

## **PSHE Scheme of Work All Years**

### Key Topics- PHYSICAL HEALTH AND MENTAL WELLBEING

- Topic 1- Mental Wellbeing
- Topic 2- Internet Safety and Harms
- Topic 3-Physical Health and Fitness
- Topic 4- Healthy Eating
- Topic 5- Drugs, alcohol and tobacco
- Topic 6- Health and Prevention
- Topic 7- Basic First Aid
- Topic 8 - Changing adolescent body

### Key Topics- RELATIONSHIPS AND SEX EDUCATION

- Topic 1-Families
- Topic 2- Respectful relationships, including friendships
- Topic 3- Online and Media
- Topic 4- Being Safe
- Topic 5- Intimate and sexual relationships, including sexual health

### Key Topics - Living in the Wider World (Careers)

- Topic 1 - Employer Encounters and Interactions
- Topic 2 - Labour Market Information
- Topic 3 - Finance and Entrepreneurship
- Topic 4 - Self discovery: Skills and Qualities
- Topic 5 - British Values, TGS Values and SMSC
- Topic 6: Protected Characteristics

## Yr 7 Curriculum

| Dates   | Lesson | Statutory Guidance Topic  | Content   | Retrieval Links   | Connections:  |
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| Autumn Term 1<br><b>Growing Up and being aware</b><br>(Chapter 2) | 1      | Relationships & Sex Education                                       | Introduction to PSHE (KS3 Hodder 1.1)<br>How is Year 7 going to be different? (KS3 Hodder 2.1)<br><b>Social</b>               | Primary School PSHE links - puberty & body changes<br><br>Transition Week | <b>Post:</b><br><br>RSE - reproduction systems<br>Yr 7 ERD Friendships<br>Yr 7 Healthy Lifestyles<br>Yr 8 ERD - How Well do you know your body?<br>6th form TT - Hygiene & Cleanliness<br><br><b>Other:</b><br><br>Food Tec - hygiene<br>Yr 7 Biology - Autumn Term - The Living Body including reproductive systems<br>Yr 8 Biology Autumn Term - How The Body Works including Puberty & Menstrual Cycle<br>TGS Values - Respect<br>Yr 9+ Food - Menstruation & diet across ages<br>Yr 9 Geography hunger & disease<br>KS3 & 4 Food - sugar intake & tooth decay<br>Classics - Roman baths<br>GCSE Business - sugar tax & needs vs wants<br>Yr 10 History - germs: causes & prevention |
|   | 2      | Physical Health & Mental Wellbeing                                  | What happens at puberty? - (KS3 Hodder 2.2)<br>Why do feelings change? (KS3 Hodder 2.5)<br><b>Feelings</b>                    |   |   |
|   | 3      | Relationships & Sex Education<br>Physical Health & Mental Wellbeing | Menstrual Wellbeing (KS3 Hodder 2.3)<br>Why is personal hygiene important? (KS3 Hodder 2.4)<br><b>Menstruation or Hygiene</b> |   |   |
| PSHE Day 1  |        | Living in the Wider World   | <b>Finance:</b><br>Budget to Mars<br><b>Budget</b>  | PSHE Classroom Rules<br>Basic calculations                                | Yr 7 ERD - Environment Awareness<br>Yr 8 Unit - Finance<br>Maths Calculations<br>Environmental factors & climate change<br>Science - Space facts<br>Teamwork  |

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|  |   |                               |   |  | Presentation skills<br>GCSE Business<br>6th Form ERD Finance   |
|  |   | Growing up & Relationships    | <b>What does it mean to be a good friend?</b><br>(KS3 Hodder 2.6)<br>Acquaintence   | PSHE Classroom Rules<br>Yr 7 Unit - Growing Up     | Yr 7 Unit - Relationships<br>Yr 7 Unit - Identity<br>Yr 9 Unit - Relationships<br>Online Safety<br>Values & SMSC - Moral & Social<br>KS4 Drama Stimuli<br>6th Form TT - Trust  |
|  |   | Living in the Wider World     | <b>TGS Way - Values &amp; Democracy</b><br>British Values<br>Democracy  | PSHE Classroom Rules<br>TGS Values                 | Yr 7 Unit - Identity<br>Yr 7 ERD - Faith & Values<br>Yr 9 Unit - Living in Britain<br>British Values<br>Politics - current news<br>Citizenship & SMSC<br>Skills & Qualities<br>Geography - culture & migration<br>PE - teamwork & respect<br>Yr 8 History Formation of British Parliament<br>Yr 9 History - Democracy<br>6th Form ERD Politics |
| Autumn<br>Term 2<br><b>Relationships</b><br>(include sexual harassment)<br>(Chapter 3) | 1 | Relationships & Sex Education | What are the different types of relationships?<br>(KS3 Hodder 3.1)<br>What is a healthy relationship?<br>(KS3 Hodder 3.2)<br>Relationship | Values - Trust & Respect<br>Yr 7 ERD - Friendships | <b>Post:</b><br>Yr 7 Unit - Sex & Relationships<br>Yr 8 Unit - Relationships<br>Yr 8 Unit - Risk & Safety<br>Yr 9 ERD - Healthy Relationships<br>Yr 9 Unit - RSE<br>Yr 11 ERD - Sexual Harassment<br>6th Form TT Healthy Relationships<br>6th Form TT Trust<br><br><b>Other:</b>   |
|  | 2 | Relationships & Sex Education | Communication skills/saying what you mean and meaning what you say<br>(KS3 Hodder 3.3)<br>Communication                                   |  |  |

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|                                     | 3 | Relationships & Sex Education      | Is commitment important in relationships?<br>(KS3 Hodder 3.4)<br>Abuse in relationships<br>(KS3 Hodder 3.5)<br>Commitment |  | PC - Sexual Orientation, Marriage/partnerships<br>TGS Values - Trust & Respect<br>SMSC - Social & Moral<br>Drama - communication skills<br>PE - Teamwork & respect<br>KS4 & 5 Dance & Drama Stimuli<br>Geography - culture & settlements                  |
| (KS3)<br>PSHE Day 2                 |   | Living in the Wider World          | What's My Job?<br>Employer  | Values   | Yr 7 ERD Self Awareness - Skills & Qualities<br>Yr 8 ERD - LMI<br>Yr 8 ERD Challenge Prejudice<br>Careers & Pathways<br>Skills & Qualities<br>Protected Characteristics<br>Stereotypes<br>Employer Workshops<br>GCSE Business - protected characteristics |
|                                     |   | Physical Health & Mental Wellbeing | Basic First Aid<br>Asthma<br>Allergies<br>Bleeding<br>Aid   |  | Science - How the Body Works<br>Yr 8 ERD - Know Your Body<br>Yr 9 ERD 1st Aid<br>PE - Different body systems & injuries<br>Food Tec - basic injuries  |
|                                     |   | Living in the Wider World          | Faith & Values<br>(KS3 Hodder 9.6)<br>Faith   | Yr 7 ERD - TGS Way - Values<br>Values  | Yr 7 Unit - Identity<br>Yr 7 ERD - Anam Cara<br>RPE<br>Protected Characteristics<br>British Values<br>SMSC - Spiritual<br>Geography - cultures & settlements  |
| Spring Term 1<br>Healthy Lifestyles | 1 | Physical Health & Mental Wellbeing | What do we need to keep healthy?<br>(KS3 Hodder 7.1)<br>Healthy eating<br>(KS3 Hodder 7.2)                                | Yr 7 Autumn Term - Puberty - body changes & hygiene<br>School places for support | Post:<br>Yr 7 Unit - Drugs, Alcohol & Smoking<br>Yr 7 ERD - Happiness<br>Yr 8 ERD - Mental Health & Wellbeing   |

