



THOMAS
GAINSBOROUGH
SCHOOL

PORTFOLIO



FARADAY
ENGINEERING
CHALLENGE

Issue 20
October
2018

CONTENTS INCLUDE: OPEN EVENING, STUDENT
SUCCESS, HOUSE NEWS, ENRICHMENT, SPORT,
SIXTH FORM & CAREERS

EXAMS DELIGHT

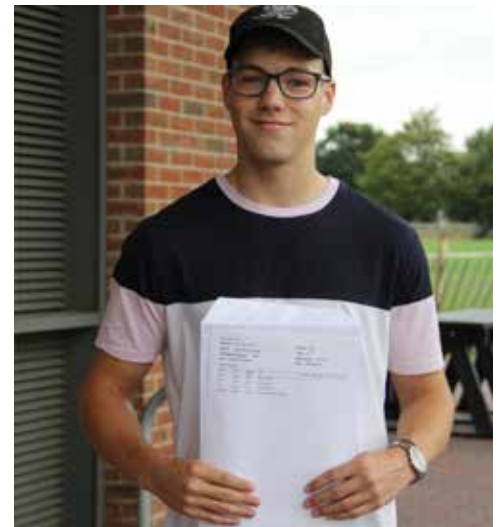
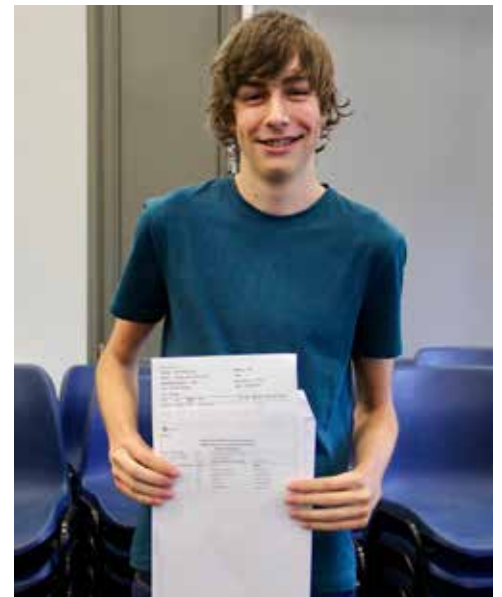
Thomas Gainsborough School is once again celebrating its best ever set of GCSE results in the changing landscape of GCSE results.

70% of students at the school achieved a pass grade in both English and Maths.

Headteacher Wayne Lloyd said, "We are delighted with these results. I would like to congratulate the students on their excellent performance. It is a fitting reward for their hard work and the dedication and the support that they have received from their teachers. This year group was the first to join us as Year 7s in 2013 and have proved to be an absolute credit to the school and their families from first to last. We look forward to welcoming over 120 of them back into our sixth form in September." We expect high standards at TGS and will continue to work tirelessly to ensure the highest possible outcomes for all our students into the future."

Particularly successful students this year include Tom Hanmer who attained 8 grade 9s, 1 grade 8 and a grade 7. Also Ismay Hathaway with 6 grade 9s, 7 grade 8s and 2 1 grade 6, Ella Smith with 5 grade 9s, 2 grade 8s and a grade 6. Gemma Deacon achieved 3 grade 9s, 5 grade 8s and 2 grade 7s. Oliver Hughes got 3 grade 9s, 4 grade 8s and 2 grade 7s. Jacob Miculob had 2 grade 9s, 7 grade 8s and a grade 7 and Emma Crossley had 2 grade 9s, 2 grade 8s, 4 grade 7s and a grade 6.

There were 220 students who sat examinations in Year 11 this summer.



OPEN EVENING SUCCESS

TGS Open Evening News Reports September, 2018



On Thursday 20th September, Thomas Gainsborough School held their 2018 Open Evening. In the Science department, many prospective students were amazed by the various different types of science. One of these was Physics. In Physics, it was pitch black to make the light look brighter so people could see the experiment and what was happening more. Everyone was attracted to the 'Plasma ball'; they were blown away by the great colour it emitted. A Year 6, Hollie Reeve, from Acton Primary School, said, 'I thought the Plasma ball was amazing!'

Overall the evening was a great success and everyone enjoyed it.

Freya Upton, TGS Newsroom

In the music rooms many people were gathered and immersing themselves in a musical app called Incredibox. There was an amazing atmosphere.

'It is wonderful to see so many enthusiastic potential students involving themselves in musical activities. I hope to see lots of them in the Music groups,' stated Mrs Davies, one of the music teachers.

A parent of one prospective student who had never visited the school before commented, 'Brilliant but very daunting because I have not been to this school

before, but my first impressions are that it is very impressive.'

In the Symphony Hall, six GCSE and A level students were devising a short play, which they based on a dark, dingy picture of a prison cell.

Caitlin Smith, one of the Year 11 students acting, said, 'It is really fun to make up a character for once. I am doing GCSE drama, which I have always liked and when I came to TGS I enjoyed it even more!'

Jessica Williamson, Charlotte Wilby and Emily Martin, TGS newsroom.

Looking around the Art Department, we found a room full of enthusiastic people making unique patterns using a variety of everyday objects. We spoke to Ella-Grace, a Year 8 student, who was working with Miss Nichol. She said, 'We've been inspired by Andy Goldsworthy, to use everyday items to create unique and beautiful patterns from simple, boring objects. Imagination is the limit.' These objects included copper disks, hinges, corks, lids, trivia counters, buttons, lolly sticks and plastic knives.



Olive Naylor, April Gray and Jasmine Brown, TGS Newsroom

In the Technology department Miss Ashton was demonstrating laser cutting with plastic. Prospective students were making keyrings with the laser cutter. Miss Ashton told us, ‘The Year 9 girls are very impressive with the design and laser-cutting part of it!’

Joshua Bacon and Stanley Waterson, TGS Newsroom

When we entered the history room, we immediately noticed the fascinating displays, which included a stunning depiction of the Notte and Bailey castle, a student made model. It is one of the first castles made because they did not have the time to make stone ones so they used flat pack ones “like the ones you get in Ikea” commented Ms Lomas.

Philosophy was all about asking questions, and that’s exactly what we did. In Philosophy there were many religious items dotted around the room such as Hindu god statues (Vishnu) and the five K’s: kesh, kangha, kara, kachere and the kirpan.

Latin was very impressive: there were enticing displays like the Roman books and Greek stories. Two pupils, Fred Adams and Jodie May, told us, “Latin’s amazing, the grammar pathway is an excellent way to broaden your horizons and open your mind to new ideas. Mr Warburton said, “If you choose grammar you get to do Latin. This is one of the few places that do GCSE Latin.”

In Geography there were many people who were really enjoying themselves and Mr Bennet was

making it fun and educational. We spoke to Aidan Priday and he told us, “We are showing them what different rocks there are and figuring out where they live on the map.”



Loki Thornton, Josh Allard and Alex Walder, TGS Newsroom

In the English Department ‘Guess What is in the Box’ was a particularly popular activity. It was hosted by Mrs Coombe and Miss Mayes. In this activity you had to smell, touch, hear and taste to figure out what was inside! They described this task with the words ‘Test your senses and challenge your brain.’ This was a fun filled game to get your mind working and be creative and really think about what you were seeing, touching, smelling or hearing.



Further down the corridor, the book doctors were kept busy recommending novels based on their 'patients' interests. In room 305, there was the opportunity to contribute to a grizzly ghostly story among other activities. In the next classroom, the TGS Newsroom was buzzing with Year 7 reporters, following up leads, drafting their copy and racing to meet the final deadline, before the paper was 'put to bed'.

Alice, Amy, Georgina, Daisy, TGS Newsroom

'I love Maths at TGS!' In the Maths department everyone was enjoying it.

There were a selection of puzzling games to get their brains working by figuring out sums and puzzles using your knowledge of the Maths you know already. One of these was the mega Jenga tower. The minds of the students were puzzled as the Jenga tower began to wobble but eventually they were successful in the finishing of the puzzle.



Odin Bodi, Harrison Adams and Nathan Beaumont, TGS Newsroom

In Chemistry, a range of activities was supplied for the Year 6 students. Making a rubber band was one of them. First, the budding scientists dipped a wooden stick into Latex (a white thick substance). Once the wooden pole was covered in latex it was put in citric acid for thirty seconds until it became rubber. They took the rubber off the pole and stuck a pencil through the centre of the white rubber. They had made a rubber band! The scientist tested the strength of the band by holding it on a hook of weights. The viewers found the experience outstanding.

We hope that every Year 6 who joined us today will experience the joys of Thomas Gainsborough School just as we are! The staff are outstanding and really helpful!

Gracie Brow, TGS Newsroom

In Biology, Charlotte Rook explained her activity, "We took a plain digestive biscuit and a wotsit. We burnt both of them to see which one had more energy. The wotsit had more therefore if you wanted energy it would be better if you ate a wotsit than a digestive biscuit."

Dr Palmer took over the dissecting side of Biology, dissecting the lungs, heart and Trachea of a lamb. A Year 6 told me that "The dissecting was the best part of the science department as it was most interesting to find out what's inside of you and other animals."

I hope that everyone had a fantastic time looking round and found something that they might enjoy here at TGS. Finally all the lights were switched off and the thrilling evening came to an end.

Isobel Henry, TGS Newsroom



With the new school year only a month old it is surprising how much news there is to report already!

I would like to mention just how well our new Year 7 students have settled in, many seem to have grown so much over the summer. It truly feels that they have always been part of our House.

As a House we enjoyed our Celebration Assembly on 17th September. It gave me great pleasure to be able to shine a spotlight on the achievements of so many Abbas students. Abbas topped the attendance grid and I am really not surprised when over 70 students gained 100% attendance last term. It is so important to be here. Attendance and punctuality ratings are the first questions on any reference request that I see. Did you know that 95% still means ten days or twenty sessions of school missed?

50 students gained their Gold Merit Award which is a fantastic achievement, only beaten by the 45 students who gained their Platinum Merit Award. Over 400 merits in a school year is truly amazing. SPE gained the most merits as a tutor group, which again was a very close contest, only just beating ABO and RMY.

