



*Excellence: for each, for all*

# PORTRAIT

THOMAS GAINSBOROUGH SCHOOL MAGAZINE • JULY 2018 • ISSUE 19



# Graduation



# on 2018



Our annual Graduation Ceremony on Friday 22nd June was a huge success. It was a great way to celebrate the academic achievements of our Year 11 pupils with 72 awarded full honours. We were delighted to be joined by the Chair of Great Cornard Parish Council, The Mayor of Sudbury and Mr James Cartlidge, MP for South Suffolk who was our Guest of Honour.

Congratulations to all our Year 11s.



# P R O



The Year 11 Prom took place at Colchester United Football Club on Friday 29th June. It was a hugely successful evening with some amazing vehicles on show to compliment the outfits beautifully! The students had a great evening and enjoyed the dancing and socialising as well as the photo booth. A link to all the photographs has been shared with all those who attended via their school email address. It is available until the end of September. Students also voted for their Prom King and Prom Queen during the evening, with the winners being Thomas Dudden and Ella Keep.

Congratulations to them!

Mr W Ponsford



OM!





Although the end of a busy Summer term is on the horizon there has been so much to squeeze in before it ends.

Watching our lovely Abbas Year 11s graduate was a beautiful celebration of their achievements whilst at TGS. The marquee looked fantastic and was certainly the right setting for the smartly dressed young ladies and gentlemen that took to the stage to collect their achievement records. I am always amazed at just how different and grown up the students look in “home” clothes and not their uniform! I will admit to being a little sad too, having joined TGS at the same time as this year group, and watched them all the way through.

I will miss them.

Our fundraising efforts have continued to go well – we have now raised over £1600 for East Anglian Air Ambulance this year. We are hoping to take a team to the helicopter base this term to symbolically hand over our cheque and meet some of the team that will put it to good use. The photo shows a summer cake made by Holly Bunter (ABO) for the final “Munchy Monday” cake sale of the year. Brilliant idea and so creative Holly – well done and thank you! Our Three Peaks Challenge was another successful charity event and saw teams of six complete 35 bottom to top flights of stairs each to match the height of the Yorkshire Three Peaks. On a hot day I was amazed that everyone completed it but also many (including the senior leadership

team) actually ran it! A fantastic effort all round. Thank you. Finally on the subject of fundraising Abbas gained £75.67 for EAAA by simply using the Easyfundraising page to shop online. Please consider looking at this website, it doesn’t cost the shopper anymore, yet raises funds for our house charity.

Thank you.

Mrs N Wilby



**Victory! Abbas win  
Swimming Gala &  
Sports Day!**

What a wonderful Summer term we have had – and I am not just talking about the weather!

Yr 11 have now left us after their stunning graduation and prom night – I am so proud of you all for your hard work and wish you well for the future – I hope to see many of you on results day.

## Charity Money

Our Chamberlain committee also staffed a Charity Book Sale last week to raise even more money for Suffolk Family Carers. Thank you to those members who helped and also thank you to Ben Franklin for his generous donation of books for us to sell. So far this year we have raised over £1000 for our chosen charity and they are extremely appreciative of our efforts. Sheree Driver, our Family Carer, told me: “We are overwhelmed by the school’s efforts to raise this money and honoured to be considered as the recipient of this fundraising. It is pleasing to hear and see that the students have such a supporting sense of community around them. I personally thank you for your efforts, and would love to come and offer an assembly with some students in September.”

## More Amazing Students

We have some spectacular individuals in our house that I would like to take a moment to mention. Seb Martin & Fred Adams have just made their way on to our Wall of Fame in the Lightwell for their outstanding achievements outside of school and you can read their articles in here.

Katherine Chapman has been selected to take part in Camp CEO as part of girl guides. She is one of the youngest from the group of 20 selected from all over the UK. The camp is ‘a unique opportunity for girls to learn from female CEOs, challenge themselves and think about their own goal.’

“Our research has found that 90% of 9 to 10 year-olds think women and men have the same chance of succeeding in their

jobs. But only 35% of 17 to 21 year-olds feel the same.

Camp CEO is about changing that. A four-day residential for young women aged 14 to 17, you’ll take part in workshops that will prepare you for your future career, such as interview skills, networking and using social media to create your brand.”

Katherine was nominated by her group leader and had to complete a written application and phone interview in order to be successful. It will be great to see the pictures of what they get up to and hear how inspiring it was – well done Katherine!



Another huge Well Done to tutor group HFR for winning the Guess the Score World Cup competition. Chamberlain was the most accurate house winning the overall competition and our highest tutor group HFR was able to enjoy their pinata reward.



I hope you all have a lovely Summer (and hope that the weather stays good for it) and I look forward to seeing you all again in September with our new Chamberlain members.

Miss J Hilson

This term we said good-bye to our Year 11 students. They have made their families, teachers and tutors in Houghton very proud with all their personal and academic achievements. We feel privileged to have been part of this journey and wish them the best of luck! This Year 11 group had some truly inspirational students who have been a role model for the younger students: some examples are Ruby East and her great performance (gold medal) in The Golden Girls Box Cup in Sweden; Natasha Farrelly with her excellent music performances; Macey Hinton's outstanding participation in the British Cycling Young Volunteers Award and European BMX races; Ollie Hughes' outstanding and moving performances in school productions and the choir; and Patricia Pavon showed us that with determination and bravery you can overcome challenges and thrive. What an inspiration! You have made Houghton so proud!

I would like to thank our House Captains, Oscar Edwards and Ella Keep, as they have invested their own time and efforts in making things better for Houghton and everybody in it; they have also been a great example for all students in Houghton.

### Honour: Excellent examples of school values

During this term we have seen some excellent examples of how students in Houghton are displaying the school values in and out of school. I would like to mention the following students for their outstanding achievements during this term: Archie Bennet-Bonner in 10ABL for winning silver medal at British Jiu-jitsu championships.

Noah Rose and Noah Ruse in 7TBA for representing the school at tennis and both recording a single victory. Perhaps a Murray in the making?

Noah Ruse in 7TBA for being picked for the U18 Sudbury tennis club.

Amelia Lee in 8JKE for competing at the South of England County Show with her pony and qualifying for the Horse of the Year Show which is held at the NEC

in October. She has very kindly written an amazing and inspirational account of her journey to this great achievement. I hope you enjoy it!

### Valour: Horse of the Year competition

All horse owners and riders aspire to be a part of Horse of the Year show, which has been running since 1949. It is the 5th time I have been lucky enough to compete at the show which is held at the NEC in Birmingham. There are 21 qualifying shows held all around the country and this was my first attempt at qualifying with my pony Missy.

On the 9th of June I went to south of England Horse Show held at Ardingly, Sussex. I was second to jump, which made me nervous. However we went into the arena and achieved the best we have ever done.

After everyone had jumped, we were called back into the ring for the results. I was so nervous and excited to see how we did, and was overwhelmed to find out that I had qualified. This has been such a reward for all our hard work and training since September 2017. Missy came over from Ireland having not done much show jumping, so I've had to spend months training her. People often don't understand how much practice and pain it takes to get to this level. Success is no accident; it takes hard work, perseverance, dedication and most of all love for what you do.

Amelia Lee

Mrs L Hurtado





Exam season has now been and gone. We have had a changing of the guard with our new House committee who have made a very positive start.

Our last charity event of the year is the 'Smelly Welly Boot Challenge'. Pupils are able to 'vote' for their favourite teacher to win the honour of donning the wellies, full of all sorts of disgustingness, by donating money into the correct box at Student Services. The challenge is running from Monday 9th to Friday 20th July. The Teacher with the most money in their box at the end of break on Friday 20th July will have to wear the wellies at lunchtime on the same day in front of the main students' entrance. The teachers who are in the running are: Mr Lloyd, Mrs Yapp, Mr Alexander, Mrs Forster, Mr Harris, Mrs Kelly, Mr Bloyce, Miss Buchanan and my good self! Students – Choose your victim and get that cash into the correct box!

Have a great summer and look after yourselves! Come back refreshed and eager to go in September!

Mr W Ponsford

Well Tollemache House we have come to the end of the academic year and what a year it has been!