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| (Chapter 7) |   |                                    | Health   |   | Yr 8 ERD - Nurses - know your body<br>Yr 9 Unit - Healthy Lifestyle<br>Yr 9 ERD - Healthy Lifestyle<br>Yr 10 ERD - Mental Health & Wellbeing<br>6th form TT - Healthy Lifestyles<br>6th form TT - Vaccinations & Donations   |
|             | 2 | Physical Health & Mental Wellbeing | Exercise (KS3 Hodder 7.3)<br>Things that support our health (KS3 Hodder 7.4)<br>Physical |   | <b>Other:</b><br><br>PE - Body systems, fitness & diet<br>Food Technology - Eatwell plate<br>Yr 7 & 8 Biology Autumn Term - The Living Body - Healthy Eating & Exercise, Cancer<br>Yr 9 Biology: Cell Biology - Cancer, Stem cells, blood & organ donation<br>Classics - roman baths, exercise & diet<br>Yr 9 Geography - disease & hunger<br>Yr 10 Geography - Water<br>Yr 13 Geography - pollutants & environment<br>KS3 & 4 Dance - warm ups, safe practice & fitness<br>COVID<br>Race For Life |
|             | 3 | Physical Health & Mental Wellbeing | When health goes wrong (KS3 Hodder 7.5)<br>Confidential                                  |   |  |
| PSHE Day 3  |   | Living in the Wider World          | <b>Environment Awareness</b><br>Climate Change<br>Food Packaging & Recycling<br>Climate  | Yr 7 ERD - Budget to Mars Climate Change                              | Geography - climate changes<br>SMSC - Moral<br>Yr 13 Geography - Environments<br>6th form TT - Environment   |
|             |   | Living in the Wider World          | <b>Self Awareness: Skills &amp; Qualities</b><br>Skill                                   | Yr 7 ERD - What's My Job<br>Yr 7 ERD - TGS Way & Values<br>TGS Values | Yr 8 ERD - Speed Networking<br>Yr 8 Unit - Future Planning<br>Yr 9 & 11 ERD - Future Planning<br>Yr 9 ERD - IDEA Award<br>Yr 10 ERD - Morrisby<br>Yr 9 ICT module - careers<br>Careers, ROAs & Pathways<br>Morrisby<br>Skills Builder  |

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|  |   |   |  |   | Protected Characteristics<br>IT - CVs & Covering Letters<br>GCSE Business - aims, objectives, interviews<br>KS4 Dance exam - reflect & improve<br>PE - developing skills   |
|  |   | Relationships                                 | E-Safety<br>Media                                | Yr 7 ERD - Friendships<br>TOTF - E Safety (every year)<br>TGS Values - Respect & Confidence | Yr 7 ERD What is AI?<br>Yr 8 Unit Risk & Safety<br>Yr 8 ERD - E-Safety<br>Yr 9 Unit Risk & Safety<br>6th form TT - Digital Footprint<br>6th form TT Trust<br>Yr 7 English AI - Friend or Foe?<br>Yr 7 & 8 ICT module - E-Safety<br>ICT Lessons<br>SMSC - Moral<br>GCSE Business - AI, social media & targeting audiences<br>KS4 & 5 Dance stimuli  |
| Spring<br>Term 2<br><b>Alcohol,<br/>Tobacco<br/>&amp; Other<br/>Drugs</b><br>(Chapter 5) | 1 | (Physical<br>Health &<br>Mental<br>Wellbeing) | Drugs<br>(KS3 Hodder 5.1 & 5.2)<br>Addictive     | Yr 7 Spring Unit - Healthy Lifestyles   | <b>Post:</b><br>Yr 8 Unit - Risk & Safety<br>Yr 8 Unit ERD - Drugs<br>Yr 9 Unit ERD - Drugs<br>Yr 9 Unit - Risk & Safety<br>Yr 11 ERD - Drugs & Alcohol<br>6th form TT - Festival Safety<br>6th form TT - Alcohol Safety<br>6th form TT - Holiday Safety<br><br><b>Other:</b><br>SMSC - Moral<br>Year 8 Biology Autumn term - How the Body Works - Drugs, alcohol & smoking<br>Year 9 Biology Spring term - Organisation - drugs, smoking & alcohol<br>Yr 9 Drama texts - drugs & binge drinking<br>Yr 8 Music - reggae & rastafarianism |
|  | 2 | Physical<br>Health &<br>Mental<br>Wellbeing   | Alcohol<br>(KS3 Hodder 5.3)<br>Effect            |   |  |
|  | 3 | Physical<br>Health &<br>Mental<br>Wellbeing   | Smoking<br>(KS3 Hodder 5.4)<br>Vaping<br>Passive |   |  |

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|  |   |   |  |   | PE - illegal & legal products<br>KS4 Food - water intake with alcohol<br>GCSE Dance stimuli<br>GCSE Business - consumer choices & law changes   |
| (KS3)<br>PSHE Day<br>4   |   | Mental Wellbeing<br>Living in the Wider World | Anam Cara<br>Empathy   | Yr 7 ERD TGS Way & Values<br>Yr 7 ERD Faith & Values<br>TGS Values                      | RPE<br>SMSC - Spiritual<br>Geography - migration, clash of religions  |
|  |   | Living in the Wider World                     | Gambling<br>(KS3 Hodder 8.5)<br>Marketing  | Yr 7 ERD Finance<br>Yr 7 ERD E-Safety   | Yr 8 Unit - Risk & Safety<br>Yr 8 ERD - E-Safety<br>Maths   |
|  |   | Living in the Wider World                     | What is AI?<br>Artificial  | Yr 7 ERD E-Safety   | Yr 8 Unit - Risk & Safety<br>Yr 8 ERD E-Safety<br>ICT<br>GCSE Business - AI<br>Yr 7 English AI - Friend or Foe?<br>Yr 7 & 8 ICT E-Safety lessons  |
| Summer Term 1<br><b>Sex &amp; Relationships</b><br>(Chapter 4) | 1 | (Relationships & Sex Education)               | Choices around sex<br>(KS3 Hodder 4.1)<br>Permission   | Yr 7 Puberty - Autumn<br>Yr 7 Relationships - Autumn<br>TGS Values Respect & Confidence | <b>Post:</b><br>Yr 8 Unit - Risk & Safety<br>Yr 9 ERD - Healthy Relationships - Pornography & Sexting<br>Yr 9 Unit - Sex, Sexuality & Sexual Health<br>Yr 10 ERD - STIs & Contraception<br>Yr 11 ERD - Intimate Sexual Relationships<br>6th form TT - Pregnancy options, STIs & Fertility |
|  | 2 | (Relationships & Sex Education)               | Sex and the Law<br>(KS3 Hodder 4.3)<br>Contraception, pregnancy and birth<br>(KS3 Hodder 4.4)<br>Reproduce |   |   |
|  | 3 | (Relationships & Sex Education)               | What is contraception?<br>(KS3 Hodder 4.5)<br>What are STIs?<br>(KS3 Hodder 4.6)<br>Contracept             |   |   |
|  |   |   |  |   | <b>Other:</b><br>Yr 7 Biology Autumn - The Living Body - includes human reproductive systems<br>Yr 8 Biology Autumn - How the Body Works including puberty & menstrual cycle<br>PC - Sexual Orientation & Pregnancy<br>SMSC - Moral   |