I was extremely proud to be able to congratulate 5 students from Abbas House on their completion of the Half Ribbons award. They have shown a broad range of skill and ability, and a real determination to do their best and get involved. I know that these five students will go on and represent Abbas in so many positive ways during Year 9 and beyond. Huge congratulations go to: Maddie Howard, Annabella Bunton, Lottie Cooper, Callum Ryan and Jessica Wilby.

Selecting just one person to award the Head of House Commendation to is honestly a really difficult and tough decision. For the summer term I decided to recognise the fantastic and enthusiastic contribution made by Sam Clayton. He joined the committee and certainly didn't

look back. I look forward to working with Sam again this year.

Mrs N Wilby



We are finally victorious! Well done Chamberlain House! We are finally the proud holders of the Chelsworth Cup thanks to all of your hard work in the Summer term. But can we hold on to it? A fabulous start to the new academic year reflecting on our successful previous year. Because I am a Maths teacher I do like to look at the figures:

- 39 more students achieved their Bronze Merit Award making 207 students in total
- 74 more students achieved their Silver Merit Award contributing to 134 students overall
- A huge 66 students achieved their Gold Merits Award making 83 students overall
- An impressive 33 students then achieved their Platinum Merit Award (400 merits) added to our previous 4 students
- 46 students had 100% attendance in the Summer term and of these 46 students, 9 of them had 100% attendance for the whole of last year! Great resilience shown here!
- 44 students gained the Exemplary Behaviour Award meaning they only received positive points last year without a single negative point.

A special mention must go to Megan Turner who achieved 844 merits within last academic year – what a truly amazing total and just a reflection of how hard she works and how much she contributes to school life – well done Megan!

Madison Gardiner was my Head of House Commendation for all of her support and contribution to Chamberlain House – she helps to keep me organised and is always keen to help promote and run our charity events.

Looking at the start of this year I am pleased to see so many Year 7 students now moving around the school with confidence and already taking part in our first competitions.

We have had plenty of Value Nominations with some great winners:

- Farran Kirkham for his cricket achievements outside school
- Chelsie Lockwood who appeared in Goodnight Mr Tom at Theatre Royal Bury St Edmunds over the Summer

•Sam Wainwright for competing in the British Transplant games and achieving 2 gold medals and a new British Record!

•Oskar Howard for his magnificent Mystic Rose which you can see elsewhere in this issue.

I am so proud to be Head of such a fantastic house and I look forward to seeing what else we achieve this year! Keep an eye out for the launch of our first big charity event, our London to Brighton relay event coming up in November.

Miss J Hilson



This has been an exciting start to our new academic year, we have an excellent group of Year 7 students that have joined our House and who are already having a positive impact in school.

House Captains, House Ambassador, House Committee and Sport Leaders

We are extremely proud to have many excellent students in positions of responsibility within the House who work very hard to organise, lead and support other students. This year our House Captains are Nadja Bearns and James Quin. The Captains are supported by the energising House Committee who work enthusiastically to encourage the involvement of other students in competitions and charity events. This year the team has welcomed Teia Yule in H6-PBE as a House Ambassador. She will be making sure the Sixth Form students in Houghton feel part of our House by taking part in our charity events and competitions. We also have the valuable support of two tireless sport captains Ben Lowe and Kaitlin Riddle. The vital role all these students play in the life of the House and the fine example they set to others is just one way in which our students serve and support one another.

Assemblies to inspire and enthuse

Each Thursday morning we meet together as a House to celebrate our achievements. We have been able to recognise the success and hard work of almost 200 different students already for their progress, achievement, attendance, positive behaviour, exemplification of school values and Half-Colour ribbons. Poppy Curran in 9H-TBA was awarded the Head of House Commendation for supporting the House in a variety of sports, charity events, competitions, and in general for being a great example to all students in Houghton. We thank you a lot for your excellent work! Kaedyn Duke in 8H-JWO was awarded a certificate for excellent example of school values (Respect) for his fundraising efforts

in the Summer term: donating his hair to a charity that supports children with cancer. Kaedyn raised £96.53 and gave Houghton students an excellent example of charity work. 63 students showed excellent behaviour during the whole of the last academic year receiving zero negative points!

28 students achieve Platinum Awards for achieving more than 400 merits!

JWK was the tutor group with the highest average points in Houghton (109), closely followed by KMA (106) and GBR (104). Well done to all of you who have received certificates celebrating your achievements.

*Houghton's charity has been announced:
The Smile of Arran Trust*

Houghton students have voted The Smile of Arran Trust as the charity they want to fundraise for this academic year. The Smile of Arran Trust is a brain tumour charity that was set up in memory of an extraordinary and inspiring young man Arran Tosh who lost his life to a brain tumour at age 13. We look forward to working closely with them to support the great work they already do: support children and their families who have been affected by a brain tumour. If you want to find out more about the Trust have a look at <https://smileofarran.org>.

Mrs L Hurtado



During our recent Celebration assembly, we had the pleasure of celebrating the successes of last year.

I need to say huge congratulations to Dylan Moore who received the last terms Head of House commendation. He received this award due to his excellent effort and commitment to House activities, most notably during Sports Day when his effort and attitude were the best in the entire school, let alone Peyton House. Well done Dylan!

Mr Bennett's tutor group achieved a hat trick for our 'Most Valuable Tutor Group' award by being the Tutor group with the highest average number of merits in Peyton House. Huge congratulations to them. 19 Peyton pupils were awarded our highest Merit award certificate for achieving 400 merits last year with Esther Shrubsole and Tilly Motts topping the table at over 600 Merits. Well done to you all for gaining your Platinum Award!

My new house committee has arranged our first charity event of the year, which is taking place on Halloween! Wednesday 31st October will see TGS 'Thomas Goes Scary!' happening for the second time. Pupils will be allowed to come to school with a "Halloween head" for a minimum donation of £1. Full school uniform is required but the array of amazing zombies and make up last year was a remarkable sight! Further details will follow via parent mail and to students via email.

At the recent KS3 Awards Evening, the Peyton House Tutee award went to Ashley Purdy for his quietly outstanding efforts both in and out of the classroom. He ended last year with nearly 400 merits, with not a single negative mark to his name. He has represented the House in the Spelling Bee and has entered numerous other House competitions, including Aldi Bag Design and Sunset photography. He regularly enters the weekly maths challenge and is always involved in the running of the weekly quiz. He was nominated for School Values awards on a number of occasions and has represented the house in Discus during Sports Day. He is an amazingly

positive influence around the school and he epitomises Mr Lloyd's desire for pupils to "Work Hard and Get Involved".

Pupils are also currently designing poppies for our 100 year anniversary since the end of World War One. Let's make our House and School proud by getting as many Peyton Poppies made and displayed as possible.

Mr W Ponsford



TOLLEMACHE

At Thomas Gainsborough we like to celebrate the student's achievements at the start of each term. Each house holds a celebration assembly to thank and reward the students for their hard work and the values they have demonstrated throughout the previous term.

One hundred and thirty-four students gained 10 merits each for personal presentation. This award is an important one that school like to recognise. Dressing smart for school demonstrates to everyone that you take your learning seriously. This also gets the students into a good practice for the world work.

I would like to congratulate the twenty-five students who achieved platinum awards. This is very commendable, well done for all your hard work. Forty students achieved no negatives making them asset to Tollemache. Maisie Higgs in Mrs Hoff's tutor group was awarded the house of house commendation. Maisie achieved Three hundred and seventy-eight merits for producing work to a high standard. Maisie achieved this high number through attending clubs, competitions and attending charity events. Well done guys for working hard and upholding the school values.

This term has seen the auditions for Grease. Congratulations to Shareece Samuels for getting the part of Marty in the Pink Ladies. Fergus Dark for the role of Vince Fontagne. Lena Jaglowska who performed brilliantly in assembly in first week of term will be in the chorus. Break a leg everyone, we look forward to seeing the show.



CERTIFICATE OF EXCELLENCE

for each, for all

Awarded to

demonstrating the core value of

resilience

Date

Presented by
Mrs F Raleigh
Head of Tollemache House
Thomas Gainsborough School

I trust and I am contented

resilience

The capacity to recover quickly from difficulties



CERTIFICATE OF EXCELLENCE

for each, for all

Awarded to

achieving

Head of House Commendation

Date

Presented by
Mrs F Raleigh
Head of Tollemache House
Thomas Gainsborough School

I trust and I am contented

I trust and am contented



CERTIFICATE OF EXCELLENCE

for each, for all

Awarded to

demonstrating the core value of

positivity

Date

Presented by
Mrs F Raleigh
Head of Tollemache House
Thomas Gainsborough School

I trust and I am contented

positivity

Constructive, optimistic, or confident in approach



Here at Thomas Gainsborough School we support a range of local and national charities where we encourage the students to take an active part in planning and engaging in fund-raising activities.

2017-2018 Review

Throughout this year we carried out a wide range of events raising in total £5,589 for several charities.

We carried out a coffee morning for MacMillan, a non-uniform wear-it-spotty day for Children In Need and a whole school Race For Life for Cancer Research. Each house is assigned an individual charity for which the House Committees help plan and carry out activities. Together the house did run several events in collaboration: TGS Goes Scary, Christmas Market, Christmas Jumper Day and an Easter Raffle.



Then each house planned their own events:

Abbas: East Anglian Air Ambulance. The East Anglian Air Ambulance provides Helicopter Emergency Medical Services across the counties of Norfolk, Suffolk, Cambridgeshire and Bedfordshire.

Abbas house won the Charity cup this year for being the house who raised the most money for charity over the school year - and this comes as no surprise when you look at all of the events they ran:

Munchy Mondays - cakes were donated and made to be sold on the first Monday of every month

Unlucky Dip - for Halloween - who knew what they were going to get out of here - Trick or Treat?

Christmas - some fantastic raffle prizes were donated to be won and students were able to pay to have their Christmas cards delivered to friends at form time.

Random Acts of Kindness - a joint event with Tollemache House where students bought small gifts for one another to show kindness.