Tollemache students should be very proud of the achievements they have conquered this year. Reading your reports a great number of you have reached your target grades which is impressive. Watching you take part in the Sports Day and Swimming Gala has been a privilege. Seeing year groups working as a team demonstrating the school values is inspirational. There are some amazing athletes in our house that have represented the school, county and some lucky few, the UK, which is fantastic. Thank you for the fund raising events throughout the year for the Thomas Bowdidge Teenage cancer charity. Tom's mum and the CEO of the charity have visited throughout the year to take part in assemblies and charity events. Mrs Bowdidge has been impressed with the effort and commitment to the charity the Tollemache students have shown. We have raised a considerable amount for the charity. This money will be used to help

teenagers with the difficulties they face when ill with the disease. This can be transport, clothing, new beds, the list is endless.



I have also been blown away by the competitions this year. The response from Tollemache House has been amazing. The quality and quantity of entries have been outstanding.

It has come to the term that we say goodbye to Year 11. I felt this was done very eloquently by the Heads of House, the head and our guest speaker James Cartlidge. Good luck guys: we will miss you in lower school. I wish you every success in your A levels here in the sixth. I look forward to working with you as mentors and prefects in the new term. As we say goodbye to one set of students others are waiting to make their mark at TGS. In the final week of term we welcome the Year Six students to their new school. The Heads of House have organised a competition, a Sports Day and a drama showcase. The new students will take part in taster lessons. This all helps to make the students get a feel for their new school.

It is now time to take a long deserved break and reflect on the past academic year. Plan your holiday wisely. Do not waste the precious time you have with your family and friends! Remember to prepare yourself for the autumn term. Reading around a topic can also give you a deeper understanding of the subject. Why not dip into the TGS 50 books and be transported to another era or country? Remember to complete summer tasks, top up on your stationery.

Goodbye Tollemache! Looking forward to seeing you all in the autumn term.

Mrs F Raleigh



# Competitions



At TGS we take our competitions very seriously. Every month there are several house competitions. This gives the students a wide range of choice of topics to explore. Entering a school competition inspires the students to get involved with school life. We reward students' entries with merits, letters home and trips to exciting locations of their choice.

During each term the houses battle it out to win the Chelsworth Cup. There is always great excitement during our celebration assemblies to see which house has earned the most merits and won the cup. When the cup comes in to the assembly hall, covered over with a cloth to conceal the winners ribbons, the atmosphere is electric. Students are exchanging their preferred house prefaces in excited hushed tones, as the cup passes by.

Mr Ponsford has the whole school guessing who will win. There is great tension in the room when the results are counted down to the winner. When the cloth is removed and the cup with the new house ribbons are revealed the school erupts into cheers. A fitting way to end a celebration assembly and the school term. Thank you to all the students who got involved with the competitions this year.

Mrs F Raleigh

# ENRICHMENT

Yet another busy term for Enrichment – well done to all of you who have attended a club or tried something new this year. According to our figures 72.5% of students in the lower school (Years 7 – 11) have attended a club this year!

## Mini Bus Madness

We went to visit the Foxearth Meadows Nature Reserve with A Rocha UK. A Rocha are a charity organisation who are keen to educate and motivate others to care for the environment. We had a glorious afternoon in the sun looking at the variety of different creatures and their habitats from cows to dragonflies. We learnt about how the reserve is trying to preserve these creatures and their plans for the future – we certainly hope to go back for another visit next year.

We finally made it back to Arger Fen this year – creating twine from nettles and tree bark, and beads to decorate our twine. Students lit fires using natural objects on which we were able to roast marshmallows. And finally we brewed nettle tea to finish off our visit.

Look out in September for our Enrichment Fair where we will advertise next years clubs and more Mini Bus Madness trips.



## Textiles Club

We have been very busy during after school textiles club. After grouping together and discussing what we wanted to do, we decided that we were going to experiment with tie dye and embellishing blank canvas bags. After taking some cameras around the school fields, we took some beautiful pictures of all the wild plants to get some inspiration. We soon came up with some brilliant and creative ideas that will involve either hand sewing, using the sewing machines, transfer printing and tie dyeing.

For anyone wanting to do Tie Dye at home it's a very simple and fun process.

Miss J Hilson



## Swim The Channel Charity Event

On Friday 15th June a team of 30 students from across all houses took part in our Sponsored Swim event where we aimed to complete enough lengths to cover the distance across the English Channel.

Our target was 1352 lengths in 2 hours and by half time it was clear we were on track to reach this. Our team swam amazing well and very few of them even took a break. I know that some individuals completed over 100 lengths each! By 5pm we managed 1964 lengths which is 49,100m which is 30.5 miles – over our 21 mile target.

A huge well done to all who took part and those students who helped organise, advertise and run the event. Sponsor money is still coming in but at the last count we had over £600 raised which is a huge success.



Miss J Hilson

## Seb Martin-Karate

Seb is now ranked 2nd in the world in the 12 year old age group for karate after losing his final match in Dundee to the Romanian champion.

Seb started to learn karate when he was 4 years old and now trains four times a week at the SD School of Martial Arts in Colchester. He has gone through the belt grading system and is now a Brown-Black Belt.

Seb first represented England in the European Championships when he was 7 years old coming 3rd and now attends training sessions with the England Squad on top of his regular training. His aim is to become the World Champion and then compete in the 2024 Olympics (he will be too young for the 2020 Olympics).



## Fred Adams-Crufts

Congratulations to Fred for qualifying to compete in Crufts next year for the Agility Dog of the Year.

Fred first took an interest in dog agility when their 'naughty' family beagle was recommended obedience and agility classes to improve his behaviour by challenging him more.

Fred now competes with his 4 year old cocker spaniel George, completing a range of agility courses involving tunnels, jumps, frames and weaves. The aim of agility is to control your dog around the course in the quickest time making the least number of faults through verbal commands and arm signals. Fred won his qualifier round to Crufts by a clear 3 seconds. Since taking part in agility training Fred is now a qualified agility judge. This qualification involved passing a two-day course with a combination of theory and practical tests and he has completed his judging debut last month.

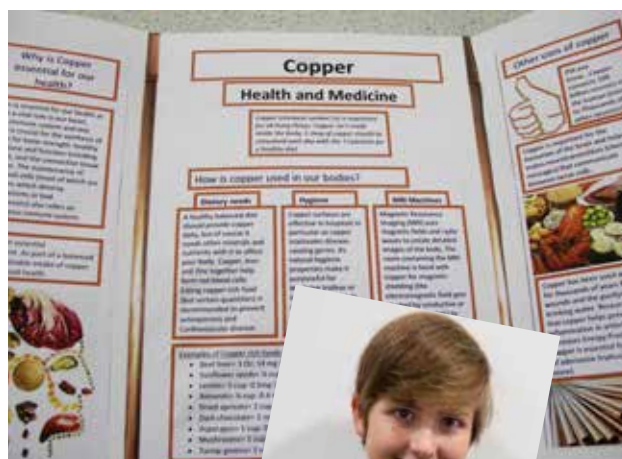
Miss J Hilson



## Kaitlin Riddle-Copper Competition

Many congratulations to Kaitlin Riddle who received a highly commended award for the national Uncover Copper competition.

Ms S Peacock



## Jemma Sargeant-Motocross

I started out riding two years ago with no real regard to limits. My first ride was on a PW80 riding around on kids tracks. The adventure started at Wild Tracks MX, quickly moving on to Washbrook farm, Foxborough Quarry, Rushmere, Besthorpe and Mildenhall. I learnt how to jump almost instantly until one ride set me back a bit. I was at Rushmere and went a little too far and flipped the bike on the landing.

After I had recovered, the next step was to move on to a bigger bike, so I ended up with a KX85. I hated it at first, getting used to the height and clutch. I soon made a similar mistake although this time it led to worse results: we were on the main track and I'd been riding all day, now losing the grip on the throttle. One more lap! One more lap! I kept saying to myself, but this pushed me into a place that I didn't want to be, I missed the landing and broke my hand. In that moment I knew I was coming off. As I landed the marshal ran to me and asked what hurt and the one thing I remember saying was "everything". They stopped the practice and the 4x4 picked me up from the track. After a 3 hour wait in A&E I discovered

I had broken two fingers and knuckles. They suggested a slab cast but went against it and left it to heal on its own. I couldn't ride for 4-6 weeks.

It was after this that we started going to races. Foxborough was first, I finished last by 1 second because I missed the transponder. Next was Hadham, this track is the worst of all. In my first race there I wasn't familiar with logs and bogs however in the second race there I improved on logs but not in bogs. In the second race I came 6th, losing places in the bog. SMCC had decided to let the adults do their three hour race first, resulting in deep ruts and slippery tree roots. Somehow I managed to get stuck on the sighting lap but still carried on and finished the race. The final race was at Tye Farm. This is the best track as it has no obstacles apart from a few off camber corners. I still managed to fall off on the first lap quickly becoming last. However I pushed up to get 7th overall.