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|                        |   |   |  |  | TGS Values - Respect & Confidence<br>KS4 Food - pregnancy & diet<br>Geography - Yr 8 Chine & Yr 9 India - missing girls   |
| PSHE Day 5             |   | Physical Health & Mental Wellbeing              | <b>Happiness &amp; Mental Health</b> (Nurses)<br>Emotion   | Yr 7 Unit - Healthy Lifestyle  | Yr 8 Unit - Emotional Wellbeing & Mental Health<br>Yr 9 Unit Emotional Wellbeing & Mental Health<br>Yr 10 ERD Emotional Wellbeing & Mental Health<br>6th Form ERD Mindfulness<br>Geography - Quality of Life<br>PE promotes value of exercise on Mental Health<br>Effects of drama & music on Mental Health<br>KS4 Diet & mental health |
|                        |   |   | <b>Summer Safety</b><br>Water safety, Road safety, Out & About, Technology, Friendships & Peer Pressure, Antisocial behaviour<br>Anti-Social |  | 6th form TT - Festival & Holiday Safety   |
|                        |   | Living in the Wider World<br>Healthy Lifestyles | <b>Race For Life</b>   | Yr 7 Unit Healthy Lifestyles<br>TGS Values<br>Charity Events   | Race for Life<br>Charity Events   |
| Summer Term 2 Identity | 1 | Relationships & Sex Education                   | Who am I?<br>(KS3 Hodder 9.1)<br>Gender identity<br>(KS3 Hodder 9.4)<br>Pronoun  | Yr 7 Unit Puberty<br>Yr 7 ERD What's My Job?<br>Yr 7 ERD Faith & Values<br>Yr 7 ERD - TGS Way & Relationships<br>TGS Way - Respect & Diversity | <b>Post:</b><br>Yr 8 ERD - Families<br>Yr 8 Unit - Communities<br>Yr 8 ERD - Challenge Prejudice<br>Yr 9 Unit ERD - TGS Way & Diversity<br>Yr 9 Unit - Identity<br>Yr 9 Unit - Living in Britain<br>6th Form TT - Stereotypes   |
|                        | 2 | Relationships & Sex Education                   | Stereotypes<br>(KS3 Hodder 9.5)<br>Stereotype  |  |   |

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|  | 3 | Relationships & Sex Education | How am I doing?<br>(KS3 Hodder 9.7)<br>What are my rights & responsibilities?<br>(KS3 Hodder 9.8)<br>Appreciation |  | <b>Other:</b><br>PC - Sexual Orientation, Race, Age, Religion<br>SMSC - Moral & Cultural Careers<br>KS3 Drama text - Face<br>GCSE Business discrimination in the workplace<br>KS5 Geography - Gender Equality<br>PE - difficulties & barriers<br>Yr 8 English Global Identities<br>Yr 10 English - Power & Conflict poetry |
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| Dates  | Lesson | Key Topic                          | Content  | Retrieval Links   | Connections  |
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| Autumn Term 1<br><br><b>Emotional Wellbeing and Mental Health</b><br>(Chapter 6) | 1      | Physical Health & Mental Wellbeing | What are 'emotional wellbeing' and 'mental health'?<br>(KS3 Hodder 6.1)<br>Feelings and how to manage them<br>(KS3 Hodder 6.3)<br><b>Mental</b>      | Yr 7 Unit Puberty<br>Yr 7 Unit Healthy Lifestyles<br>Yr 7 ERD Happiness   | <b>Post:</b><br>Yr 8 ERD - Body Image<br>Yr 8 ERD - Mental Health & Wellbeing: Resilience & Bereavement<br>Yr 9 Unit - Emotional Wellbeing & Mental Health<br>Yr 10 ERD - Emotional Wellbeing & Mental Health<br>Yr 10 ERD - Exam Pressures<br>Yr 11 ERD - Health & Wellbeing<br>6th form TT - Anxiety, resilience<br>6th form ERD Mindfulness<br><br><b>Other:</b><br>TGS Values - Resilience<br>PE promotes the value of exercise on mental health<br>KS4 Food - diet & mental health<br>Music - links to promoting mental health<br>GCSE Dance & Drama common stimuli |
|  | 2      | Physical Health & Mental Wellbeing | What impacts on emotional wellbeing?<br>(KS3 Hodder 6.4)<br>Recognising signs of poor mental health<br>(KS3 Hodder 6.6)<br><b>Worry &amp; Stress</b> |   |  |
|  | 3      | Physical Health & Mental Wellbeing | Ways to look after emotional wellbeing<br>(KS3 Hodder 6.7)<br>Who can help? - support services<br>(KS3 Hodder 6.8)<br><b>Resilience</b>              |   |  |
| Enrichment Day 1<br><b>Dove Body Confidence</b>                                  |        | Physical Health & Mental Wellbeing | <b>Appearance Ideals</b><br><b>Media Messages</b><br>Dove resources<br><b>Ideal</b>  | Yr 7 Unit - Puberty<br>Yr 7 Unit - Healthy Lifestyles<br>Yr 7 ERD - Happiness<br>Yr 7 ERD - E-Safety<br>Yr 8 Unit - Emotional Wellbeing & Mental Health | <b>Post:</b><br>Yr 8 ERD E-Safety<br>Yr 9 Unit - Emotional Wellbeing & Mental Health<br>6th form TT Trust & Toxic Beauty<br><br><b>Other:</b><br>SMSC - Moral & Social<br>KS4 & 5 Dance & Drama common stimuli   |
|  |        | Physical Health & Mental Wellbeing | <b>Confront Comparisons</b><br><b>Banish Body Talk</b><br>Dove resources<br><b>Banish</b>  |   |  |
|  |        | Physical Health & Mental Wellbeing | <b>Be the Change-</b><br>Extend- Make Resources for school to support body image (Posters, radio, play, fact sheet)<br>Dove resources                |   |  |

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|   |   |                                    | <b>Conform</b>  |   |   |
| Autumn Term 2<br><b>Communities</b><br>(Chapter 10) | 1 | (Relationships & Sex Education)    | Understanding our communities (KS3 Hodder 10.1)<br>How do I feel about 'difference'? (KS3 Hodder 10.2)<br><b>Community</b>      | Yr 7 ERD - TGS Way & Democracy<br>Yr 7 Unit - Identity                                    | <b>Post:</b><br>Yr 8 ERD Communities<br>Yr 8 Unit Risk & Safety<br>Yr 9 ERD TGS Way & Diversity<br>Yr 9 Unit Risk & Safety<br>Yr 9 Unit Identity<br>Yr 9 Unit Living in Britain<br>6th form TT - Stereotypes<br><br><b>Other:</b><br>British Values<br>PC - Race, religion, ,<br>Discrimination<br>SMSC - Social, Moral & Cultural<br>Links to mental well-being - making connections & giving<br>Drama - KS3 text - Face<br>KS5 Geography - Culture & Settlement |
|   | 2 | (Relationships & Sex Education)    | How can we value each other? (KS3 Hodder 10.3)<br>What makes a successful community? (KS3 Hodder 10.4)<br><b>Belonging</b>      |   |   |
|   | 3 | (Relationships & Sex Education)    | How can I contribute to my community? (KS3 Hodder 10.7)<br>What do voluntary agencies do? (KS3 Hodder 10.8)<br><b>Volunteer</b> |   |   |
| <b>(KS3) PSHE Day 2</b>                             |   | Physical Health & Mental Wellbeing | <b>Mental Health &amp; Well-being</b><br>Resilience (KS3 Hodder 6.2)<br>Bereavement (KS3 Hodder 6.5)<br><b>Bereavement</b>      | Yr 7 Unit Healthy Lifestyles<br>Yr 7 ERD Happiness<br>Yr 8 Unit Mental Health & Wellbeing | Yr 9 Unit Emotional Wellbeing & Mental Health<br>Yr 9 ERD TGS Way & Values<br>Yr 10 ERD Emotional Wellbeing & Mental Health<br>6th form TT Resilience<br>Geography - Quality of Life<br>KS3 Drama - Missing Dan Nolan<br>PE - the value of exercise on mental health<br>GCSE Dance - common stimuli<br>KS4 Food - diet & mental health  |
|   |   | Relationships                      | <b>Families</b><br>What does 'family' mean? (KS3 Hodder 9.2)<br>How can I contribute to family life?                            | Yr 7 Unit Identity<br>Yr 7 ERD Faith & Values   | Yr 8 Unit - Relationships<br>Yr 9 Unit - Identity<br>6th form TT - Marriage & Families<br>SMSC - Social   |