The 3 Peaks Challenge - this was our big event in the Summer term where students in teams of six needed to complete 35 flights of stairs at TGS from bottom floor to top floor to match the height of the Yorkshire Three Peaks.



Overall a total of more than £1,800 was raised - what a fantastic effort and a well deserved win!

ENRICHMENT

Enrichment fair is held over three lunchtimes, advertising a wide range of clubs. These clubs are held at lunchtimes and after school throughout the week. The students were shown a PowerPoint during tutor time describing clubs. At TGS we call clubs enrichments because they really do enrich the students and staff's experience of school life.

When preparing the timetable with Mrs Hurtado, we were surprised and delighted with the range of different opportunities offered by staff. The students are very grateful too for staff giving up their free time to enrich the curriculum. I do feel this is a two way street. Seeing a student blossom at an activity or learn a new skill is very rewarding.

Mrs F Raleigh



Monday	Tuesday	Wednesday	Thursday	Friday
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Music Practice Rooms available	Music Practice Rooms available	Music Practice Rooms available	Music Practice Rooms available	Music Practice Rooms available
Philosophy club (all) JWo Room 202	KS3 Music Academy (invitation only) NRe/ADa Rooms 111/112	Guitar Club Mr Hunt MP1	String Ensemble All Years NRe 111	6th Voice Magazine JWK Room 312
ICT drop in all years GCU Room 219	Year 7 Boys Basketball BRI	String Quartet (Invitation only) NRe Room 111	KS3 Dodgeball Club RMY BRI KYG CBR	ICT drop in all years GCU Room 219
	ICT drop in all years GCU Room 219	ICT drop in all years GCU Room 219	ICT drop in all years GCU Room 219	
		Spanish club LHU Room 311	Japanese club MFL Dept Room 311	
AFTER SCHOOL	AFTER SCHOOL	AFTER SCHOOL	AFTER SCHOOL	AFTER SCHOOL
Italy Football Training External FA Coach	Homework Club run until 4pm LSC	Homework Club run until 4pm LSC	Homework Club run until 4pm Room LSC	Knit & Natter (all) JHi Room 105
Darts Club (paid club) Small Gym	Music Ensemble NRe/ADa Room 112	Chess (all) SPe Room 213	Choir (All welcome) ADa Room 112	Cricket Nets (all) MGi/WLI/WPo
Fitness Suite Sport Centre Staff 4-5pm	Food tech club Y7-11 sign up then by invitation as only 20 places THU Room 008	ICT (Animation and Programming, possibly robots too!) GCU Room 219 - all welcome	Board Games Club Room above the library	Running Club Sudbury Running Club
	Lego Club PBE Room 003	History Film Club JLO Room 206	Football Performance Club (Invitation only) RMY BRI	
	Basketball Club VBR	Maths Club Yr 7 and 8 CHF and SSt Room 103	Netball Performance Club (Invitation only) CBR KYG	
	Jewellery making club Yr7-9 AAS Room 004 (15 places)	Tech Craft Club JPO Room 003	Drama and Media Club Yr 7-9 KFr / AGa Room G14	
	Trampoline Performance Club (Invitation only) KYG IEL CBR	Textiles EDA Room 318	Fitness Suite Sport Centre Staff 4-5pm	
	History Club AJ Simms Room G8	Exploring Christianity Chaplains Room 101	Equestrian club Fletchers Farm Riding School Fordham Dates and times TBA	
	Creative Writing Group GEd Room 305	Netball Participation Club CBR		
	Hockey Performance Club (Invitation only) Sudbury Hockey Club	Football Participation Club Football Academy		
		Scrabble NWB Room 204		
		Girls Football Club KYG		
		Girls Fitness LCR		
		Badminton Club BRI		
		Hockey Participation Club DCH		
		Fitness Suite Sport Centre Staff 4-5pm		

All afterschool clubs will run from 3.15-4.10 unless otherwise stated

Invitation Only - Clubs where staff will have specific entry requirements and they will have targeted specific students to attend these. These clubs are not available for sign up but if you are interested in attending one please speak to the member of staff in charge to discuss the required skills.

Chamberlain: Suffolk Family Carers

Suffolk Family Carers provide advice and support to those who look after a family member or relative.

Throughout the year Chamberlain tutor groups collected their loose change in pots to put together at the end of the year.

Our big Autumn event was the London-to-Brighton Relay Race where students were sponsored to complete as many laps of an obstacle course hoping in total to cover the distance from London to Brighton. The students were very successful covering over 110km (44km more than our target!). In the Summer term we held a sponsored swim event in the glorious sunshine where we covered the distance across the English Channel as a team. We also carried out a Sweet Raffle and Book sale. In total all of our events raised over £1,600.



Houghton: Friends of TGS

The Friends raise funds for Thomas Gainsborough School to help provide additional opportunities for students.

Our first event was in celebration of Valentine's Day where students could buy a gift in secret and have

it delivered anonymously to one another during the school day. Some friends were very generous in buying each other secret gifts. Miss Barfield, Miss Keys and Mrs Canham worked very hard to recruit and demonstrate their knitting skills to make Easter Egg covers which we sold as presents. There was such a range of different covers from Easter chicks to elephants!

In rivalry to Abbas' Munchy Mondays, Houghton set up Cake Thursdays where once a month cakes were made and donated to sell on a Thursday in the Lightwell.

Our Summer Event was a fantastic Girls Football Tournament - where house teams paid to enter a team to compete in a series of games. It was fantastic to see the football skills of so many young girls which inspired a female staff football match after school.

Well done Houghton committee with all of the your efforts and fundraising this year!



Peyton: The Befriending Scheme

The Befriending Scheme provides friendship and learning opportunities for people (16yrs+) from vulnerable groups.

Peyton started the year by

introducing the TGS Scary event across all houses. Students were able to pay £1 for which they had to wear normal school uniform but could decorate themselves from the neck up in the spirit of Halloween! We had some amazing creations and some very frightful and realistic looking injuries. The Head of the Tom Bowdidge Trust came in to be our impartial judge as some were too good for us to tell apart.

Our year finished with our favourite Smelly Welly Boot challenge. Staff volunteered to put themselves up for voting as to who was going to receive the most money to be made to put their feet in the most disgusting welly boots ever! Dog food, tuna, beans and food colouring were just a few of the items put in the boots! As ever it was a very close result between Mrs Yapp and Mrs Kelly with the latter 'winning' the opportunity to take part. The boots were so disgusting that Mr Ponsford had to bin them at the end of the challenge so we hope Mrs Kelly's feet have recovered.



Tollemache: Tom Bowdidge Foundation

The Foundation is headquartered in Colchester and its aim is to fund projects that support teenage cancer sufferers and their families.

Our big event this year involved us eating chocolate! The Tom Bowdidge Trust donated a tube of smarties to all Tollemache students encouraging them to go away and eat them and then to fill the empty tube with change for charity. This was a hugely successful event resulting in many tubes coming back considerably heavier than when they contained chocolate. This event raised over £270 for our charity.

We then joined forces with Abbas house to run a Random Acts of Kindness stall to coincide with the Theme of the Fortnight. We wanted to encourage students to do something nice for one another for no specific reason other than to spread kindness and happiness. Students could purchase sweets or small gifts which they could then pass on to their friends hoping that they would in turn 'pay it forward'.

Tollemache also saw the most number of scary faces this year - a great contribution of money and effort for our chosen charity - well done!



2018-2019 Planning

Abbas: Headway

Headway is a charity that works to improve life after a brain injury.



Chamberlain: Friends of TGS

The Friends raise funds for Thomas Gainsborough School to help provide additional opportunities for students.

Friends of TGS



Houghton: Smile of Arran

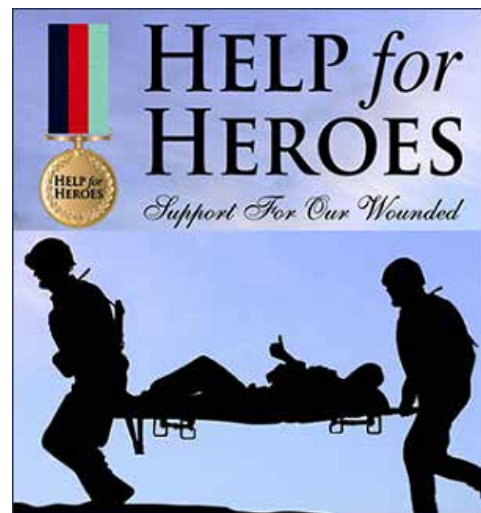
The Smile of Arran Trust is a brain tumour charity that was set up in memory of an inspiring teenager Arran Tosh, who lost his life to a brain tumour at 13.



The Smile of Arran Trust

Peyton: Help For Heroes

Help for Heroes provide lifelong support to Service Personnel and Military Veterans with injuries, illnesses and wounds sustained while serving in the British Armed Forces.



Tollemache: EACH

East Anglian Children's Hospice support families and care for children and young people with life-threatening conditions across Cambridgeshire, Essex, Norfolk and Suffolk.



Rewards Trips 2018

What a fantastic way to start the new school year! 403 students achieved over 300 merits last year and were invited to join one of our trips as a reward for their amazing achievements. This year we were even luckier with the weather: there were blue skies and not a drop of rain in sight.

Thorpe Park

Our students made up nearly half of the park's attendance meaning the queue times were short and students had time to revisit many of the rides. There is a range of rides depending on how brave we felt and for those who do not like rides a variety of games, arcades and challenges to watch. Most students had time to dry out from the Tidal Wave and several students came home bearing prizes.

Freeport

Those students who chose the Freeport option for their Rewards Trip were rewarded with the red carpet treatment at Cineworld Braintree. The cinema opened especially for them as they had an exclusive showing of *Incredibles 2*; what is less certain is who enjoyed the film more, the students or the accompanying adults! Popcorn was enjoyed by all! After lunch and shopping, the bowling alley provided more fun and opportunities to blow pocket money in the arcades, before the return to school after a really good day!