Jemma Sargeant



## Annabel Mudge and Chelsie Lockwood

When school breaks and many pupils will be jetting off to the sunshine for their annual holiday, fellow students Annabel Mudge and Chelsie Lockwood will begin an intensive rehearsal schedule.

Both Annabel and Chelsie are to perform in Goodnight Mr Tom (adapted by David Wood from the novel by Michelle Magorian) at the Theatre Royal in Bury St Edmunds appearing alongside Roy Hudd OBE.

Annabel will play the teacher Mrs Hartridge and Chelsea will play the village librarian Miss Thorne who directs the local play. Both girls will also be part of the ensemble and as well as appearing on stage will gain valuable experience in all aspects of the production such as the stage design and the technical side.

Goodnight Mr Tom opens Friday 24 August until Saturday 8 September; for tickets call the Theatre Royal box office on 01284 769505



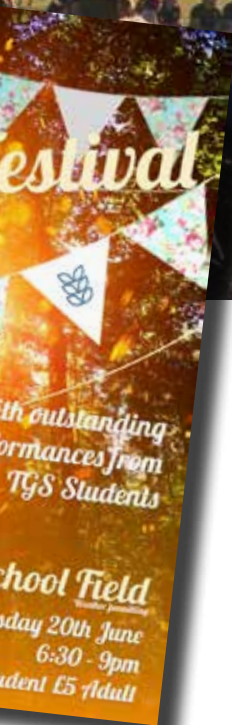


Our first outdoor music festival was a great success! Family and friends enjoyed amazing music from our students as the sun went down while enjoying picnics and ice cream.

We look forward to next year!

Mr N Reynolds





A huge thank you to all the students and staff, who helped to create the bunting for the TGS Music Fest! They worked under a great deal of pressure and produced bunting that represented each individual piece that was performed in a very short space of time.

We can always rely on your creativity and talent!

Mrs L Hempel

# Paris



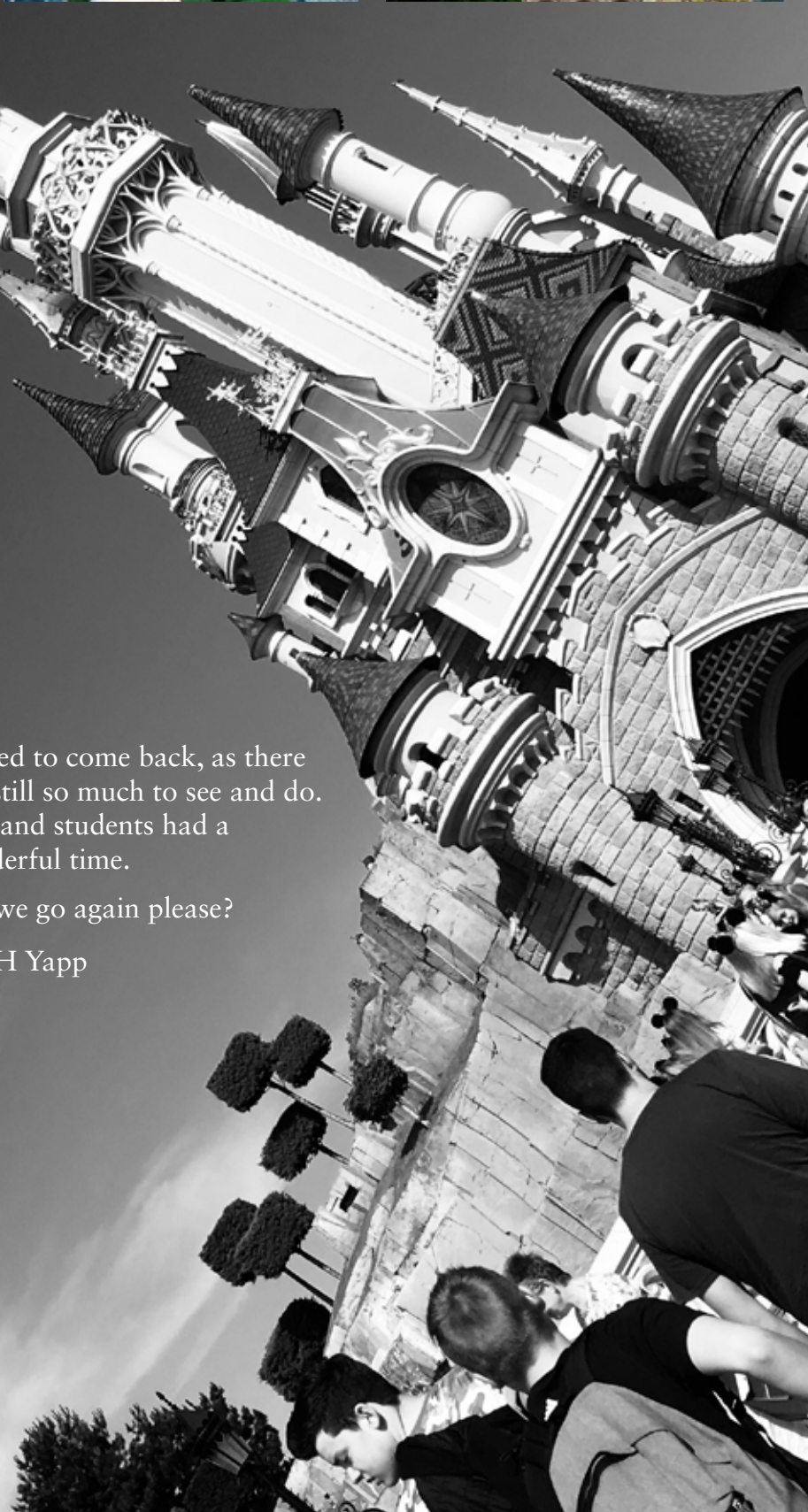
During the May half term a hundred Year 8 students and twelve staff enjoyed a busy few days in Paris. We travelled by coach via the Channel ferry to our accommodation just outside Paris. Our first day began with a very wet queue for the Eiffel Tower, but fortunately as we ascended, the rain stopped and we had magnificent views across the city. After lunch and a walking tour of the city, we ended the day in glorious sunshine cruising down the River Seine on a boat. On the second day, the promised rain stayed away and we were able to enjoy the atmosphere of Montmartre and the Sacre Coeur and buy lots of souvenirs (berets being the most popular choice). We finished the day at the Montparnasse Tower which was amazing and definitely provided us with the most panoramic views of the city.

The third day brought the greatly anticipated visit to Disneyland. Berets were quickly replaced by Mickey Mouse ears and tales of the rides and the characters that had been seen. The day went too quickly and all agreed they

wanted to come back, as there was still so much to see and do. Staff and students had a wonderful time.

Can we go again please?

Mrs H Yapp





## Bushcraft

On Thursday 5th July 51 clean and enthusiastic Year 7s and 5 staff left TGS for the annual Bushcraft trip, in Broughton Woods, Northamptonshire. We had amazing weather which enabled us to fully enjoy all the activities planned. The students built shelters to sleep in, fires to cook their own lunch on and made survival bracelets to wear and hopefully not use!

The camp kitchen provided a constant supply of lovely food to keep us fueled all day. One of the evening meals was carefully prepared by some of the teachers, who had to fillet a whole salmon each, culminating in a bush tucker trial challenge of fish eye eating. 1st place went to Amy Howells who enjoyed it so much she ate two!

Other activities included Archery, tomahawk throwing, sniper, knife skills, the art of camouflage and survival SOS. This was put to good use when students had to rescue 4 members of staff from a plane wreckage. Smoke bombs and fake blood everywhere!

Evenings drew to a close with riddles, stories, hot chocolate and cake around the campfire.

Who wouldn't enjoy all that despite 3 days without a wash!

Ms D Harman



The science department welcomed over 500 primary school pupils from the local area into TGS to experience the wonders of modern science. The presenters of the event included TGS staff, Colchester Zoo, Ardmore Vets, Sutton Hoo, NHS and the Police. The activities were varied, including dancing flames, bubbles, flame tests, DNA sweets and speed checks; this provided plenty of hands on science fun for the pupils and was a massive success.

