutors (limited spaces)

SUMMER TERM 2019

Tuesday 23 April – Friday 19 July

Half Term:

Monday 27 May – Friday 31 May

Subject Surgery:

Thursday 25th April



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If you would like to visit us it would be our pleasure to show you around. Please contact us on 01787 375232