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|  |   |                                  | (KS3 Hodder 9.3)<br><b>Family</b>   |   | Yr 9 English Romeo & Juliet Classics - roman family structures, marriage & raising children<br>KS5 Geography - culture & settlements   |
|  |   | <b>Living in the Wider World</b> | <b>Labour Market Index</b><br><b>Labour</b>   | Yr 7 ERD What's My Job?   | Yr 8 ERD Speed Networking<br>Yr 8 Unit Future Planning<br>Yr 9 Unit & ERD Future Planning<br>Yr 10 ERD Apprenticeships<br>Yr 10 ERD Morrisby<br>Yr 11 ERD Employment Opportunities<br>Geography - Yr 11 Economic World<br>KS5 Geography - global systems<br>GCSE Food - fair trade<br>GCSE Business - changes, market segmentation, marketing, impact of tec, consumer preferences<br>Yr 9 Geography - Challenge of populations<br>Yr 9 ICT Careers unit     |
| Spring Term 1<br><b>Risk &amp; Safety</b><br>(Chapter 8) | 1 | <b>Relationships</b>             | What do we mean by 'risk'? (KS3 Hodder 8.1)<br>How do we manage risky situations? (KS3 Hodder 8.2)<br><b>Risk</b> | Yr 7 Unit Puberty<br>Yr 7 Unit Relationships<br>Yr 8 Unit Communities | <b>Post:</b><br>Yr 8 ERD Gangs & Knife crime<br>Yr 8 ERD Drugs & Risk<br>Yr 8 ERD E-Safety<br>Yr 9 ERD Drugs & Alcohol<br>Yr 9 Unit Risk & Safety<br>Yr 9 ERD Health & Safety<br>Yr 11 ERD Drugs & Alcohol<br>6th form TT - Summer safety, Festival safety, Alcohol safety, Trust<br>6th form ERD - Road Safety<br><br><b>Other:</b><br>Biology - The reproductive System<br>SMSC - Social & Moral<br>KS3 Drama - Humpty Dumpty - gangs & coercive behaviour |
|  | 2 | <b>Relationships</b>             | Being assertive and dealing with pressure<br>Bullying (KS3 Hodder 8.3 & 8.4)<br><b>Assertive</b>                  |   |  |
|  | 3 | <b>Relationships</b>             | Female genital mutilation (FGM) (KS3 Hodder 8.7)<br>Who can help? (KS3 Hodder 8.9)<br><b>Mutilation</b>           |   |  |

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| PSHE Day 3                                |   | Relationships | <b>Communities</b><br>What can cause problems in communities (KS3 Hodder 10.5)<br>Hate Crime & Radicalisation (KS3 Hodder 10.6)<br>Compromise | Yr 7 ERD TGS Way & Democracy<br>Yr 7 Unit Identity<br>TGS Values - Respect | Yr 8 Unit Communities<br>Yr 8 ERD Challenge Prejudice<br>Yr 8 ERD Gangs & Knife crime<br>Yr 9 ERD TGS Way & Diversity<br>Yr 9 Unit Living in Britain<br>Yr 9 Unit Identities<br>British Values<br>6th form TT - Stereotypes<br>SMSC - Social & Moral<br>Protected Characteristics<br>KS3 Drama text - Face & Stephen Lawrence  |
|   |   |               | <b>Languages Enrichment</b>   |  |  |
|   |   | Relationships | <b>Internet Safety</b><br>Privacy   | Yr 7 ERD E-Safety<br>Yr 7 ERD What is AI?<br>Yr 8 Unit Risk & Safety       | Yr 9 Unit Risk & Safety<br>6th form TT - Digital Footprint<br>SMSC - Moral<br>Yr 7 & 8 ICT - E-Safety & Cyber Security<br>Yr 7 English; AI Friend or Foe<br>GCSE Business AI, Social Media, targetted audiences<br>KS4 Dance & Drama stiumli   |
| Spring Term 2<br><b>KS4 Relationships</b> | 1 | Relationships | Recap of Relationships from Year 7<br>Relating to Others (KS4 Hodder 2.1)<br>Respect  | Yr 7 Unit Relationships<br>Yr 7 ERD Friendships<br>Yr 8 ERD Families       | <b>Post:</b><br>Yr 9 ERD Healthy Relationships<br>Yr 9 Unit & ERD Relationships<br>Yr 9 Unit Identity<br>Yr 11 ERD Sexual Harassment<br>6th form TT - Healthy Relationships<br>6th form TT - Marriage & Families<br><br><b>Other:</b><br>SMSC - Social & Moral<br>PE - Teamwork & respect<br>Classics - roman family structures, marriage & how children were raised<br>Geography - cultures & settlements |
|   | 2 | Relationships | Skills for successful relationships (KS4 Hodder 2.2)<br>Strategy  |  |  |
|   | 3 | Relationships | Parenting skills & family life (KS4 Hodder 2.3)<br>Parenting  |  |  |

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| (KS3) PSHE<br>Day 4<br><br><b>Staying Healthy</b> |   | Relationships & Sex Education | <b>Nurses- How well do you know your body?</b><br>Donate  | Yr 7 Unit Puberty<br>Yr 7 Unit Healthy Lifestyles<br>Yr 7 ERD First Aid<br>Race For Life | Yr 9 ERD First Aid<br>Yr 9 ERD Healthy Lifestyles<br>Yr 9 Unit Sexual Health<br>Yr 10 ERD STIs<br>6th form TT - Self Screening, Breasts & Testicles<br>Race For Life<br>PE - Body systems  |
|   |   | Living in the Wider World     | <b>Speed Networking</b><br>Career   | Yr 7 ERD What's My Job?<br>Yr 7 Self Awareness - Skills & Qualities<br>Yr 8 ERD LMI      | Yr 8 Unit Future Planning<br>Yr 9 Unit & ERD Future Planning<br>Yr 9 ERD Morrisby & Options<br>Yr 10 ERD Morrisby<br>Yr 10 Work Experience<br>Yr 11 ERD Future Planning<br>GCSE Business   |
|   |   | Living in the Wider World     | <b>Debate</b><br>6th form led<br>Debate   | Yr 7 Faith & Values  | Yr 10 ERD RPE<br>Yr 11 ERD RPE   |
| Summer Term 1<br><b>Money &amp; Me</b>            | 1 | Living in the Wider World     | How do I save & how do I budget?<br>(KS3 Hodder 12.1)<br>What influences our spending?<br>(KS3 Hodder 12.2)<br>Influence  | Yr 7 ERD Budget to Mars<br>Yr 7 ERD Self Awareness - Skills & Qualities                  | <b>Post:</b><br>Yr 8 Unit Future Planning<br>Yr 9 Unit & ERD Future Planning<br>Yr 9 Unit Morrisby & Options<br>Yr 11 ERD Finance<br>6th form ERD Finance<br><br><b>Other:</b><br>Skills Builder skills<br>SMSC - Social<br>GCSE Business - sources of finance, entrepreneurship & enterprise<br>Maths - best buy techniques<br>KS4 Food - entrepreneurship<br>Careers - Skills & Qualities<br>PE - Teamwork & Respect |
|   | 2 | Living in the Wider World     | How enterprising am I?<br>(KS3 Hodder 12.3)<br>Enterprising   |  |  |
|   | 3 | Living in the Wider World     | How do I work best with others?<br>(KS3 Hodder 11.2)<br>Skills for Working with Others<br>(KS3 Hodder 11.3)<br>Motivation |  |  |