Mrs N Beer



# Science Fair



Year 8 Geographers went on the annual trip to Felixstowe in May. As usual the weather was fantastic and the students really enjoyed completing questionnaires with the public, looking at various sites on the coast and of course a bag of chips at lunch time! All of the excellent data collected on the day will now be used to complete a project in class which is excellent practice for GCSE field skills. Thank you to all of the staff involved who ensured that Year 8 had a fantastic, educational and informative day.

Mrs C Kelly

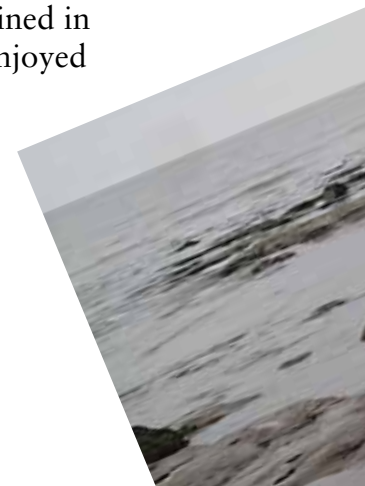
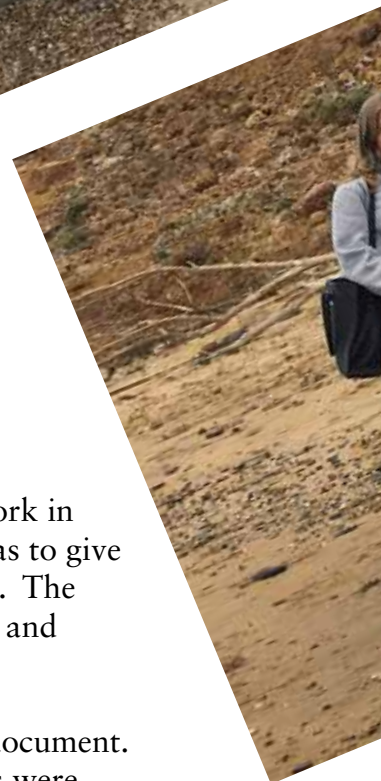


On the 7th and 8th June Year 10 Geographers undertook some field work in the coastal town of Walton-on-the-Naze. The intention of the trip was to give students experience of field work and putting class-taught ideas to the test. The students worked hard on both days, measuring beach sizes using transects and quadrants and looking at whether the coastal defences were effective.

The information collected on the day will be used to prepare a summary document. Students will evaluate how well the work was conducted and what lessons were learnt from the practical day. The skills learnt on the field trip will be examined in Year 11. We had fantastic weather, Year 10 were a joy to be with and we enjoyed our outdoor classroom very much - we even fitted in an ice cream!

Roll on the next field trip in July!

Mrs C Kelly







## TGS Historians dig up treasures in Foxearth

During the first week of June TGS Historians were lucky enough to be able to attend a three day archaeological excavation organised by The University of Cambridge. The excavation gives students the chance to develop new working and learning skills in a practical way and also raises educational confidence and aspirations. The dig is organised by the well-known archaeologist Catherine Collins and her team. Students worked hard finding various bits of pottery and treasures that had not seen the light of day for many years. The first two days of the

dig was held at Foxearth and the third day the students went off to Cambridge University for a lecture and guided tour. The Historians were really impressed with Cambridge University and now hope to study there in the future!

Good digging TGS!

Mrs C Kelly



Higher  
Education  
Field  
Academy



UNIVERSITY OF  
CAMBRIDGE  
Beacon School



## Arocha UK visits Philosophy

A local environmental charity named Arocha UK visited the Philosophy and Ethics in 8G3 on 23rd May to discuss religion and the environment. This is a topic that the students have been working on with Mrs Kelly over the past few weeks. The class listened and discussed the charity's work with Mark Prina the charity's local representative. Mark brought in a variety of larvae and fish from the Foxearth Reserve's ponds and the students really enjoyed looking at them and considering the impact climate change may have on them in the future.

Well done 8G3 for excellent questions about Christianity and the environment and demonstrating excellent listening skills during this informative session!

Mrs C Kelly



## Have Your Say – The Final

Ten TGS students travelled to Thomas Lord Audley School in Colchester on 16th May for the final of the Essex and East Anglia Modern Foreign Languages competition. Competition was tough, as many students had been knocked out at the semi-final and our plucky Year 7-9 French, German and Spanish students were asked to perform their role-play in front of students from schools such as Southend High School, St Benedict's, Stour Valley and De la Salle.

The students then had the additional task of reading aloud a new role-play to two judges, after only a few minutes' preparation time. Huge congratulations to Rosy Morelli and Hayley Provis who came second in the Year 8 German section, and to all the other brave competitors (Chloe

Forth, Amy Howells, Maisie Young, Keeley McSweeney, Millie Simon, Jessica Tarbet, Rosie Young and Rebecca Plumb). In the final part of the evening, the 260 finalists heard entertaining stories from the president of the Association for Language Learners detailing how communication skills and a working knowledge of languages had helped her. Mrs Young, Mrs Frid and Miss Rubio were all very proud of the students' efforts and how they embodied the values of resilience, positivity, happiness, confidence and respect. Thanks to Mrs Gammon, we were also able to film some role-plays in the Media suite against the green screen with amazing results and a fabulous recording for the students involved.

Mrs K Young



The TGS Annual Spelling Bee was held on 19th June 2018. It certainly was the best Spelling Bee to date. All of the houses competed with enthusiasm and pride. Every member of Year 7 (and staff!) were most definitely on the edge of their seats with excitement as the final round approached. The final result for the individual winner of the Spelling Bee was Alex Hayward (Tollemache). He was fantastic to watch in the final round. The winning house team was Tollemache. This was a very prestigious afternoon for Tollemache. I was very proud to be involved with such an amazing group of pupils who showed resilience and teamwork.

Well done to everybody who was involved!

Mrs K Wells



# Spelling Bee

## Reading Ambassadors

Pot Kiln Primary School visited the Library this half term and enjoyed sharing books with our Reading Ambassadors.

On May 18th, a mixed class of Reception and Year 1 visited the Library. Some of the Reading Ambassadors read to the children. It was great fun to help them with their learning. At the end I was given the chance to read a book to the whole group. It was very nice to see all their reactions to the book. They were a lovely class to read to and they listened attentively to what we were saying. I would love to get another chance to do this again as it was a great experience.

Anwen James - Reading Ambassador

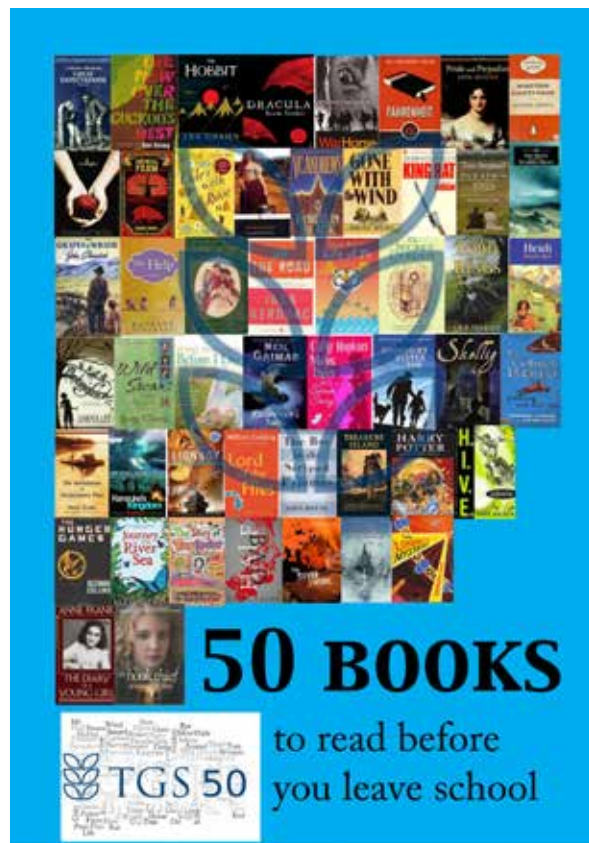
## Library

The Reading Agency have introduced Mischief Makers, Summer Reading Challenge 2018, celebrating the 80th anniversary of the much-loved comic Beano. Suffolk Libraries will be running the challenge in all libraries including Great Cornard, for children aged 4 to 12. Signing up will take place from Saturday 21st of July.

The Summer Reading Challenge helps to get  $\frac{3}{4}$  million primary aged children nationwide into libraries during the summer holidays, when children's reading can otherwise dip, causing problems when they return to school. The number of children taking part in Suffolk has been increasing year on year since 2013. Last year 8,362 children took part in the county, supported by hundreds of volunteers.