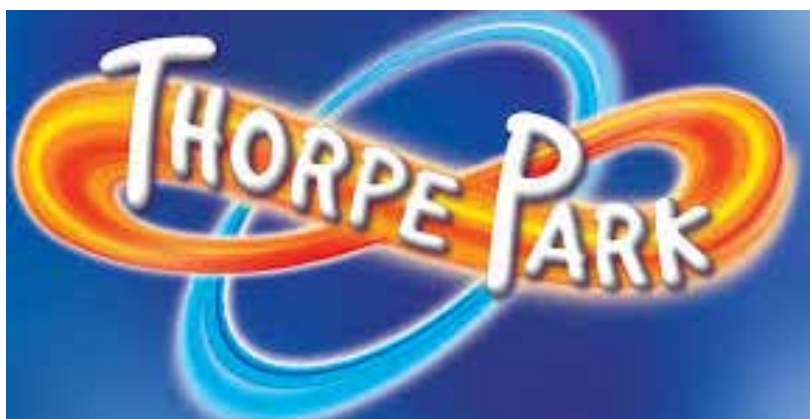
London

This year the London reward trip went to Little Venice and took a canal boat up to Camden Market past London Zoo. Here we had a quick look round a busy, vibrant Camden market – a little too busy for some – but the food looked fantastic. We marched up Primrose Hill for a fantastic view of London and some of us did decide to run down and climb back up several times – boys have too much energy! Our stop in Regents Park involved games of football and rounders, while some just chilled under the trees. We had an eventful underground journey home but that is another story! A great time was had by all.

Aimee Sharp, Eliza Betts, Nadja Bearn, Mabel Frost

Well done to all who worked so hard to earn their reward trip!

Miss J Hilson



Competitions!

This year has begun competitively already! Our first results have been awarded for two Summer holiday Science competitions. These results are given in alphabetical house order – we are keeping the winning order under wraps until our end of term reveal in assembly!

Man In Space

Year 7 students needed to create a poster showing:

- What has man put into space?
- How did they get them there?
- How are they maintained?
- Why did they put them there?

We saw some very creative and original posters and can announce the winning house entries were: Imogen Brown (Abbas) Lizzie Crowley (Chamberlain) Gabriel Bailey (Houghton) Coel Minns (Peyton) Zoe Peacock (Tollemache)

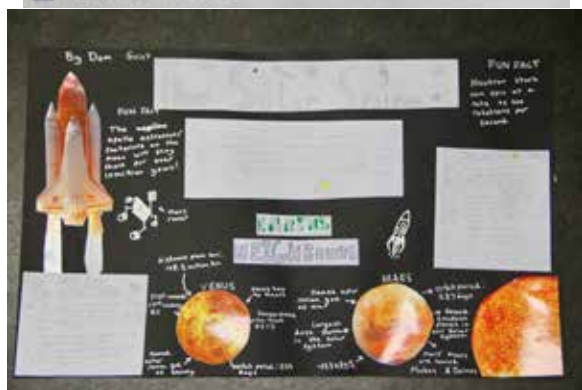
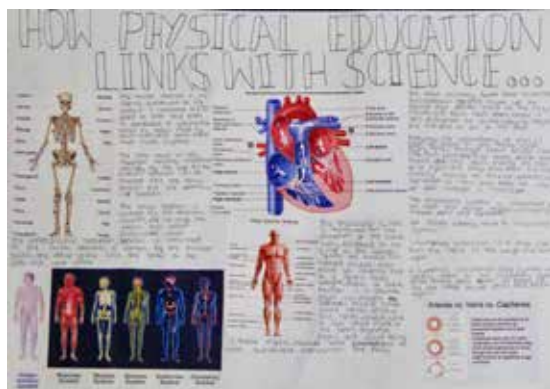
Science In The Workplace

Year 9 Students needed to create a poster showing their chosen job or profession and identify areas where science is used.

These posters were professional and contained detailed information.

Our winning house entries were from:

Carla Tilbury (Abbas) Niamh Bailey (Chamberlain) Caitlyn Tills-Lines (Houghton) Millie Smith (Peyton) Jasmine Gowne (Tollemache)



European Bake Off

To celebrate the European Day of Languages on Wednesday 26th September students were invited to bring in a European-themed cake. Many of these wonderful creations were then donated to be sold for charity as part of our MacMillan Coffee morning – and they tasted delicious!

It was very hard to judge but we do have our house winners:

Madalene Howard (Abbas) Megan Turner (Chamberlain) Gemma Dix (Houghton) Emma Arnold & Jas Howard (Peyton) and Alasdair Noble (Tollemache)



Current Competitions

Women In Stem: Create a newspaper article about a woman (past or present) in Science, Technology, Engineering or Maths – who is/was this person? What did/are they doing? Deadline: 18th October.

Tales of Terror: Write a short story with a horror theme from 300-700 words. Deadline: 22nd October. You've got to be in it to win it! Good Luck.

Miss J Hilson

James Ward

Congratulations to James Ward who won his class at the Freestyle Kayaking European Open at Nottingham, his score in the competition was so good that he beat the seniors.



Oskar Howard

During Year 7 transition week Mr Smith explored the mathematics of triangle numbers with the students. As a part of this, the mystic rose was discussed and it was suggested that the students explore it further at home during the summer. With the help of his father, Oskar Howard CKE produced this masterpiece.

What an amazing piece of art and Mathematics!

Fia Gerrard

Fia attended the Michaelmas Gala on September 22/23. It was the first Gala of the season. Although she didn't get any personal bests she achieved a bronze medal in 100m backstroke, 400m freestyle and 200m backstroke.

Well Done Fia!



Gracie Brinkley

Gracie took part in the local Swimming Gala held at the Kingfisher Sports Centre in Sudbury on 22nd and 23rd September.

She competed in the age category of 12-13 against many other swimming clubs, such as West Suffolk.

Gracie won 1 Bronze medal for 200m Freestyle, 1 Silver medal for 50m freestyle and 3 Gold Medals for the 50m Butterfly, the 100m Butterfly and the 100m Freestyle.

Well Done Gracie!



East Region Open Water Championship

As the summer term ends, so does the swimming season. This year, several TGS students finished their seasons with a trip to Norfolk's Whitlingham Lake for the East Region Open Water Championship. In the 1km swim, Zella Chambers and Lauren Martin (Year 8) and Eleni Brinkley (Year 9) took part in their first Open Water competitions. Zella stormed in to receive gold in the Suffolk County competition, with Lauren not far behind in 5th place in the county. Eleni, competing at the younger end of her own age group, finished a very creditable 4th place in the county.

Swimmers who have already taken part in the open water championship are expected to swim longer distances in following years. Therefore, James Rowley (Year 8) found himself tackling the 2km course. Although more comfortable over short sprints, he discovered the training had paid off and he finished 2nd in the county- completing the course in around 33 minutes.

All the swimmers have been training for several months, in the pool, at Gosfield Lake through strength and conditioning work. They have successfully adapted to the changing temperatures of the lake and ignored curious ducklings and defensive swans. They will now be hanging up their wetsuits until next May when the open water season begins again.



Voluntary help in the community

The Great Cornard village fête took place in July and amongst the helpers were four Guides from the 1st Sudbury Girl Guide Unit, who gave up several hours helping to paint faces and run the Play Your Cards Right stall. The Great Cornard Community Association (GCCA) team would like to thank Katherine Chapman, Rosie Young, Maisie Young and Megan Harcourt-Powell for their time and enthusiasm!



‘Freedom’ short story competition

At the end of last year we had a competition to write a short story of between 1,000-2,000 words on the theme of 'Freedom'. There were two categories: Years 7-9 and Years 10-11. The standard was high and it was interesting to see the way students interpreted the theme in a range of ways. Winners were chosen by Year 12 English students from anonymised versions. The following were the results (together with comments from the judges):

Years 7-9

Winner: Rhiannan Beal-Collins ('original plot, interesting narrative voice, detailed description and ambitious vocabulary')

Highly commended:

Hayley Provis ('imaginative plot; engaging opening; effective use of short paragraphs and sentences for dramatic effect')

Alasdair Noble ('imaginative plot; interesting use of dual narrative')

Charlie Watson ('dramatic and imaginative; interesting characters')

Many thanks also for the entries from: Michael Fryer, Eleanor Thompson, Matthew King, Harrison George, Dane Gonzales, Izaak Marseille, Flynn Taylor, Mollie Blowers, Jayden Hall, Zachary Brazier.

Year 10-11

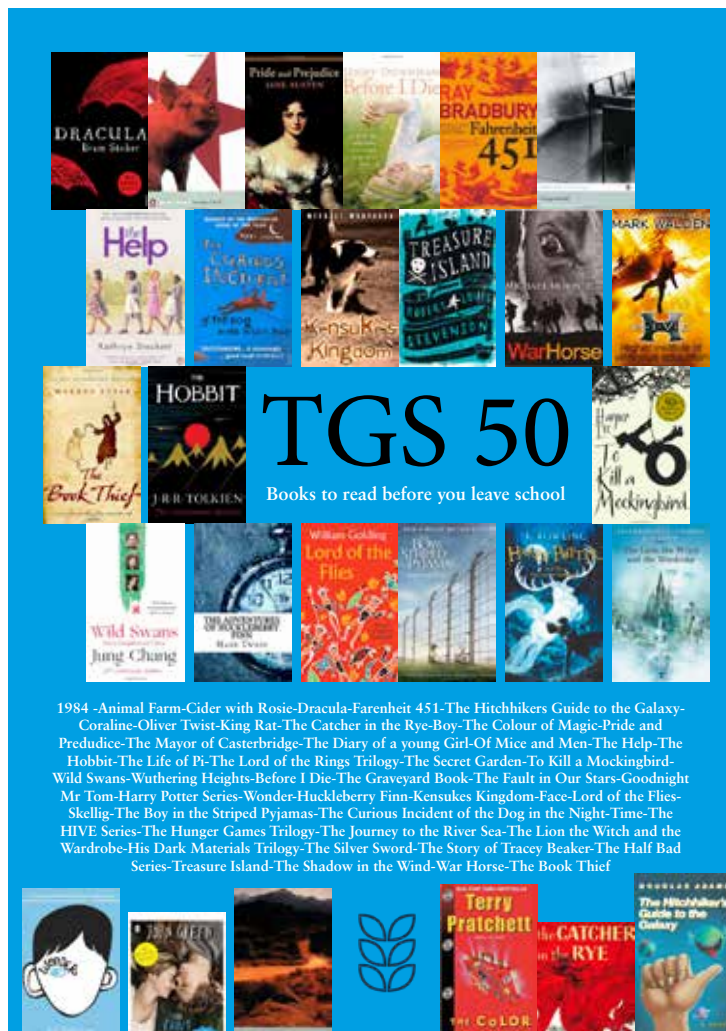
winner: Ashleigh Blowers ('effective use of descriptive detail and creation of atmosphere')

second: Niamh Byrne

(The only entrants in this category)

Well done to everyone that entered. The next writing competition: Tales of Terror!