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| PSHE Day 5                              |   | Living in the Wider World<br>Healthy Lifestyles | <b>Race For Life</b>   | Yr 7 Unit Healthy Lifestyles<br>Yr 7 ERD Know Your Body<br>TGS Way & Values<br>Charity Events<br>Yr 7 ERD Race for Life | Charity Events<br>Race For Life   |
|   |   | Relationships                                   | <b>Challenge Prejudice</b><br>(KS3 Hodder 10.9)<br>Prejudice   | Yr 7 Unit Identity<br>Yr 7 ERD What's My Job?<br>Yr 8 ERD Communities   | Yr 9 ERD TGS Way & Diversity<br>Yr 9 Unit Identity<br>Yr 9 Unit Living In Britain<br>6th form TT - Stereotypes<br>British Values<br>Protected Characteristics<br>SMSC - Social & Moral<br>KS3 Drama - Face & Stephen Lawrence<br>PE - difficulties & barriers   |
|   |   | Relationships                                   | <b>Gangs &amp; Knife Crime</b><br>(KS3 Hodder 8.6)<br>Gang   | Yr 8 Unit Communities<br>Yr 8 Unit Risk & Safety  | Yr 9 Unit Risk & Safety<br>SMSC - Social & Moral  |
| Summer Term 2<br><b>Future Planning</b> | 1 | Living in the Wider World                       | How do I Plan for my Future?<br>(KS3 Hodder 11.5)<br>What do I need to plan for?<br>(KS3 Hodder 11.7)<br>Realistic       | Yr 7 ERD Self Awareness - Skills & Qualities<br>Yr 8 ERD LMI<br>Yr 8 ERD Speed Networking                               | <b>Post:</b><br>Yr 9 Unit & ERD Future Planning<br>Yr 9 ERD Morrisby & Options<br>Yr 9 ERD Out to Work<br>Yr 10 ERD Morrisby<br>Yr 11 ERD Future Planning<br>6th form TT Personal Brand<br><br><b>Other:</b><br>Skills Builder<br>Yr 9 ICT unit Careers<br>Yr 10 Work Experience<br>Careers Assemblies<br>IT - CVs & Covering Letters |
|   | 2 | Living in the Wider World                       | Future Opportunities<br>College, 6th form, University<br>Apprenticeships, Employment<br>Option Process<br>Apprenticeship |   |   |

## Yr 9 Curriculum

| Dates                                   | Less on | Key Topic                 | Content  | Retrieval Links  | Connections   |
|---|---------|---------------------------|--|--|---|
| <b>Autumn Term 1</b><br>Future Planning |         | Living in the Wider World | What are my Aspirations? (KS3 Hodder 11.1)<br>Goals (KS3 Hodder 11.4)<br>Aspirations | Yr 7 ERD Self Awareness - Skills & Qualities<br>Yr 8 ERD LMI<br>Yr 8 Unit Future Planning<br>Yr 8 ERD Speed Networking | <b>Post:</b><br>Yr 9 ERD Future Planning<br>Yr 9 ERD Out to Work<br>Yr 10 ERD Morrisby & Apprenticeships<br>Yr 11 ERD Future Planning |

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|          |  | Living in the Wider World          | My Personal Brand<br>(KS3 Hodder 11.6)<br>What opportunities are out there for me?<br>(KS3 Hodder 11.8)<br>Brand                         |   | 6th form TT - Personal Branding<br>6th form TT - Reflections & Aspirations<br><br><b>Other:</b><br>Yr 10 Work Experience<br>Careers Assemblies<br>Protected Characteristics<br>GCSE Business<br>KS4 Dance exam - reflect & improve  |
|          |  | Living in the Wider World          | How do I improve my Prospects?<br>(KS3 Hodder 11.9)<br>What does the Law say about work?<br>(KS3 Hodder 11.10)<br>Prospects              |   |   |
| PSHE Day |  | Physical Health & Mental Wellbeing | <b>First Aid - CPR</b><br>Cardio   | Yr 7 ERD First Aid<br>Yr 8 ERD Know Your Body           | PE - Different body systems & injuries<br>Food tec - basic injuries   |
|          |  | Living in the Wider World          | <b>TGS Way - Diversity</b><br>Diversity  | Yr 7 Unit Identity<br>Yr 8 Unit Communities             | Yr 9 Unit Identity<br>Yr 9 Unit Living in Britain<br>6th form TT Stereotypes<br>British Values<br>SMSC - Social & Moral<br>Protected Characteristics<br>Geography - culture & migration<br>PE - Teamwork & respect. Difficulties & barriers<br>KS3 Drama - Face & Stephen Lawrence      |
|          |  | Physical Health & Mental Wellbeing | <b>Healthy Lifestyle</b><br>Influences on health<br>(KS4 Hodder 6.1)<br>Planning health meals & being active<br>(KS4 Hodder 6.2)<br>Diet | Yr 7 Unit Healthy Lifestyles<br>Yr 8 ERD Know Your Body | Yr 10 ERD - Mental Health & Emotional Wellbeing<br>6th form TT - Healthy Lifestyles<br>KS3 & 4 Dance - fitness & links to mental health<br>KS3 Food - Eat Well Plate<br>Geography - hunger, disease, water & populations<br>PE - body systems, diet & fitness, effects on mental health |

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| Autumn 2 Term<br><br><b>Emotional Wellbeing &amp; Mental Health</b> |  | Physical Health & Mental Wellbeing | Emotional Wellbeing (KS4 Hodder 5.1)<br>Dealing with Stress (KS4 Hodder 5.2)<br><b>Anxiety</b>   | Yr 7 ERD Happiness<br>Yr 8 Unit Emotional Wellbeing & Mental Health<br>Yr 8 ERD Body Image | <b>Post:</b><br>Yr 10 ERD Mental Health & Emotional Wellbeing<br>Yr 10 ERD Exam Pressures<br>6th form TT Anxiety, Resilience, Low Mood<br><br><b>Other:</b><br>Careers<br>TGS Values - Resilience<br>PE promotes the value of exercise on mental health<br>GCSE Dance & Drama mental health stimuli<br>Yr 9 Drama missing Dan Nolan<br>Music - effects on mental health |
|   |  | Physical Health & Mental Wellbeing | Pressures & Influences (KS4 Hodder 5.3)<br>Facing Challenges (KS4 Hodder 5.4)<br><b>Pressure</b>   |  |   |
|   |  | Physical Health & Mental Wellbeing | Work-Life Balance (KS4 Hodder 5.5)<br>Bereavement (KS4 Hodder 5.6)<br><b>Manage</b>  |  |   |
| KS3 PSHE Day  |  | Relationships & Sex Education      | <b>RSE - Healthy Relationships</b> - OM Team<br>Pornography & Sexting (KS3 Hodder 4.2)<br><b>Explicit</b>                                    | Yr 7 Unit Relationships<br>Yr 7 Unit Sex & Relationships<br>Yr 8 Unit Relationships        | Yr 9 ERD Relationships & Abuse<br>Yr 9 Unit Sex, Sexuality & Sexual Health<br>Yr 11 ERD Intimate Relationships<br>6th form TT - Trust, Healthy Relationships<br>SMSC - Social & Moral   |
|   |  | Physical Health & Mental Wellbeing | <b>The impact of drug taking</b> (KS3 Hodder 5.5)<br><b>How do I manage situations involving drugs</b> (KS3 Hodder 5.6)<br><b>Withdrawal</b> | Yr 7 Unit Alcohol, Smoking & Drugs<br>Yr 8 Unit Risk & Safety                              | Yr 9 ERD Drugs<br>Yr 9 Unit Risk & Safety<br>Yr 11 ERD Drugs & Alcohol<br>SMSC - Moral<br>Yr 9 Drama text - drugs & drink driving<br>KS4 PE - legal & illegal products<br>Yr 8 Music - reggae & rastafarian<br>GCSE Drama & Dance stimuli   |
|   |  | Living in the Wider World          | <b>Looking to the future.</b><br>Introduction to Morrisby<br>KS4 Options<br><b>Employability</b>   | Yr 8 ERD LMI<br>Yr 8 ERD Speed Networking<br>Yr 9 Unit Future Planning                     | Yr 9 ERD Out to Work<br>Yr 9 ERD Future Planning<br>Yr 10 ERD Morrisby & Apprenticeships<br>Yr 11 ERD Future Planning<br>Yr 10 Work Experience<br>Yr 9 Options Process  |