Arts Council England is launching Imagination - A Summer Reading and Art Activities challenge for 10 - 18 year olds on the 14th of July. Please visit the Library for more details.

Mrs H Welch



43 Year 9 students and 4 teachers went to Belgium and France on the 28th and 29th June. We learnt what it was like to be a soldier during the First World War.

At 4am on Thursday morning we arrived at school and we headed to the Eurotunnel. We had a short drive into Belgium near to a town called Ypres. We went straight to a system of German trenches. We learnt about life in the trenches for the soldiers.

We then went to an English cemetery called Bedford House. We saw the bright colours, the English flowers, the bright white headstones and the way that we celebrate their lives. As a comparison we then went to a German cemetery where it was dark with oak trees and dark small, flat headstones. There were many German soldiers buried in each grave. We then visited Tyne Cot which is the biggest Commonwealth War Grave site in the world, which has incorporated some German bunkers into the layout. There is a huge wall of the names of the soldiers that have never been found.

We then went to a chocolate shop in Ypres before having dinner. By 8pm we were at the Menin Gate for the daily ceremony

to remember the fallen. Every night, since 1927, the traffic is stopped while the “Last Post” is played and some wreaths are laid. Three TGS students who had asked plenty of questions during the day were able to lay a wreath on behalf of TGS. We then left Ypres and went to our accommodation with just enough time for a game of football in the field before bed.

The next day we learnt about the Somme. We walked through some of the actual battle sites that the Pals Battalions had been in such as the “Sunken Lane”. We had a ‘show and tell’ with equipment and uniform to help us understand what the men had experienced. Our walk ended at Newfoundland Park where there were more trenches to walk through. We visited the Ulster Tower and learned a bit about the troubles in Ireland that had an impact at the same time as WW1, then onto the Lochnagar Crater. The crater is the site of a huge mine blast – the photos don’t really do it justice. We finished the day at Thiepval memorial.

The trip all together really opened up everyone’s eyes as to what the hundreds of thousands of men went through every day.

Amelia Prime and Helena Luxton



## We Come From Far, Far Away- Drama Trip

Inside the tent there is a smaller tent, and inside the smaller tent there is a boy. He has travelled a long way, mostly on his own. He can show you the things he has brought with him, he can tell you the reasons for his journey, he can tell you about the route he has taken but he can't tell you where the story ends ... Performed in a Mongolian yurt, the show follows the difficult and amazing journey of two boys who travel alone from Aleppo, Syria to Norway seeking refuge. Some Year 8s got the chance to go see a performance as part of the East Anglian Children's Arts Festival. Sybil Andrews hosted a play called 'We Come from Far, Far Away' performed by a group called NIE from Norway. It is a play based on refugees coming from Syria and making their way through Europe to safety in Norway. When we got there we were told to take our shoes off. There were two people playing instruments as we headed inside the yurt. When we

sat down on the floor of the yurt which was padded with cushions, they began. 'We Come from Far, Far Away' is a theatre production based on true stories shared by young refugees aged 13 - 18 yrs, who have arrived alone to seek asylum. The participants' stories are troublesome, but as with most young people, they are filled with energy, life and hope for the future.

The absolutely stunning performance used storytelling, shadow puppetry, comedy, clowning and live music to tell a big story in an intimate way. It was an amazing experience to go and see some international, professional drama. At the end they had a discussion about the play, we were allowed to ask and questions about the play because it meant that we could understand the parts which weren't as clear in the performance. It was great fun to go out and see some outstanding drama.

Jess Print



## Access

This term, both Access classes collected old milk, squash and fizzy drink bottles so they could be recycled into planters. The old middle school tennis courts were identified as the ideal location to use as a makeshift allotment and the students chose a selection of flowers and vegetables they would like to grow.

Holes were cut in to the bottles, filled with donated compost and some alpaca poo (thanks to Mr Kiely's alpacas) and planted with either herbs or vegetables. They were then attached to the fence with cable ties and string to make a hanging display. Growbags and planters were used on the floor for the bigger plants, such as spaghetti squash, tomatoes and pumpkins.

The garden has been the sole responsibility of the access classes, where they have been watering, dead heading, pricking out and weeding the garden on a regular basis. As you can appreciate, with the current weather, this has been quite a task! But everything, except for the cucamelons have survived :-D

As you can now see, their plants are thriving and beginning to produce flowers, fruit and vegetables. These will be either taken home by the students or cooked at school.

Thank you to everyone who has helped us.

Mrs L Hempel

## Summer Art Fair

The annual Sudbury Summer Art Fair took place from the 3rd to the 8th of July at St Peter's Church on Market Hill. The exhibition showcases the original works of over 50 professional artists and artisan crafters.

We were pleased to be asked again to exhibit in the exhibition and to be able to show off the incredible talents of our TGS Art students.

The work selected was painted in response to the American painter Georgia O'Keeffe and features (from left to right) the work of GCSE Art students Olivia Tolputt and Ismay Hathaway, and A level Art student Emily Hookway.

The exhibition was a great success and saw more than 1000 visitors in the first two days alone, many of whom had commented on the quality of the striking paintings that had greeted them as they entered.

Miss A Bowman



## Litterpicking

On 24th of June I attended my first ever litter picking session in my home village of Leavenheath. Me and the six other volunteers split into groups and went off in separate directions. After two hours of litter picking we had collected a lot of rubbish, including cigarette butts and plastic food and drink containers.

I feel it is very important to do litter picking, to ensure that the environment and the planet that we live on is kept free from pollution. It is also important that we keep our communities as clean as possible to ensure that

everyone can enjoy visiting and living there.

If you do join a club such as litter picking, where you can help your local community, this will also enable you to achieve the 'Community' ribbon for your Record of Achievement.

Lauren Rogers



## TGS Scholars Cambridge Trip



The TGS Scholars group accompanied by Mr Alexander and Mrs Forster, went to St Catherine's College of Cambridge University. After a short walk to the college, we were introduced to Kathryn Singleton, the School Liaison Officer, who talked to us about the college system which is unique to universities like Cambridge and Oxford, and also about ways of learning (lectures, seminars, supervisions etc) and the university facilities. After this we went to the Museum of Classical Archaeology and had a look at all the amazing casts of Ancient Greek and Roman statues. We discussed how the Greek statues changed in design and how some statues told stories of myths and legends, some

portrayed gods and heroes and others were for marking graves and tombs.

We ate lunch in St Catherine's College lunch hall which had echoes of the Great Hall from Harry Potter. After we were all fed and watered, we split into groups for a tour of the University with some of the students. Finally, we visited the museum of Earth Sciences, which was fascinating with displays of minerals, fossils and even a spider! There was lots of information to take in. There was a section on Darwin's work before his Theory of Evolution. We made sure to look at every display. The trip was a wonderful opportunity, and an incredible experience. We all enjoyed ourselves and I, for one, am

definitely considering Cambridge as a university for the future.

Daisie Houlden and Tia Cuthbert



# Live streaming: protecting children from exploitation

## What is live streaming, why do young people do it and what are the risks?

In figures released today by children's charity Barnardo's, their new survey conducted by YouGov found that 57% of 12-year-olds and more than one-in-four children aged 10 (28%) have admitted to live streaming content over the Internet.

The figures also revealed that almost a quarter of 10 to 16 year-olds (24%) say they or a friend have regretted posting live content on apps and websites. But what is live streaming and what is the attraction?

### What is live streaming?

Live streaming is the broadcasting of live events as they happen, over the Internet, to a potentially unlimited audience base. Websites or apps can be used to live stream and, depending on particular preferences and settings, events can be broadcast to the world or a selected audience. Typically, mobile phones are used to live stream due to their portability and their built-in cameras, but webcams connected to laptops or computers can also be used.

### Why do young people live stream?

Being able to share news, an event, or an opinion with the world is particularly appealing to modern generations who have grown up with mobile technologies, and are used to being constantly connected. Inspired by online celebrity live streamers, young people may have a desire to share their lives online too and some want to follow in the steps of their online heroes.

Young people may live stream whilst they are playing games so that their audiences can watch and share in their experiences. They may broadcast a special event, such as a party, or they may just want to interact with strangers.