Mr G Edwards



TGS 50 TGS 50 TGS 50 TGS 50 TGS 50 TGS 50
Books to read before you leave school

Freedom

Hazy gold street lights blinked, dimly illuminating the empty cobbled road. The laughter and singing of drunk people echoed the streets like ghosts whispering in your ear. Not a sad person in sight. Strangers passed by, ignoring my absence as if I was just another common pigeon.

I perched on the steps of the local yet not so popular pub that had a door with chipped paint. No one knew whether it was supposed to be black or white, not even the owners I don't think. The bitter wind wrapped me in its cold embrace but I didn't dare be rid of it. It was the only affection I had in years.

In desperation, I laid down my hat in front of me. Local townspeople who had even a little bit of money looked down their noses at me. I sighed, crestfallen as I stared down at my empty, moneyless pit of despair with my tired sunken eyes. I was used to it though; I learnt to not have too much hope. I wasn't a looker and I wasn't a good singer so why should people waste their limited time and money on me?

I finally gave up and held my coat close to me in a pathetic attempt to feel warmth, but that never happened. Gradually my eyes closed, my mouth didn't; it was chattering from the cold. I'm sure someone could work out secret messages from the chattering of my teeth. I would've laughed at the thought but happiness no longer greeted me with open arms- maybe that's why no one donates to me. People don't like the miserable.

I wished I would wake up to find out that this was just one long nightmare. Finally I did sleep... but I never woke up.

Yellow street lights blinked, dimly illuminating the empty cobbled road. The laughter and singing of drunk people echoed the streets like ghosts whispering in your ear. Not a sad person in sight. Strangers passed by, ignoring me as if I was a common pigeon.

How dare it. How dare life do this to me, end me on the cracked steps of a pub that smelled suspiciously of urine yet no one batted an eyelid. That's what I feared most when I was a young boy; dying without anyone noticing or caring for that matter of fact. All

I get is higher classed people looking down on me or trying not to look at me. I felt cheated by life. No. I was cheated. How dare it? How dare life beat me, forcing me to scrounge for food like a stray dog, and for what? To end me on the steps of a hideous 1 star pub that smelled suspiciously like urine? It played me like the devil to his fiddle. This wasn't fair yet I find myself not caring anymore.

Usually when your life is just so miserable and torturous, you can look back and find the terrible decision that led to this hell hole. Mine was him and the bitter-sweet liquor that trailed down my throat. He was my best friend - hint: was. It was the time when I wore young men's clothes and struggled to grow any more than a stubble. He and I came back from the movies, laughing and giggling, debating our opinions on the tale of two lovers we saw on screen before us. Hands on the clock were moving, making their way to the 12 as he grew more and more drowsy. It's my fault, I shouldn't have let him drive home. Especially not in that state. For hours I waited impatiently, anxiety slowly slithering up my veins. It wasn't until the next day I found out why I never got the message; the message I was desperate to read. I can still hear his mother's and father's cracking voice and they tell me why I never received that calming 'I'm home' text. So many things I wanted to say to him; I despise the fact that my last words to him were 'night lightweight' before he slept at the wheel... that's when it began, how I got into this mess. The last time I saw him, he lay cold and unconscious on the hospital bed. Bruises and cuts decorated his face like a Christmas tree from the pits of hell. He didn't deserve this. None of it. He deserved the world, deserved to die how he wanted to - in his sleep at an old age or something spontaneous. He was like that, the life of the party, always up to some crazy thing. He shouldn't have left like this. That's the moment I realised life was over rated. That life was a cruel dictator. I later found comfort in the pub at the bottom of the road. Well, that's what I told myself, it was really the only way to forget. As months passed, my clothes began to permanently smell of the spilt beer, my eyes became hollow and empty, just like me. Stupidly, I always forgot that the soothing liquid I let trickle down my throat would burn holes into my pocket. That's all I had left. The empty bottles shattered across my old flat. I hate myself for it. It's not fault, I did this to myself. But why did life let me, huh? Let me throw my life away like it was a useless piece of paper.

I don't care now- not a single bit. At least I don't have to humiliate myself anymore at my pathetic attempts of getting even a little bit of money. Thinking about it, I'm somewhat relieved. Hell, I would probably smile if I could.

For once I am free. Free from the snobby tourists scrunching their nose in disgust at my direction, parents hastily hurrying their children away like I was a disease.

I can't believe it. I'm actually free. Free from the horrible, money corrupt world. Free from the judgement. Free from the seemingly never ending life that played me like the devil with his fiddle.

Oh, life, you iniquitous tyrant. Far too long you have imprisoned me in your uncharitable embrace. Far too long. But it doesn't matter anymore for I am free. Ah, how lovely it is to say that. So lovely I will say it again.

Finally I am free...

Rhiannan Beal-Collins



The Monsters Within

I sat in the corner of my room, cradling my knees to my pounding chest. Sweat trickled down my forehead as my anxious form trembled. Voices. Menacing voices is all I could hear. Not even the sound of my tears could break through this demonic void.

“Worthless!” “Weak!” “Useless!” “NOBODY!”.

The voices got louder and louder as the words impacted me more and more. This was their way of fun, insulting me, eating away at the only sanity and confidence I have left.

“Leave me alone!” I screamed to the apparitions in my head. Everything was silent.

A few hours passed, the atmosphere grew chilly. They were coming back.

“Eliana...WE'RE BACK!” the voices merged together. I pulled at my hair in a desperate attempt to be free from my worst nightmare. MYSELF! I was still sat in the corner of my room but my back was now pressed firmly against the dull wall. My knees hugged tighter to my chest as my breathing became ragged. ‘Just ignore them, they’ll leave eventually’ I mentally tried to reassure myself. They laughed mockingly.

“Leave? We never leave!”

I screamed in pure fear, tears poured down my face as the raging waterfall of emotions was let loose.

I went into school the next day, depression weighed on my shoulders like the chains that held me captive. My head down, my cyan eyes fixated on the floor as I slowly made my way through the corridors. My raven black, waist length hair hiding my face from lingering eyes.

“That’s it. Hide your ugly face.” the voices sneered in pure disgust. I whimpered, gaining a few looks from fellow classmates in the corridors. I wanted to speak up, to explain what was going on. But they wouldn’t understand. I would be the new laughing stock of the school. I walked into Latin and sat in my seat near the window of the classroom. My best friend, whose name is Arianne, slumped down next to me. She was beautiful compared to me. Long, chestnut brown hair, emerald eyes and rose coloured lips. Every guy was after her yet she always declined.

“Hey Eliana. How are you?” she cheerfully asked. Ah, that dreaded question that no one ever truly wants to answer truthfully. I wanted to respond with “Awful. The voices are eating away at me and I haven’t slept in about two weeks.” But instead I replied with “I’m good Ari. How about you?”

“I’m great El!” always cheerful was this girl.

“Alright class! Today we are going to learn about the

pluperfect tense” Mr Briel interrupted our not so interesting conversation.

Lunchtime eventually came around and we all packed up our equipment in a rush to be the first of many soldiers who fight for the desired heaven known as pizza. I, however, took as slowly as possible to pack up to avoid the anxiety of large crowds and horribly scented perfumed teens. I made my way to the door but Mr Briel stopped me in my tracks with another dreaded question “Are you alright, Eliana?”

I contemplated many answers. I didn’t want suspicion to rise but I also didn’t want to be truthful about my current state. I hesitated before answering,

“Um, I’m alright Mr Briel.”

“Are you sure? I’m here if you ever need to talk. Or student services are always available.”

“I’m sure, sir”

“Liar. You big, fat, ugly liar.” the voices have been summoned. Why can’t they just leave me be? Especially at school when I just want to feel at peace.

I was dismissed and I timidly made my way to the cafeteria to meet up with Arianne and our friends. Well, when I say our friends I mean Arianne’s friend who occasionally acknowledged me. I eventually found Arianne among the swarm of students chatting, texting and eating. A classic scene from a movie. Like Highschool Musical but without the music. I sat in my seat next to Arianne when I noticed an unfamiliar face at the table. It was a guy. His auburn hair and sapphire eyes stood out among the crowd.

“He’s way out of your league!” the voices exclaimed, cackling like maniacs. But for once, I agreed with the voices. I hadn’t realised that I had been staring until he caught my eye. I blushed and immediately looked away, pretending to be interested in Arianne’s daily talk of hair, makeup and all things fashion. I adored the girl but she was a bit of a handful. I looked over at the mysterious guy to catch him already looking at me. He smiled softly at me and I couldn’t help but smile back despite my melancholy state. He stood up and walked around the table to sit in the empty seat next to me. I was extremely confused but maybe he came over to talk to Ari, just like every other guy. “Hi. My name is Christian. What’s yours?” he questioned, looking directly at me. I mentally

squealed in excitement but then composed myself.

“M-My name is Eliana.” why did I have to stutter?

‘You’re still a useless nobody, Eliana. He probably only wants to get close to you so then he can get close to Arianne.’ the voices piped up.

“Eliana.” Christian chirped up, testing my name on his tongue “That’s a really pretty name.”

I blushed a crimson red “Oh, th-thank you.”

Suddenly the bell rang, indicating that lunch was over.

Two hours passed and the end of the day was declared. I slung one shoulder of my backpack onto my left shoulder and made my way through the chaotic corridors of crazed kids, excited to forget about homework and play on their Xbox One. I stayed at the back of the crowd when a large hand slapped down on my shoulder. I jumped and let out a small scream.