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|   |  |                                    |  |  | Yr 9 ICT - Careers unit<br>Careers Fair - Years 10+<br>Protected Characteristics<br>Careers & Pathways<br>GCSE Business  |
| Spring Term 1<br><br><b>Risk &amp; Safety</b> |  | Relationships                      | The Teenage Brain (KS4 Hodder 7.1)<br>Rights & Responsibilities (KS4 Hodder 7.2)<br>Perceive | Yr 7 Unit Smoking, Drugs & Alcohol<br>Yr 7 Unit Identity<br>Yr 7 ERD E-Safety<br>Yr 8 ERD Drugs & Risk<br>Yr 8 ERD Gangs & Knife crime<br>Yr 8 ERD E-Safety<br>Yr 8 ERD Communities<br>Yr 9 ERD Drugs<br>TOTF E-Safety | <b>Post:</b><br>Yr 9 ERD Health & Safety<br>Yr 9 ERD Abuse in Relationships<br>Yr 9 Unit Sex, Sexuality & Sexual Health<br>Yr 11 ERD Drugs & Alcohol<br>Yr 11 ERD Intimate Relationships<br>6th form TT - Digital Footprint & Trust<br>6th form ERD - Road Safety<br><br><b>Other:</b><br>TOTF E-Safety<br>SMSC - Social & Moral<br>KS3 Drama Humpty Dumpty, gangs & coercive behaviour<br>GCSE Business - AI, social media & targetted audiences<br>KS4 & 5 Dance & Drama Stimuli |
|   |  | Relationships                      | When things go wrong online (KS4 Hodder 7.3)<br>E-Safety<br>Trolling                         |  |  |
|   |  | Relationships                      | Gange & Knife Crime (KS4 Hodder 7.4)<br>Consequences   |  |  |
| PSHE Day                                      |  | Living in the Wider World          | Health & Safety<br>Hazard  | Yr 8 Unit Risk & Safety<br>Yr 9 Unit Risk & Safety   | Yr 9 ERD Out to Work<br>Yr 10 Work Experience<br>Food Tec - Health & Safety  |
|   |  | Physical Health & Mental Wellbeing | <b>Drugs</b> (KS4 Hodder 4.1)<br><b>Alcohol</b> (KS4 Hodder 4.2)<br>Possess                  | Yr 7 Unit Alcohol, Drugs & Smoking<br>Yr 8 Unit Risk & Safety<br>Yr 8 ERD Drugs & Risk   | Yr 9 Unit Risk & Safety<br>Yr 11 ERD Drugs & Alcohol<br>6th form TT Alcohol safety, Summer safety & Festival safety<br>SMSC - Social & Moral<br>KS4 Water intake & alcohol<br>GCSE Drama & Dance Stimuli<br>Yr 9 Drama text - drugs & drink driving<br>KS4 legal & illegal products<br>Yr 8 Music - reggae & rastafarian   |

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|   |  | Relationships & Sex Education | <b>Relationships</b><br>Exploitation & Abuse (KS4 Hodder 2.4)<br>Help & Support (KS4 Hodder 2.5)<br><b>Exploitation</b>  | Yr 7 Unit Sex & Relationships<br>Yr 8 Unit Risk & Safety<br>Yr 8 Unit Relationships<br>Yr 9 ERD Healthy Relationships<br>Yr 9 Unit Risk & Safety                            | Yr 9 Unit Sex, Sexuality & Sexual Health<br>Yr 11 ERD Intimate Relationships<br>6th form TT Healthy Relationships, Porn & Trust<br>SMSC - Social & Moral<br>KS4 & 5 Dance & Drama Stimuli<br>Geography Yr 8 & 9 - China & India Missing Girls  |
| Spring Term 2<br>Sex, Sexuality & Sexual Health |  | Relationships & Sex Education | Consent (KS4 Hodder 3.1)<br>Sexual Relationships (KS4 Hodder 3.2)<br><b>Affection</b>                                    | Yr 7 Unit Relationships<br>Yr 7 Unit Sex & Relationships<br>Yr 8 Unit Risk & Safety<br>Yr 8 Unit Relationships<br>Yr 8 ERD Know Your Body<br>Yr 9 ERD Healthy Relationships | <b>Post:</b><br>Yr 10 ERD STIs<br>Yr 11 ERD Intimate Relationships<br>6th form TT Sexual Consent, Pregnancy & Options, STIs<br><br><b>Other:</b><br>SMSC - Social & Moral<br>Geography - Yr 8 China One Child Policy<br>Geography - Yr 9 India Missing Girls<br>KS4 Pregnancy & Diet |
|   |  | Relationships & Sex Education | Sexual Health (KS4 Hodder 3.3)<br><b>Conception</b>  |   |  |
|   |  | Relationships & Sex Education | Pregnancy Choices (KS4 Hodder 3.4)<br><b>Stigma</b>  |   |  |
| KS3 PSHE Day                                    |  | Living in the Wider World     | Out to work shadow day   | Yr 8 Unit Future Planning<br>Yr 9 Unit Future Planning<br>Yr 9 ERD Morrisby & Options<br>Yr 9 ERD Health & Safety   | Yr 9 ERD Future Planning<br>Yr 10 ERD Morrisby<br>Yr 11 ERD Future Planning<br>Yr 10 Work Experience<br>Careers & Pathways<br>Skills Builder   |
| Summer Term 1<br>Identity & Living in Britain   |  | Relationships                 | Individual, Family & Community Values (KS4 Hodder 8.1)<br>Diverse & Conflicting Values (KS4 Hodder 8.2)<br><b>Values</b> | Yr 7 Unit Identity<br>Yr 8 ERD Communities<br>Yr 8 ERD Families<br>Yr 8 Unit Relationships<br>Yr 9 ERD TGS Ways & Diversity<br>Yr 8 English Global Identities               | <b>Post:</b><br>6th form TT Marriage & Families<br>6th form TT Stereotypes<br><b>Other:</b><br>British Values<br>Protected Characteristics<br>SMSC - Social & Moral  |
|   |  | Relationships & Sex           | Gender Identity & Transgender (KS4 Hodder 8.3)   |   |  |

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|  |  | Education                                       | Identity   |   | Geography - Culture & Settlements<br>KS5 Geography - Equality<br>PE - Difficulties & Barriers<br>KS3 Drama text - Face & Stephen Lawrence |
|  |  | Relationships                                   | Living in Britain (KS4 Hodder 9.1)<br>The Equality Act (KS4 Hodder 9.2)<br>Tolerance   |   |   |
| PSHE Day                                 |  | Living in the Wider World                       | Finance<br>Budgeting (KS4 Hodder 11.1)<br>Responsible Consumerism (KS4 Hodder 11.2)<br>Consume                                     | Yr 7 ERD Budget to Mars<br>Yr 8 Unit Finance  | Yr 10 ERD Finance<br>Yr 11 ERD Finance<br>6th form ERD Finance<br>SMSC - Moral<br>Maths   |
|  |  | Living in the Wider World                       | Future planning<br>What do I want to do? (KS4 Hodder 10.1)<br>Type of Employment & Employment Trends (KS4 Hodder 10.3)<br>Ambition | Yr 7 ERD Self Awareness - Skills & Qualities<br>Yr 8 ERD Speed Networking<br>Yr 8 ERD LMI<br>Yr 8 Unit Future Planning<br>Yr 9 Unit Future Planning<br>Yr 9 ERD Morrisby & Options<br>Yr 9 ICT Careers Unit | Yr 10 ERD Morrisby & Apprenticeships<br>Yr 11 ERD Future Planning<br>Careers Fair Years 10+<br>Protected Characteristics                  |
|  |  | Living in the Wider World<br>Healthy Lifestyles | Race For Life  | Yr 7 Unit Healthy Lifestyles<br>Yr 7 ERD Know Your Body<br>TGS Way & Values<br>Charity Events<br>Yr 7 ERD Race for Life   | Charity Events<br>Race For Life   |
| Summer Term 2<br>Living in Britain Cont. |  | Living in the Wider World                       | Discrimination through invisibility (KS4 Hodder 9.3)<br>Challenging Discrimination (KS4 Hodder 9.4)<br>Discrimination              | Yr 7 Unit Identity<br>Yr 7 ERD TGS Way & Democracy<br>Yr 8 Unit & ERD Communities<br>Yr 9 ERD TGS Way & Diversity<br>Yr 7 History - Formation of British Parliament   | <b>Post:</b><br>6th form TT - Stereotypes<br>6th form ERD - Politics  |
|  |  | Living in the Wider World                       | Democracy & Voting (KS4 Hodder 9.5)  | Yr 9 History Democracy  | <b>Other:</b><br>British Values<br>SMSC - Social & Moral<br>Protected Characteristics   |