### What are the risks?

When broadcasting over the Internet, it's easy for young people to feel safe due to physical boundaries and this itself leads to increased vulnerability. People may attempt to trick, blackmail or coerce children during a time when their usual defences are down. This can lead to riskier behaviour. In cases of online grooming, predators have targeted children and used trickery and grooming techniques to get them to perform acts of a sexual nature in front of the camera. This is classified as a 'non-contact' abuse offence, but it is still sexual abuse.

Young people may not have an understanding of how the content they are broadcasting could be saved and shared further, and they may not know that people watching may not be who they say they are.

Recent research from the Internet Watch Foundation (IWF) found that children as young as three had exposed themselves online; that 96% of the victims were girls and that in almost all of the cases that they investigated, children were broadcasting from their home environments. Read more at [www.iwf.org.uk](http://www.iwf.org.uk)

### Helping young people keep safe

It's imperative that all young people using online services have a good understanding of key online safety messages:

The importance of protecting their private information

The knowledge that people may pretend to be people they're not

The understanding that what they share online can be saved and shared by others

The knowledge of what to do if they are being bullied or coerced

The importance of asking for help if needed

It's also important that younger generations have a secure understanding of healthy relationships; that they shouldn't feel under pressure to act in a certain way, that no one has the right to ask them to do something that makes them feel uncomfortable and that their bodies are theirs.

*If you have any concerns, please contact the Safeguarding Team at Thomas Gainsborough School to discuss this further.*





On 7th April 2018 I went to Denmark which was an entirely new experience for me, as I'd never been on a plane before and never been abroad. I stayed for a week with a host family, who were so lovely and considerate the entire time I was there. The day after I got there we went into Copenhagen to see the bronze statue of The Little Mermaid. If you're ever in Copenhagen you need to see it. It was very impressive. We also went to Tivoli Gardens which was an incredible place. The buildings and the flowers there were amazing. Tivoli is also an amusement park, which has been going for 175 years; I did not go on any of the rides, but walking around and seeing everything was an experience in itself.

During the week I went to the Danish School, NGG, with Emilie, the daughter of the family I was staying with. Danish schools are very different to the British school system (not starting school until age 7, for example) and the students were very interested to know about TGS and were fascinated by the differences. On the Tuesday (my birthday), the teacher who had helped organise the trip took me to the Louisiana Museum of Modern Art, which was beautiful. I got to see some of Picasso's ceramics and an installation from Kusamo, a Japanese artist whose work I particularly enjoyed. Later in the week I recorded a gospel song with some music students from the school. It was an amazing experience. I was also taken to the castle where Hamlet was set, and to visit Karen Blixen's house, the author who wrote 'Out of Africa'. The house and grounds there were very

beautiful. I absolutely loved every minute of the exchange week and the family really made me feel at home there.

Lydia Page-Wright



## EPQ

Jason Harris Review:

The reason I wanted to do an EPQ was to stand out to my possible university choices, show them that I am able to work independently and that I won't be going into the course not knowing anything about the subject.

I also see this EPQ as an opportunity to learn about Medicinal Chemistry and hopefully fall in love with the subject itself. I'm very interested in drug discovery and therefore naturally I want to research the topic which means I don't see this EPQ as a chore; instead I'm excited by the prospect.

Lauren Rogers Review:

The reason I want to do an EPQ is because I would like to research, explore and test a certain theory or topic I am interested in. I feel it will help massively with the future career path I want to take and will give me a better understanding of it as well.

The skills I will learn from this is being able to research and prove a theory, understand other people's needs and difficulties as well as organising my time effectively.



TGS Sixth Formers have been enjoying their own Power Yoga sessions in the sunshine this term. During exam season students can feel very stressed and overwhelmed, and it's important they get the opportunity to take some time to themselves. Yoga is the perfect form of exercise, combining strength, flexibility and mindfulness. Students have been having fun too, perfecting headstands and showing their fearless strength with a variety of arm balances. It's a fantastic way to wind down, whilst toning

up muscle and getting a bit of a sweat on!  
Healthy body = Healthy Mind

Please join us!  
Thursday 3:20-4:10  
G Block Drama Hall or Sixth Form garden

Mrs J Arrow

We are very pleased to announce that some of our fabulous Year 12 students shared a moment in the limelight on Wednesday 20th June, when the BBC featured a story about their involvement with the YOPEY Befriender Scheme. The film clip and article can be found in full on the BBC news website, entitled 'Teenage volunteers make dementia patients feel alive'. The feature looks at the

work that Teia Yule and Bethany Gerrish, amongst other TGS Sixth Formers, have been doing to improve the lives of dementia patients at a Sudbury based care home.

The YOPEY Befriender Scheme is a fantastic local enterprise which brings a little bit of companionship and fun into the lives of some otherwise isolated older people in the area. All of the Year 12s involved in the scheme give an hour or more

of their time each week to visit the care homes and build relationships with the elderly residents, including those with dementia. It is a really worthwhile cause and one that we are very proud to support.

Ms S Byham



## Lauren Rogers' Plea for help with Addenbrookes fundraising

I am raising money for Addenbrookes Neonatal Intensive Care unit because I was born premature at 24 weeks gestation. I want to show my appreciation and to say a massive thank you to all the doctors and nurses who saved my life. I am doing this to coincide with my 18th birthday, as it's a milestone that I would not have been able to reach without them.

I was invited to visit Addenbrookes a couple of months ago. Me and a friend visited the Rosie Ward, a Neonatal ward for premature and seriously ill full-term babies. We were accompanied by three nurses, including one who cared for me when I was in the ward seventeen years ago, which was such a lovely surprise, but also very overwhelming and emotional. It was such a surreal experience to visit the place where I had stayed for a large part of my early life. We were privileged to have

the opportunity to see a baby born at 30 weeks, who was so small, and to know that I was smaller than them when I was born. During the visit we were shown the journey that the babies go on until they are finally allowed home.

A number of babywear companies have donated items to me, which I was able to give to Addenbrookes. I have also raised just over £300 so far. Your support would be greatly appreciated by me and Addenbrookes NICU. Addenbrookes Charitable Trust is a charity which believes that every patient deserves the best possible care. Their aim is to support cutting edge technology, additional specialist services, vital research and extra comforts for patients, including those treated on the Rosie Ward.

If you would like to donate to the cause, please visit my Just Giving page: [www.justgiving.com/fundraising/laurenrogers201](http://www.justgiving.com/fundraising/laurenrogers201)



On Tuesday 12th June, a large group of Year 12 sixth formers spent the morning at the University of Suffolk on the Waterfront in Ipswich, to speak to numerous universities. We had conversations about the application process, subjects to take as degrees, advice for students taking A levels and general student life. There were 7 rooms packed full of the different universities' stalls; there were many representatives from each area, all of whom were extremely helpful in answering any questions or queries we may have had. As well as this, there were additional stalls for those who may have been looking at an alternative route to university, such as apprenticeships. The army were also at the front doors for anyone looking to go into the armed forces. There was so much to see in such a short space of time.

The day was very insightful and interesting, and if you hadn't made up your mind after that day, lots of the universities gave out prospectuses (both digital and hard copies) so you were able to decide on the right course in your own time.

I would highly recommend going to this convention day, or one similar, to anyone given the opportunity.

Maria Grumann



On Wednesday 4th July we were very fortunate to have such an inspirational lady come into our sixth form assembly to give a presentation on how she has grown from living in such terrible living conditions to someone who has made a huge impact on other people's lives.

Glenda D Roberts grew up in a council estate in London with abusive alcoholic parents who told her she'd never succeed in life due to the colour of her skin. The place she lived was violent leading to a murder of her best friend. But what inspired me was no matter what was in her way (OCD, dyslexia, abusive household, the colour of her skin) she pushed all those factors out of the picture to proceed to her goal, she never let anyone's criticism or views change what she wanted to achieve including her own father.

I think something I have definitely taken from this talk is that you can have things thrown at you or bumps in the road, but you don't have to let them affect you or control you. Glenda had many career changes but after a racial attack on her brother which damaged his brain she became his carer which also led to an interest in the human brain itself. She is now a very successful psychotherapist and has received many awards for her outstanding achievements, Glenda now also runs a campaign called Just Talk (inspired by the suicide of her daughter's friend) where she offers drop in sessions to talk about anything that is concerning you, in a safe environment free of charge as well as counselling with professionals who can help people through tough situations like depression and anxiety.

All confidential.

I have certainly been inspired to focus more on what I need to succeed rather than let other things take control and not let me achieve my goals. She has also inspired me to reach out and put my own time into the community where needed.



As always, the Careers Hub has been very busy this term.