“Eliana, I am so sorry! It’s only me, Christian.” came a deep voice from behind me who revealed themselves to be Christian. I placed a hand on my chest and took a deep breath,

“It’s alright. Just warn me next time.” I finally responded after my mini heart attack. He chuckled softly “I didn’t realise I was that scary.”

“Everyone can be scary.” I muttered under my breath “What was that?” he questioned, raising an eyebrow.

“Oh, um, I said that you didn’t scare me. I am just more cautious of my surroundings.” I replied, blushing for the millionth time today.

“So I did scare you.” he smiled cheekily.

‘Eliana the wimp. Maybe that shall be your new nickname.’ the voices had submerged to steal all that I had left. I chose to ignore the voices, but something at the back of my head was telling me that the voices aren’t wrong, that I am in fact a wimp.

“Can I walk you down?” asked Christian, breaking me from my train of thoughts.

“Sure.” I answered in a heartbeat. What’s wrong with me? I’ve only just met the guy and I’m already letting him walk with me. We made our way down from third floor to ground floor and for once I was happy, laughing at Christian’s poor attempt to impersonate Yoda. We eventually made it to the car park, I was slightly saddened that we had to depart so soon but I enjoyed the moment of bliss I had finally felt in a long time.

“Talk to you tomorrow, Eliana.” he placed a soft kiss on my cheek and I froze. What just happened? He walked away and got into his mum’s black range rover, driving away swiftly.

“Don’t think too much into that Eliana. He still only wants to get close to Arianne.” the voices spat at me.

Three months had passed, Christian and I had grown much closer. It was a cold, December evening during the Christmas holiday. We were at the Winterfell park, sitting on the swings, rocking gently.

“Eliana, I’ve been thinking.” Christian finally spoke up, despite the comfortable silence we had fallen into.

“What about?” I asked, curiosity eating away at me. “Well...” he began, I could see a tint of pink dusting his cheeks “We’ve bonded a lot over these past few months. I think you are extremely pretty and such a unique person. I was wondering...” he paused, taking a deep breath “would you do the honours of being my girlfriend?”

I stared at him, gobsmacked. Was Christian actually asking me, out of all people, to be his girlfriend? “He’s only going to tear you apart, Eliana. That’s what everyone in this whole universe is going to accomplish. Bringing you down and showing you what an absolute useless person you are!” the voices yelled loudly, I teared up. But I decided to finally push away the voices and follow what my heart desires.

“Yes! I’ll be your girlfriend!” I exclaimed. He jumped up and took my hand, pulling me up. He embraced me with warmth and protection. I snuggled into his chest and let the feeling of belonging blanket me.

Ten years soon passed and we are now happily married with three beautiful baby girls. I couldn’t be any happier. As time passed the voices faded and now I can’t hear them at all. All that is in my mind are the words that Christian tell me everyday: “Beautiful!” “Skinny!” “Wanted!” “Needed!” but most importantly “LOVED!”. Now that the voices are gone I can finally let my hair down and be who I want to be. Finally, the monsters within have been vanquished and I am free.

Ashleigh Blowers



Look out for English
Department Competitions

Several of our Year 7 to 10 pupils entered the famous Sequeation poster (design a simple and effective poster about any equation) organised by;



maths
careers
ENDLESS OPPORTUNITIES

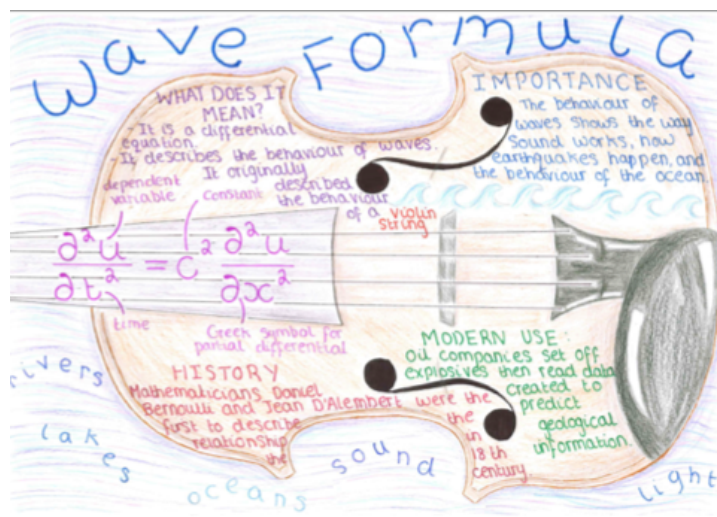


Institute of
mathematics
& its applications

We were extremely successful.

Our congratulations go to:

Years 9 - 11 Winner Aimee Sharp 11NBE (who won a tablet)



Honourable Mentions were given to
Noelani Upton 8TPE, Lottie Cooper 9KFR, Olivia
Hockley 11MHA

Please use the link to see their excellent posters.
<http://www.mathscareers.org.uk/competition/famous-equation-poster-contest/>

Miss T Barfield



A group of year 10 visited Southend campus of University of Essex to take part in a Maths Enrichment day organised by the Further Mathematics Support Programme. The pupils attended two workshops, braiding and cubes.

Who knew that Mathematicians are interested in the patterns made by braiding!

"A few years ago, I came across a method of braiding 7 strands of wool using a cardboard octagon. I wasn't happy just making pretty bracelets and started looking to generalise the method to make braids with different numbers of strands. In this session, we will be making 7 strand braids and looking for other braids that work. I will prove to you that some numbers don't work and leave you with some unsolved questions about the braids."

Matthew Scroggs is a PhD student.

VISIT

<https://nrich.maths.org/5778> or <https://www.youtube.com/watch?v=FRtMjpCgogk> for more information.

Folding is another area of Maths that fascinates Mathematicians. Did you know 6 sheets of square paper can be folded to make a cube with a corner cut out?

After making, how many can you use to build a stable tower?



Its Goodnight from TGS pupils and its Goodnight from Mr Tom!

Year 11 students Annabel Mudge and Chelsie Lockwood had a busy summer rehearsing and performing in the production of Goodnight Mister Tom at the Theatre Royal in Bury St Edmunds alongside a professional cast of adult actors which included Roy Hudd OBE and Steve Huison star of Coronation Street and the movie The Full Monty.

Karen Simpson, Artistic Director and CEO at the Theatre Royal announced at the end of run party that Goodnight Mister Tom had been one of the most successful productions ever, both in terms of sales and 5 star reviews from audiences that had watched it.

Both Annabel and Chelsie were asked the following questions...

1. Describe in your own words your character(s) and what you enjoyed most about playing the part(s).

Annabel

My main character was Mrs Annie Hartridge (a school teacher) and I also played a nurse. I really enjoyed playing Mrs Hartridge as she was a friendly, nice and very likeable character because then when I played my nurse character I had a variation of character to work with, especially in the nightmare dream scene when the nurse is both frightening and sinister!

Chelsie

My character Mrs Thorne was enthusiastic, eager and crazy. She was the librarian and director of the village plays. I also played a Londoner which was an interesting contrast to Mrs Thorne. I enjoyed playing Mrs Thorne because it was fun to experiment different ways in which my character interacted with people. She was a fun loving drama enthusiast.

2. What three things did you enjoy the most about the whole experience?

Annabel

Meeting new people and making new friends.
Working with the professional cast to gain advice from that industry.
As this was my first play, I enjoyed the way the rehearsals were set out and I never once felt stressed.

Chelsie

Acting with professional actors.
A taste of what my career will be like.
Meeting fab new people.

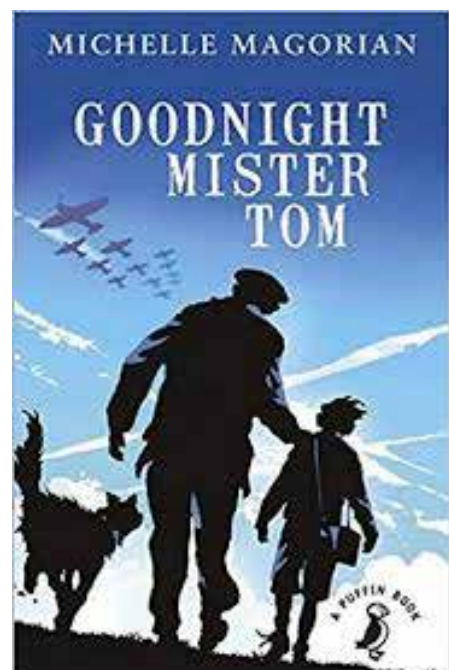
3. What one thing will you miss most?

Annabel

I will miss my theatre family/new friends the most, having spent almost every day of the summer holidays with them.

Chelsie

Performing every night; making each night better than the last.





LAMDA Results

Chelsie Lockwood Grade 7 solo Acting Distinction

Annabel Mudge Grade 5 Solo Acting Distinction

Chelsie and Annabel Musical Theatre Distinction

Nicole Grumman Grade 7 Duo Acting Distinction

Ella Keep Grade 7 Duo Acting Distinction

Solo Nichol Grade 6 solo Acting Distinction

Connor Crowley Grade 7 Duo Acting Distinction

Bert Kavanagh Grade 7 Duo Acting Distinction

Millie Simon Grade 2 Solo Acting Distinction

Millie Simon Grade 4 Public Speaking Distinction

Ross McCory PertCert Lam Distinction

Phoebe Pledger Grade 4 Solo Acting Distinction

Francesca Pledger Grade 3 Solo Acting High Merit (just 2 points off distinction!)

Congratulations to all of the TGS LAMDA students, many of who achieved Distinctions in their recent LAMDA exams. Well done!

Mrs J Arrow

Auditions have taken place and were extremely successful!