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|  |  | World | Politics |  | GCSE Business - discrimination in the workplace<br>Yr 9 Drama text - Noughts & Crosses<br>KS5 Geography - Equality<br>PE - difficulties & barriers |
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| Yr 10 Curriculum |                                    |  |   |  |
|------------------|------------------------------------|--|---|--|
| Dates            | Key Topic                          | Content  | Retrieval Links   | Connections  |
| ERD 1            | Physical Health & Mental Wellbeing | <b>Being Health Aware</b><br>New Challenges<br>Recognising Mental Health<br>Resonate | Yr 7 Unit Healthy Lifestyles<br>Yr 7 ERD Happiness<br>Yr 8 Unit Emotional Wellbeing & Mental Health<br>Yr 9 ERD Healthy Lifestyles<br>Yr 9 Unit Emotional Wellbeing & Mental Health | GCSE Drama & Dance Stimuli<br>Geography - Quality of Life<br>PE promotes the value of exercise on mental health<br>KS4 Food - diet & mental health<br>Yr 11 ERD - Exam pressures<br>6th form TT - Healthy Lifestyles |
| ERD              | Living in                          | <b>Careers Fair</b>  | Yr 7 ERD Self Awareness - Skills & Qualities  | Yr 11 ERD Future Planning  |

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| <b>1</b>     | the Wider World                    | <b>Introduction to Morrisby</b><br>Morrisby<br>CVs & Covering Letters<br>Impression  | Yr 8 ERD LMI<br>Yr 8 ERD Speed Networking<br>Yr 8 Unit Future Planning<br>Yr 9 Unit Future Planning<br>Yr 9 ERD Morrisby & Options<br>Yr 9 ICT Careers unit | Skills Builder<br>Yr 10 Work Experience<br>Protected Characteristics<br>GCSE Business<br>6th form TT - Reflections & Aspirations                           |
| <b>ERD 1</b> | Living in the Wider World          | <b>Philosophy &amp; Ethics</b><br>Moral  | RPE Years 7 8 9<br>Yr 7 Faith & Values  | KS4 Food - Fair Trade & Ethics<br>SMSC<br>GCSE Business - Equality Act, Ethics & the Environment, protests & influences<br>GCSE RPE                        |
|              |                                    |  |   |  |
| <b>ERD 2</b> |                                    | <b>STIs &amp; Contraception</b><br>(OM Health)<br>Transmitted  | Yr 7 Unit Sex & Relationships<br>Yr 8 ERD Know Your Body<br>Yr 9 Unit Sex, Sexuality & Sexual Health  | Yr 11 ERD Intimate Sexual Relationships<br>SMSC - Social & Moral<br>6th form TT - STIs   |
| <b>ERD 2</b> |                                    | <b>Exam Pressures &amp; How to Revise</b><br>Mock Exam Preparation<br>Revision Techniques & Materials<br>Dealing with pressure<br>Revision | Yr 8 Unit Emotional Wellbeing & Mental Health<br>Yr 9 Unit Emotional Wellbeing & Mental Health  | Mock & GCSE Exams<br>Specific Subject Revision strategies & resources<br>6th form ERD Study Skills   |
| <b>ERD 2</b> | Living in the Wider World          | <b>Mock Interview</b><br>Preparation<br>Reflection<br>Interview  | Yr 7 Self Awareness - Skills & Qualities<br>TGS Way Values - Confidence<br>Yr 9 ICT Careers unit  | Yr 10 Work Experience<br>Careers & Pathways<br>TGS Values - Confidence<br>Protected Characteristics<br>GCSE Business - interview processes<br>Careers Fair |
|              |                                    |  |   |  |
| <b>ERD 3</b> | Physical Health & Mental Wellbeing | <b>Drugs &amp; Alcohol</b><br>Addiction & Dependency<br>(KS4 Hodder 4.3)<br>Dependency   | Yr 7 Unit Alcohol, Drugs & Smoking<br>Yr 8 ERD Drugs & Risk<br>Yr 9 ERD Drugs<br>Yr 8 Music reggae & rastafarianism   | SMSC - Social & Moral<br>KS4 PE - illegal & legal products<br>KS4 Food - alcohol & water intake  |

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| <b>ERD 3</b> | Living in the Wider World                       | <b>World of Work</b><br>(Future Planning)<br>Rights & Responsibilities at Work<br>(KS4 Hodder 10.4)<br>Employment Opportunities<br>(KS4 Hodder 10.5)<br>Rights | Yr 7 Self Awareness - Skills & Qualities<br>Yr 8 ERD LMI<br>Yr 8 ERD Speed Networking<br>Yr 8 & 9 Unit Future Planning<br>Yr 9 ERD Morrisby & Options | Protected Characteristics<br>SMSC - Moral<br>Careers & Pathways<br>GCSE Business - discrimination in the workplace<br>Careers Fair |
| <b>ERD 3</b> | Living in the Wider World<br>Healthy Lifestyles | <b>Race For Life</b>   | Yr 7 Unit Healthy Lifestyles<br>Yr 7 ERD Know Your Body<br>TGS Way & Values<br>Charity Events<br>Yr 7 ERD Race for Life                               | Charity Events<br>Race For Life  |

| Yr 11 Curriculum |                           |   |                                       |   |
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| Dates            | Key Topic                 | Content   | Retrieval Links                       | Connections   |
| <b>ERD 1</b>     | Living in the Wider World | <b>Finance</b><br>Credit & Debt<br>(KS4 Hodder 11.5)<br>Money Stresses & Pressures<br>(KS4 Hodder 11.6)<br>Debt | Yr 8 Unit Finance<br>Yr 9 ERD Finance | Maths - percentages & interest rates<br>GCSE Business - sources of finance, entrepreneurship & enterprise<br>6th form ERD - Finance |
| <b>ERD</b>       | Living in                 | <b>Careers Fair</b>   | Yr 7 Self Awareness - Skills &        | Careers & Pathways  |