On 6th June, Jack Cardy, a personal trainer from the Kingfisher leisure group, kindly came in to help Mrs Baker and Miss Bronswell with mock interviews for Year 12 BTec sport students.

All students did well and our thanks to Jack for conducting the interviews.

Year 11 students were busy in May, putting the final additions to their ROAs for the Graduation ceremony, which took place on 22nd June. All students made an effort to complete their folders for the graduation ribbons. We wish them good luck in their new destinations in September.

Mock interviews for Year 10 students took place on July 12th, as part of Enrichment Day. Over 30 employers kindly gave up their time to interview the whole year group. It is very important that students are given the opportunity to be interviewed by a “real” employer to enable them to prepare for life outside of education. It allows them to see why it is essential to know how to compose a letter of application and CV and also practise communication skills ready for further interviews. We would like to thank all the employers who took part.



Year 9 students have been completing their letters and CVs ready for their own mock interviews next year. Careers would like to thank the English and IT departments for their ongoing support with this during lessons.

in the Agricultural industry. They had the chance to see various farm animals and machinery and discover different career opportunities within the industry. They were treated to a delicious packed lunch made entirely from home grown produce. All involved enjoyed the day and the students proved excellent ambassadors for TGS, as their behaviour was exemplary and they interacted well with farmers, asking questions and taking an interest in everything.



On Thursday 21st June, Mrs Baker and Ian Copeman took a group of students to the Food and Farming Day at Hollow Trees Farm in Ipswich. The students met with local famers and people working



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Work experience has been continuing for many Year 10 students and it has been impressive to see so many students requesting a placement. Here are some of the students who have gone on work experience this term:

*Roise Young: Hillside Special School*

*Caleb Baldwin: The Mill Hotel*

*Rhianna Gabby: Copdock Riding Centre*

*Jess Lee-Rimmer: The Bridge Project*

*Joshua Stokes and Bethany Jarvis: Kingfisher Leisure Centre*

*Rhyse Bhaker: M D Mills*

*Lucy Ince-Slater: Melford Court Nursing Home*

We would like to thank all the employers who have taken part in the work experience programme this year. All students have enjoyed their placements and have learnt a great deal about their chosen career field. The employability skills they learned will prove invaluable in years to come.

Mrs B Baker

*Bert Kavanagh and Bethany Thompson: Peake Fitness*

*Bethany Mills: St Felix Primary School*

*Mia Cox; Ovens Green Kennels*

*Zander Howick-Evans: Siemens*

*Hallie Harman: Recording studio*

*Owen Amery: Savills*

*Emmanuel Ali: Mel Aviation*

*Milly Wingate: Duck in Boots*

*Charlie Elford: Moore Green*

*Solo Nichol and Caitlin Smith: Theatre Royal*

*Joshua Twitchen: Formula One*



ERS CAREERS

On 27th June the new intake 6th form induction day took place. Students attended the careers hub where Mrs Baker, together with Penny Wilby (Best of Sudbury) and Gwynne Jones (EBF Smart Print) gave a presentation on career pathways. Penny and Gwynne spoke of their own career pathway and how they developed their own businesses.



lots of perceptions about manufacturing we are a highly automated company that requires highly skilled individuals to operate. We believe that Engineering in particular is under valued as a career and we seek to promote students to consider it as a career.

Our site, which is known as K5 within our business, is one of six sites across Europe including France, Belgium and Holland. We bottle Copella Apple Juice Products and Tropicana Orange Juice in small plastic bottles. Our other sites have the capability to manufacture products in plastic bottles, glass bottles and cans and make a wide range of products such as ciders, spirits and carbonated drinks. We produce for some of the largest companies such as Pepsi, InBev, Aldi, Lucozade and it's always great to see our products in the shops.

We have 90 people on site working in various departments such as Quality, Engineering, HR and Operations with our longest serving employee being here for 41 years!

## Employer of the Month

We started working alongside TGS about 8 years ago when we were part of Pepsico. In September 2016, when Konings bought the site from Pepsico, we took the decision to continue the relationship we had with TGS as well as expanding to cover some other local schools in the area. We have tried to support the school by taking part in careers days, interview prep, work experience on site and bringing prospective engineering students onto site to understand what different types of engineering is available.

As a site we have a number of STEMNET Ambassadors (Science, Technology, Engineering and Maths Network) who are passionate about what they do and the career that it has given them. Despite

This year we have been able to welcome Lewis Weavers and Devon Andrews from TGS who have both done week long work experience placements with us. Lewis spent the week in our engineering department learning what our engineers do from programming to machine repair, from condition monitoring to energy improvement. Devon spent his time in the main factory office working with our Health and Safety Specialist, HR Manager looking at new GDPR, Business Administrator working through various accounts and our packaging specialist looking

at how we manage change. Both Lewis and Devon really embraced the opportunity and received fantastic feedback from those that spent time with them.

It's been great that we have been able to support Beverly Baker and Karen Perkins but recently we were able to offer a different, slightly more practical solution and demonstrate how we specialise in moving fluids about at site. Through a third party we were made aware that Dan Lawrence at the TGS Sports Centre was having some challenges with the pumping system at the outdoor pool. We were able to offer some of our expertise alongside two other local companies to hopefully make the pumps more reliable and easier to maintain.

Phil Clark, Site Leader, when asked about the relationship between TGS and Konings said: "Many people have little experience of a modern, technologically advanced manufacturing business and so we view it as part of our responsibility to give as many young people as we are able, the ability to come and understand the world in which we operate. We are able to offer great careers and development opportunities and so our aim is to enthuse young people to consider businesses such as ours for their future careers. It isn't just one way however, working with TGS also gives members of the site team to the chance to talk to a very different audience and this in itself often helps to build elements of their leadership skills."





Summer Sport

Summer Sport



# Summer Sport Summer Sport Su

## Sports Awards Evening

This year we had an Olympic gold medallist hockey player, Hannah Macleod, to present the awards. A great role model and inspiration for TGS students. The evening started with a fantastic poem about sport by our Year 7 national poetry winner, Ella Causer, setting the scene. The awards came thick and fast, player of the year, leader of the year, sports personality of the year, dedication to sport, team of the year, dream team of the year, and male and female sports performers of the year. All decisions for the awards were very difficult for the PE team as we have so many outstanding students. A great evening, with some wonderful raffle prizes donated by Touchline Sports and a signed Ipswich town shirt and Birmingham City shirt, and Hannah brought a signed stick. Huge numbers of winners from this awards evening, a great event – Well done TGS!



## Sports day

A new format was trialled this year for Sports Day to try and increase the participation numbers. This saw Year 7 & 8 students participating period 1 and Year 9 period 2. The sessions were split into 2 50 minutes sessions, where the boys participated in the track events and the girls the field events. The second session they swapped over. Signing up for the major house competition of the year was through tutors and this certainly did have an increase in numbers as well over 300 students participated throughout the whole day – a great effort.

The Year 7 & 8 session was overcast, and windy, not great conditions for athletics, however the houses were ready to do battle. Some fantastic performances in all events was a great sight, all students competing to represent their house in the finals afternoon. The weather was changing as the Year 9 competitors had more favourable weather but facing a different challenge of competing in hot weather. Again some great races and performances. At the half way stages, the field events completed, 4 houses were very close, but it was Abbas who were leading the way. The track finals were held in the afternoon, starting with the 300m and going down to 100m, then the spectacle of the relays.

Some outstanding performances from Tilly Motts, David Newcombe, Lleyton Chubb, Eliza Betts, Aaron Edwards, Zellah Chambers and Lois Gore, any house could win this year. As the competition drew to an end, the strength of Abbas House shone through.

Congratulations Abbas for the win!



# Summer Sport Summer Sport Summer Sport

## Swimming Gala

Thomas Gainsborough School's Swimming Gala was a brilliant success and was the biggest swimming gala we have ever run, with around 200 swimmers competing. In addition to this, it is the first year we have recorded times, so every winner in their race will set a new school record, which hopefully will challenge and set targets for other swimmers to aspire to beat in years to come. There were some fantastic swims throughout the morning and some really close races, which was great to see. In addition to this, the diving competition was a particular highlight in every age group, where those who had a lovely diving technique to those who had a more individual style competed. In all, the morning was enjoyable for all staff and pupils involved and a big well done to those who competed. However the house which dominated over the morning were Abbas who won the competition, making it a swimming gala/sports day double. Hopefully next year will see as many swimmers interested in this event and match the high quality swimming from this year too.