170 students auditioned...competition was tough but congratulations to our amazing cast, in particular

Sandy: Amelie Kingston

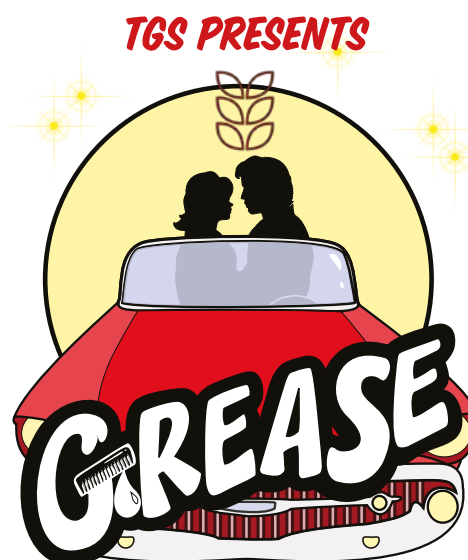
Danny: Callum Page.

Rehearsals are already sounding fantastic!

Show dates: 27, 28th Feb and 1st March.

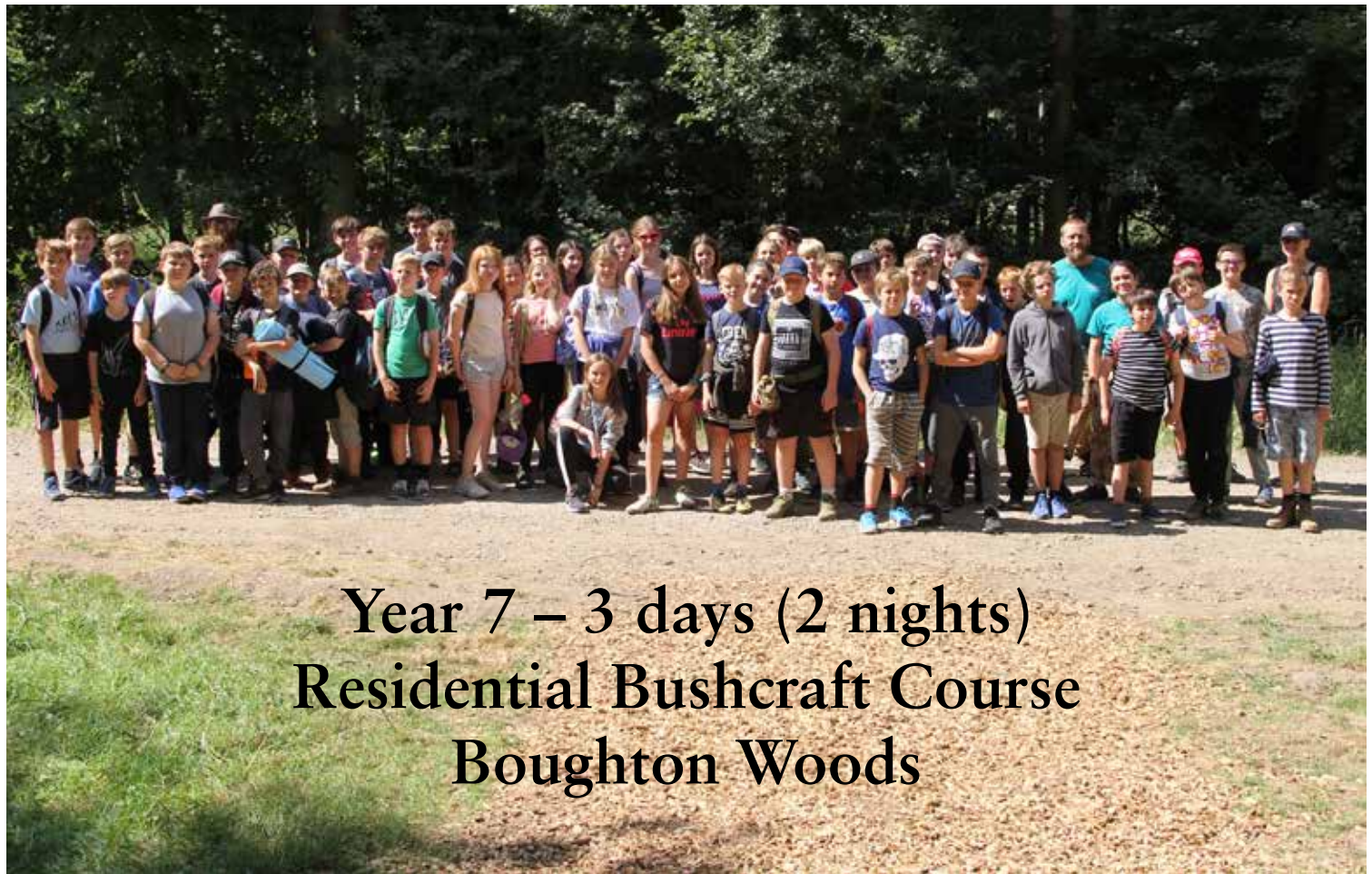
Our productions are always a fantastic night out, showcasing the talent our students have to offer!

Tickets will be on sale soon, so watch Facebook/ Twitter/Website for details.



27, 28TH FEB AND 1ST MARCH 2019
LOOK OUT FOR TICKET DETAILS!





Year 7 – 3 days (2 nights) Residential Bushcraft Course Boughton Woods

Learning Outcomes

To conduct yourself safely in an unfamiliar environment

- To participate in group activities and work towards a shared goal
- To feel positive about your individual contribution to team efforts
- To recognise your own and others' achievements
- To develop confidence in new surroundings
- To enjoy spending time out of doors and involved in new activities
- To think both practically and creatively about the world around you
- How to ensure that your presence in the woodland leaves minimum impact on the environment

Activities include:

Camouflage & Concealment
Survival Shelters
Cutting Tools
Evening Games
Trap Making
Fire Lighting
Bushcraft Challenge

July 2019
£135

Dont miss out on this fantastic opportunity to learn new skills and have an adventure!

Look out for details!



Instagram

A QUICK-GUIDE FOR PARENTS

What is Instagram & why do teens love it?

Instagram is a social media app used to share photos, videos and messages. Whether it's through Stories, Feed, Live, IGTV or Direct, teens use Instagram to celebrate big milestones, share everyday moments, keep in touch with friends and family, build communities of support and meet others who share their passions and interests. It runs on the Apple iPhone, iPad and iPod Touch as well as Android phones and tablets.

Is there a minimum age for Instagram?

The minimum age is 13, in compliance with the U.S. Children's Online Privacy Protection Act. Instagram doesn't ask users to specify their age, and there are many younger children who use the service, often with their parents' permission. Instagram will delete underage accounts if they're notified and can't verify that the user is over 13.

What are the risks?

Though there's nothing inherently dangerous about Instagram, the main things parents worry about are typical of all social media: mean behavior among peers, inappropriate photos or videos that can hurt a child's reputation or attract the wrong kind of attention, overuse, and of course, privacy. Parents are also concerned that people their kids don't know can reach out to them directly. Children can learn to manage these risks.

Are there tools to protect privacy & safety on Instagram?

Yes. Children can start by making their account private so that only people they approve can see their photos, videos and posts. There are also tools to block people and report inappropriate posts.



Make an account private.

Children can (and should) make their accounts private by tapping on the profile button on the bottom right (icon of a person) and then the options button on iOS or the 3 vertical dots on Android. Scroll down to Private Account and move the slider to the right. The slider will turn blue once the account is private.

Block bullies & harassers.

Users can block anyone who is bothering them, such as repeatedly tagging them in photos they don't like or sending them a lot of direct messages or trying to engage them in a creepy conversation. A person you block can't tag you, contact you directly or mention you in comments. To block a user, go to his or her profile, tap the three dots at the top right and select Block.

Report problematic posts.

You can report other people's inappropriate photos, videos, stories, or comments – or users who violate Instagram's community guidelines. Just click on the three dots next to the username, then Report. You can also report comments by swiping left on the comment you want to report and selecting why you think it's inappropriate.

Manage comments.

Users control who can comment on their photos and videos. In the “Comment Controls” section of the app settings, they can choose to: allow comments from everyone, people they follow and those people's followers, just the people they follow, or their followers. You can also remove comments entirely from their posts. On iOS, swipe left on the comment to delete it. On Android, tap the comment and hold.

Track your time on Instagram.

Like adults, children sometimes lose track of time so Instagram now has tools to help understand and manage the time you spend on the app. You can set daily reminders to get an alert when it's time for a break, you can mute notifications and there is also a feature to let you know you're "all caught up" on what your friends and communities have posted. You can access these controls by tapping “Our Activity.” At the top, you'll see a dashboard showing your average time for that app on that device. Tap any bar to see your total time for that day.

Disappearing stories.

Instagram Stories aren't necessarily private, but they do disappear after 24 hours from public viewing unless you add them to highlights. Neither children nor adults should ever post anything that is inappropriate, harmful or that can get you into trouble, but if you just want to post something silly that won't be part of your “permanent record,” Stories might be your best option.

This year the Friends of TGS welcomed our new Year 7s by hosting a fantastic disco for them. We had 180 students who enjoy plenty of goodies such as sweets, drinks, glow sticks and of course the Photobooth. We would like to thank our Year 7s and their parents for supporting this great event and look forward to celebrating and enjoying future events with you.

We are also supporting the Christmas concert and the school production.

Best wishes, The Friends of TGS.

If any parents would like to get involved with any of our events then please email lclements@thefriendsoftgs.net"



TGS Friends
QUIZ NIGHT

FRIDAY 30
NOVEMBER 7PM

The Light Well

£5 per person including buffet
(you can bring your own drinks & nibbles)

Email: lclements@tgschool.net

Teams of 6
Collect a Team Sheet from
Student Services



On the last Enrichment Day in July, the Eco Committee had the pleasure of curating a competition for Years 7 and 8. We decided to make the theme of it 'upcycling' and the task was to create a design for a new item out of used materials such as plastic bottles. The standard of the designs was absolutely incredible and we received over 50 entries! It was extremely tough to choose a winner! The first place design was a tremendously intricate dress made out of bottle tops, woven plastic and rope by Chloe Forth, Amy Howells, Mollie Blowers and Abigail Booth. Congratulations!

Among other winning entries were birdhouses, gnomes and shoes! Everybody was blown away by the calibre of the entries and we can't wait to run a competition like this again.