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| 1     | the Wider World                    | <b>Apprenticeships Destination</b>  | Qualities<br>Yr 8 ERD LMI<br>Yr 8 ERD Speed Networking<br>Yr 8 & 9 Unit Future Planning<br>Yr 9 ERD Morrisby & Options  |   |
| ERD 1 |                                    | <b>Intimate Sexual Relationships</b><br>Sexual Harassment (OM Health)<br>Harassment   | Yr 7 Unit Relationships<br>Yr 7 Unit Sex & Relationships<br>Yr 8 Unit Relationships<br>Yr 9 ERD Healthy Relationships<br>Yr 9 Unit Sex, Sexuality & Sexual Health<br>Yr 10 STIs & Contraception<br>Yr 8 & 9 China & India Missing Girls & Gender Inequality | SMSC - Social & Moral<br>KS4 Dance & Drama stimuli<br>6th form TT Sexual Consent  |
|       |                                    |   |   |   |
| ERD 2 |                                    | <b>Philosophy &amp; Ethics</b><br>Ethical   |   | KS4 Food - Fair Trade & Ethics<br>SMSC<br>GCSE Business - Equality Act, Ethics & the Environment, protests & influences   |
| ERD 2 | Living in the Wider World          | <b>Future Planning</b><br>Records of Achievement<br>Reflection<br>Revision Preparation<br>Decide Commit Success<br>Reflection | Yr 7 Self Awareness - Skills & Qualities<br>Yr 10 Morrisby - CVs & Covering letters<br>Yr 10 Exam Preparations  | GCSE Exams<br>Careers & Pathways<br>6th form TT Reflections & Aspirations   |
| ERD 2 | Physical Health & Mental Wellbeing | <b>Health &amp; Wellbeing</b><br>Being Health Aware (KS4 Hodder 6.3)<br>ITrigger  | Yr 7 Unit Healthy Lifestyles<br>Yr 8 Unit Emotional Wellbeing & Mental Health<br>Yr 8 ERD Know Your Body<br>Yr 9 ERD Healthy Lifestyles<br>Yr 9 Unit Emotional Wellbeing & Mental Health  | GCSE Dance & Drama Stimuli<br>Geography - Quality of Life<br>PE promotes the value of exercise on mental health, diet & fitness<br>KS4 Food - diet & mental health<br>Music influences on mental health<br>6th form TT Healthy Lifestyles |

## Yr 12 Curriculum

| Dates | Key Topic                 | Content  | Retrieval Links | Connections |
|-------|---------------------------|--|-----------------|-------------|
| ERD 1 | Living in the Wider World | <b>Politics</b> <ul style="list-style-type: none"><li>• Current position</li><li>• Responsibilities</li></ul>  |                 |             |
| ERD 1 | Living in the Wider World | <b>Study Skills</b> <ul style="list-style-type: none"><li>• Note taking</li><li>• Wider reading</li><li>• Summarising</li><li>• Prioritising</li></ul> |                 |             |

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| ERD 1 | Physical Health & Mental Wellbeing | <b>Mindfulness</b> <ul style="list-style-type: none"> <li>• Relaxation</li> <li>• Breathing techniques</li> </ul>  |  |  |
| ERD 1 | Living in the Wider World          | <b>Careers Fair</b>  |  |  |
| ERD 1 | Living in the Wider World          | <b>Road Safety</b> <ul style="list-style-type: none"> <li>• Seatbelts</li> <li>• Responsibilities</li> </ul>   |  |  |
| ERD 1 | Living in the Wider World          | <b>iPad Launch</b> <ul style="list-style-type: none"> <li>• Troubleshooting</li> <li>• Registration</li> <li>• Responsibilities</li> </ul>                   |  |  |
|       |                                    |  |  |  |
| ERD 2 | Physical Health & Mental Wellbeing | <b>Terrence Higgins Trust</b> <ul style="list-style-type: none"> <li>• Sexual Health</li> <li>• Self Care/Examinations</li> <li>• Support</li> </ul>         |  |  |
| ERD 2 | Living in the Wider World          | <b>Oracy/Debate</b> <ul style="list-style-type: none"> <li>• Confident Public Speaking</li> <li>• Debate skills</li> </ul>                                   |  |  |
| ERD 2 | Living in the Wider World          | <b>University of Suffolk - Escape Room</b> <ul style="list-style-type: none"> <li>• Problem Solving</li> <li>• Team Building</li> </ul>                      |  |  |
| ERD 2 | Living in the Wider World          | <b>Personal Branding</b> <ul style="list-style-type: none"> <li>• Next Steps</li> <li>• CV &amp; Covering Letters</li> <li>• Interview techniques</li> </ul> |  |  |

|       |  |                            |  |  |
|-------|--|----------------------------|--|--|
| ERD 2 |  | Basic First Aid            |  |  |
| ERD 2 |  | RPE                        |  |  |
|       |  |                            |  |  |
| ERD 3 |  | Volunteering/Community Day |  |  |
| ERD 3 |  | Race for Life              |  |  |

| Yr 13 Curriculum |                           |   |                 |             |
|------------------|---------------------------|---|-----------------|-------------|
| Dates            | Key Topic                 | Content   | Retrieval Links | Connections |
| ERD 1            | Living in the Wider World | <b>Oracy</b> <ul style="list-style-type: none"> <li>Confident speaking</li> <li>Body Language</li> </ul>                          |                 |             |
| ERD 1            | Living in the Wider World | <b>Ready Steady Cook</b> <ul style="list-style-type: none"> <li>Cooking skills</li> <li>Planning &amp; Budgeting</li> </ul>       |                 |             |
| ERD 1            | Living in the Wider World | <b>Finance</b> <ul style="list-style-type: none"> <li>Budgeting</li> <li>Credit Cards</li> <li>Loans</li> <li>Pensions</li> </ul> |                 |             |

|       |                                    |   |  |  |
|-------|------------------------------------|---|--|--|
| ERD 1 | Living in the Wider World          | <b>Self Defence</b> <ul style="list-style-type: none"> <li>• Basic safety</li> <li>• Confidence</li> </ul>  |  |  |
| ERD 1 | Living in the Wider World          | <b>Careers Fair</b> <ul style="list-style-type: none"> <li>•</li> </ul>   |  |  |
|       |                                    |   |  |  |
| ERD 2 | Physical Health & Mental Wellbeing | <b>Mindfulness</b> <ul style="list-style-type: none"> <li>• Coping with exam stress</li> <li>• Support</li> <li>• Breathing &amp; Calming techniques</li> </ul> |  |  |
| ERD 2 | Living in the Wider World          | <b>Summer Safety</b>  |  |  |
| ERD 2 | Living in the Wider World          | <b>Personal Branding</b> <ul style="list-style-type: none"> <li>• Next Steps</li> <li>• CV &amp; Covering Letters</li> <li>• Interview techniques</li> </ul>    |  |  |
| ERD 2 |                                    | <b>Exam Preparation</b>   |  |  |
| ERD 2 |                                    | <b>RPE</b>  |  |  |
| ERD 2 |                                    |   |  |  |
|       |                                    |   |  |  |

## 6th Form Tutor Time Programme

| Week | Year 1                 | Year 2                                     |
|------|------------------------|--|
| 1    | Intro to PSHE          | Intro to PSHE                              |
| 2    | Resilience             | Hygiene/Cleanliness                        |
| 3    | Anxiety                | Sleep                                      |
| 4    | The Environment        | Marriage & Families                        |
| 5    | Remembrance            | Trust                                      |
| 6    | Healthy Relationships  | Donations (stem/blood/organ)               |
| 7    | Toxic Beauty           | Stereotypes                                |
| 8    | Sleep                  | Breasts                                    |
| 9    | Porn                   | Testicles                                  |
| 10   | Low Mood               | Good Sex                                   |
| 11   | Self Esteem            | Pregnancy Options                          |
| 12   | Self Care              | Fertility                                  |
| 13   | Violence Towards Women | Alcohol Safety                             |
| 14   | Sexual Consent         | HPV & Vaccines                             |
| 15   | Buddhism               | Healthy Lifestyles (inc dentist & smoking) |
| 16   | Festival Safety        | Digital Footprint                          |
| 17   | STIs                   | Holiday Safety                             |

|           |                           |                           |
|-----------|---------------------------|---------------------------|
| <b>18</b> | Health Screening          | Personal Brand            |
| <b>19</b> | Reflections & Aspirations | Reflections & Aspirations |