## Race For Life

Race for life 2018 was to be completed in very hot and humid conditions, not ideal for a 5km run – however this didn't put students and staff off as the whole 1200 students took part in one way or another, as well as many staff running for cancer research. A very good warm up lead by Mr Richards and Miss Bryan started proceeding just before the

running competitors set off. A very good pace was set by Ben Barton and Joe Fitzwater. It was Joe who continued the pace throughout the 5km course, coming home first. Mr Oliver had a steady pace and he was the first member of staff crossing the finish line, just before Mr Gibson and Mr Lloyd. Such a great delight to see so many students taking part in this year's event. Please keep bringing in the sponsor money. A massive well done to all involved.



## Thea Dawson, England, Midlands, Cambridge, Suffolk and Regional Selection

Thea has been selected to play in the England U15s Mixed Touch Rugby Squad at the European Championships being held in Stirling, Scotland for four days from 18th to 21st August 2018.

Thea was selected to attend the High Performance training squad after being talent spotted whilst competing for Midlands Tigers U15s Mixed Touch Squad participating in the Junior Touch Nationals held in September 2017.

Five full trial days were held in Reading, Leighton Buzzard, Manchester, Nottingham and Peterborough. Cuts were made to the 60 strong squad after session three and five. On the 15th March 2018 we received the fantastic news that Thea had made the final 16 players for the England Squad competing in the Junior Touch European Championships.

Whilst attending England training camps Thea was

# Summer Sport Summer Sport Su

invited to trial for Cambridge Ladies Touch Team. Cambridge Ladies compete in the England Touch Elite series. Thea was selected as member of the Elite Ladies Squad and is the youngest female player in the England Womens Touch Elite league.

Thea was additionally invited to play for Cambridge Bees Mixed Touch Rugby team in the England Premiership League. The Bees played three Premiership League two-day tournaments held in Nottingham, London and Birmingham. Thea won the award for highest touch down scorer for her team across all three tournaments with a score of 26 touch downs.

In May, Thea attended Midland U18s Girls trials in Cambridge, Peterborough and Nottingham. She has been selected for the Midlands Tigers U18s Girls squad. Thea was invited to trial for Midlands Open Ladies team and has been selected to play for Midland Panthers Open Ladies team.

Thea currently trains 12 hours per week at Cambridge and Peterborough and plays matches and tournaments nearly every weekend from end of March through to September. She has an extremely busy summer: starting with competing at England Touch Nationals playing for Midland Panthers Ladies Open squad in Canterbury on 4th and 5th August, followed by the Junior European Championships 18th to 21st August in Scotland. Between these dates she will be training

hard with the Midland U18s Girls squad for the England Touch Junior Nationals being held in September 2018.

Whilst the Touch season quietened down at the end of September 2017, Thea trialled for the Suffolk U16s Girls Hockey squad. She successfully made the playing squad and has competed in matches and tournaments throughout the winter and early Spring. Thea has been invited to attend England Hockey Regional Development training during the summer holidays and to play in a tournament in early September. Thea has also managed to squeeze in playing for Sudbury U16s Girls Hockey Squad playing in matches across the region and one of the Sudbury Ladies Hockey teams on Saturdays between Touch training!

## Eliza Betts – jumps to another gold!

After winning gold medal at the Suffolk school championships, Eliza represented Suffolk at the Anglian Schools championships at UEA, on the 16th June. Eliza jumped brilliantly and went on to win the Long Jump, and was crowned Anglian Champion. Well done. It was more impressive as Eliza jumped a new PB of 5m.14cm.



## Basketball

Elis Mehmeti from Year 7 got permission from the school to go and play Basketball for his Club in Spain, Barcelona in Lloret De Mar they played with other Countries in Europe there were 2 categories under 18 and under 16 where they came in second place winning 2 trophies. There were 42 teams in the competition. Well done Elis!



## U13 Tennis

On Monday the 14th of May the U13 girls had their first tennis fixture of the year at St Benedict's Catholic School where they rivalled both St Benedict's and Moreton Hall. Despite not coming home with a win, the girls showed excellent resilience and all really noticed vast improvements in their performance through the time they spent at the tournament. A special well done to Emma Gardiner and Tamsin Sherman Farthing for stepping up to play their first ever matches and also well done to Kaitlin Riddle for her fantastic performance and leadership in both singles and doubles games!

# Summer Sport Summer Sport Summer Sport

On 6th June TGS U13 girls played a home tennis fixture to Westley. Despite extremely warm conditions all girls played great tennis, all demonstrating resilience throughout. Kaitlin Riddle and Rosy Morelli played exceptionally well in their singles but unfortunately were up against tough competitions. Jess Print also had a very close game with her seed three rival which ended up being 6-3. All three girls alongside Isabel Hand also showed team work and determination through their doubles matches, with Isabel's and Jess' game being neck and neck until the last couple of games. Well played girls!

On the 21st of June we took our U13 girls and boys tennis players over to Westley to play in both singles and doubles games. Despite the windy conditions all students played extremely good tennis, demonstrating determination and resilience throughout.

The boys team: Sonny Waterson, Harold Le Fanu and James Howard unfortunately all lost their games. However none of the boys went down without a fight. Sonny's singles game especially ended at 6-2 but both boys were battling for each point throughout.

For the girls, Kaitlin Riddle narrowly lost out on winning her singles game which finished 6-3 against their top seed. Rosy, on the other hand, won her game 6-3 despite the match being even the entire time. In doubles, both girls put in fantastic efforts as a team with excellent communication and

use of strategy. Because of this the pair also won their doubles game 6-3. Well done girls!

## Interhouse rounders

This year saw our first interhouse rounders tournament for Years 7 and 8. Teams entered were pre-selected based on those who attend rounders extra curricular club and any other students who wished to represent their house.

The tournament fell on a very hot summers day, but all students gave it their best and worked hard despite the heat and bugs that were particularly interested in Peyton House tops!! There were examples of fantastic skills and teamwork which was demonstrated by all houses.

The final results saw Tollemache in 5th place, Chamberlain came 4th, Peyton 3rd, Houghton were 2nd and Abbas were the winners of the tournament and undefeated throughout. Well done to all students who were involved!



# Summer Sport Summer Sport Summer Sport

## Athletics

We were involved in 2 athletics events last week. The Year 8 team participated in the SWAT athletics competition at the Bury St Edmunds track against all of the schools in our trust. The event was highly competitive with all schools bringing their best athletes to participate. TGS dominated both track and field on the day in both the boys and girls competitions. Our team consisted of a mix of Years 7 and 8 who all represented the school in an outstanding manner. Stand out performances came from Lois Gore, David Newcombe, Katie Barton and Tilly Motts.

We then had the Year 9 athletics teams both boys and girls competing in the county finals. The competition was very tough and the boys got off to a good start with standout performances from Pacey Street winning his field event and Jacob Fenner doing well in his sprint. The boys tried very hard

during this competition but ended up finishing 6th on the day.

The girls also had a tough field to compete against especially as the TGS team consisted of lots of Years 7 & 8 students. All the girls performed exceptionally well in their events with standout performances from Millie Pearson on the high jump, Tilly Motts and Lois Gore in their the 100m and Olivia Ford in her field event. The girls performed very well as a team and pushed so hard to win the competition narrowly missing out by 2 points to Kesgrave. A great result and the girls are now 2nd in the county.

Athletics has been a strong area for TGS this year with many athletes competing an age group higher and doing very well. This looks great for the future of athletics at TGS moving into the new academic year.



# Summer Sport Summer Sport Summer Sport

## Millie's Team win Suffolk

Following on from Suffolk selection and a lot of recent training, Millie Pearson and the rest of the Basketball team recently won the Inter-County tournament held at the Essex stadium. Millie's parents have thanked the school for supporting her on her journey and are of course, incredibly proud of her commitments and achievements over the last few years, as are we. Millie, we are delighted to say has also been selected as part of the East of England squad as a result of this, and will have further training over the next few months.

Well Done Millie!



# DATES FOR YOUR DIARY



**2018-19**

**Autumn Term 2018**

Wednesday 5 September - Friday 21 December 2018

**Half Term:**

Monday 22 October - Friday 26 October 2018

**Non Pupil Days:**

Monday 3 September, Tuesday 4 September and Friday 19 October 2018

**Spring Term 2019**

Monday 7 January – Friday 5 April 2019

**Half Term:**

Monday 18 February – Friday 22 February 2019

**Non Pupil Days:**

Thursday 3 January and Friday 4 January 2019