Milly Wingate
Head of the Eco Committee

Local Community Gardener Comes to School

A new school year sets its sight on rejuvenating various areas in the school grounds. Dan Wheals from ActivLives, has generously volunteered to help us inspire a new generation of growers. Normally he can be seen running the Grow Your Community project in Sudbury and Great Cornard, coordinating volunteers of all walks of life to help keep Belle Vue Park flower beds looking at their best.

To Inspire a new generation of growers he is kindly coming to help students and in the spirit of community gardening, you can help too!

The two initial areas of focus are the sixth form Quads and the old netball courts used by the Access group. Both have huge potential to make calming and educational environments, which we will open up to classroom teachers for a more practical learning environment. How better to learn about Medieval medicine than smelling key herbs for healing? Or, following the life cycle of plants up close in Biology?

So how can you help?

We are keen to have scaffolding boards and wood for raised beds, topsoil, gloves, seeds and plants. When produce is for sale in reception please support the cause and if you run fundraising events consider supporting young people to develop a sense of pride



in their environment. Please contact Mrs Hempel, at lhempel@tgschool.net, to offer your skills, produce or ideas about ways you can help.

Dan says "Seeing young people grow things for the first time is a joy. We can create and grow a sanctuary for students to enjoy, which they will remember for the rest of their lives".

Please help us, to help your child benefit from this wonderful opportunity.

Mrs L Hempel



STONE COLD?

In the past few years England has experienced some severe weather conditions, brought to us by the 'beast of the east'. We have been buffeted by strong winds, extreme cold, heavy snowfall and flooding. However, whilst we have been in snug our homes, I wonder how many of us thought of those who are living on the streets. No warmth, no shelter, no comfort.

In our Year 9 intervention group we are studying 'Stone Cold' by Robert Swindells, which has homeless people and the struggles they face at the heart of the novel. It is thought that there are nearly 5000 people who sleep on the streets EVERY night in the UK. Whilst we appreciate we can't help all of these, with headlines of a potentially difficult winter ahead, we would like to support the homeless local to us.

We will be presenting everything you kindly donate to our local branch of the Salvation Army, who will distribute everything to the homeless within our community.

How you can support...

There are two areas we would like to focus on: warmth and personal care. Therefore we are looking for the following items:

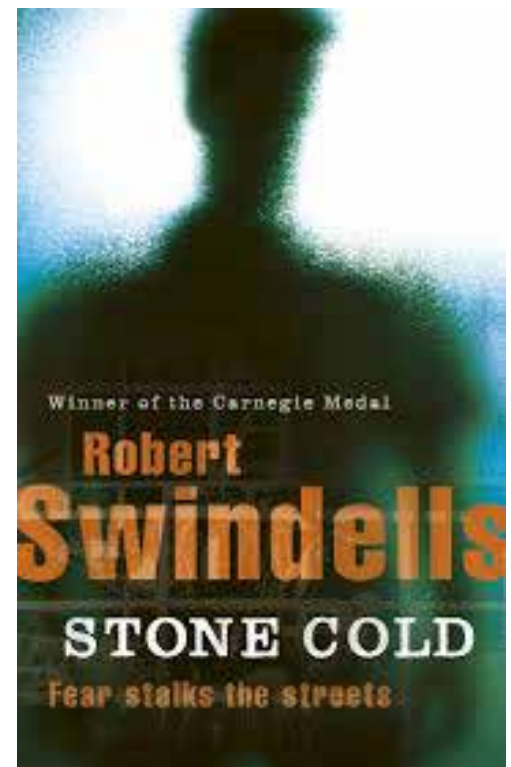
WARMTH: thick gloves, scarfs, hats, thick socks, coats. These can be ones that you no longer use or need, however please ensure they are in good condition, washed and clean. If possible, male and female underwear is also something that's needed. However these would need to be brand new.

PERSONAL CARE: travel sized bottles of body wash, shampoo, conditioner, body lotion, shaving gel, sanitary products toilet paper, toothpaste, plasters and large bags with strong stitching.

Can we please have all donations to Mrs Hempel, in Room 006, by Friday, 1st November, 2018.

A huge thank you in advance for all your support.

Mrs L Hempel



Thomas Gainsborough School value the wellbeing of all staff and students within their community. We are delighted to be the first school in the region to have been awarded the Gold Status of The Carnegie Centre of Excellence Mental Health Award for Schools. Thomas Gainsborough School provides a wide range of support to promote the wellbeing of staff and students, including such activities as student and staff yoga, our extensive student support facilities, providing membership of Headspace mindfulness app for all staff and students, weekly wellbeing drop in clinics with mental health first aiders, working with local charities to source counselling sessions for students in need of expert support, and a mental health focus over a fortnight to raise awareness of mental illness and the importance of mental wellbeing.

The Department for Education recognises the direct link between positive mental health in schools and successful educational outcomes; the Mental Health Award for Schools builds on this link and provides a framework to evidence policies and initiatives that work towards improving emotional health and wellbeing for both staff and pupils.

Established by Leeds Beckett University and social enterprise Minds Ahead, the mental health quality kitemark recognises schools that ensure the wellbeing of pupils and staff. The award ensures schools are using evidence-based approaches that align to professional and government guidelines. Utilising a developmental framework, which allows schools to evaluate current mental health practices, identify gaps, develop and strengthen these and work towards building an emotionally healthier environment.

Through this process, schools commit to making mental health a strategic priority and developing a positive culture that promotes mental wellbeing for everyone.

Mrs E Wilson-Downes



Advertising Unlocked!

On Friday 28th September Sixth Form and Year 10 students visited the London offices of a global marketing company, McCann International. The aim of the trip was to raise awareness of not only the wide range of careers available in marketing but also the best way to get into the profession. The event was led by a panel presentation and Q&A by marketing professionals explaining the ins and outs of their day to day business and their stories about how they got started. The panel also presented some case studies for highly successful campaigns for huge brands, including Coca Cola, Sony, Microsoft and the fascinating story of Fearless Girl (look it up!).

Following the panel they were given a marketing brief and, in teams, had to prepare a response explaining their strategy and present these to everyone else at the event. Our students were really engaged, impressing the professionals at McCann with their creative and strategic thinking. More than a few have been inspired to pursue a career in marketing!

Mr M Harris

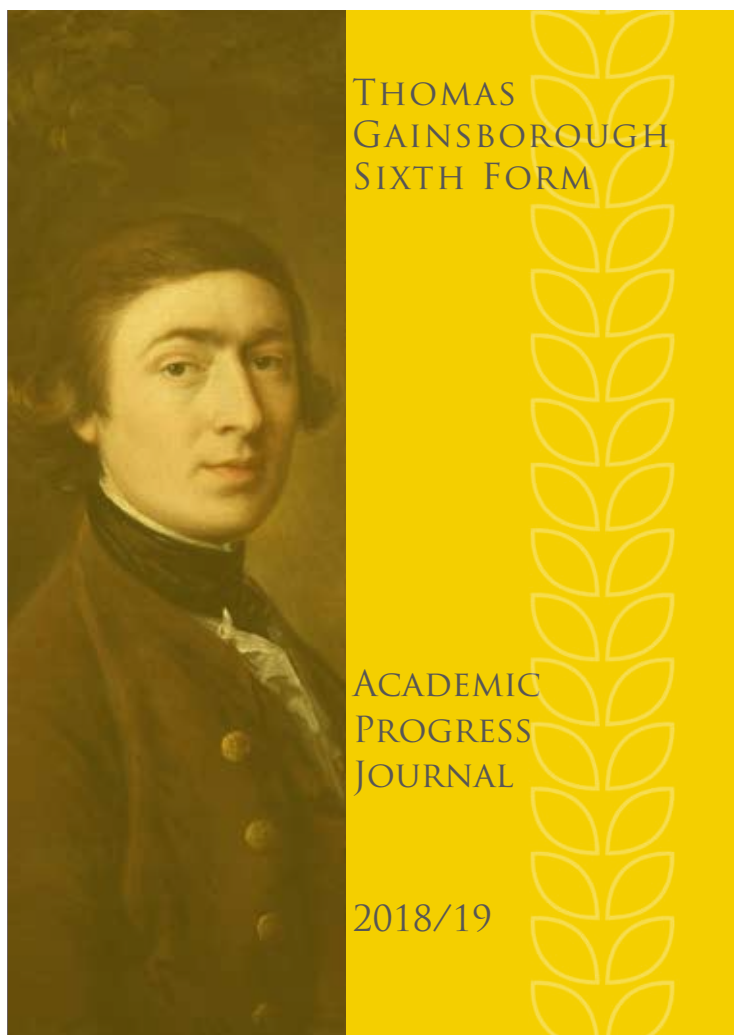


Developing Independent Study Skills

The new Sixth Form Academic Journals

This year sees the introduction of new Academic Journals for Sixth Form students. We believe that a big part of being successful is having a clear picture of where you are in your studies and what steps you take to achieve higher. The Academic Journal provides a space for recording some of the key milestones in academic progress with the aim that Sixth Form students develop the skills to generate their own, effective targets. These targets are verified and agreed by subject teachers and students together so they are an important aspect of their collaborative and professional relationship. The Journal is also used by Tutors to establish dialogue with students about resolving their personal barriers to learning and identifying their keys to success. Employers and universities both emphasise the value of independence and self-awareness and we look forward to seeing Sixth Form students develop these skills to help them reach their potential and stand out in the future.

Mr M Harris



Over the last few weeks we have seen our most recent cohort of Year 13s make their way to university. They have gone off to study degrees in Veterinary Science, History, Biochemistry, Fashion and Business, Radiotherapy, Philosophy and Mathematics, Mechanical Engineering, Sociology, Psychology to name but a few. It is the start of futures bright.

Our new Year 13s are just beginning this journey, preparing their applications for UCAS by considering what course they might wish to apply for and which universities they want to study at. Students have, since the summer months, been attending Open Days at universities so they can better judge their suitability. Already we are finalizing applications to Oxford and Cambridge and for Veterinary Science. The next few weeks up to the 15th January deadline will be the time when our Year 13s, who are considering university, will start shaping not just the next three years but perhaps the rest of their lives.

Dr C Talbot

UCAS



THOMAS
GAINSBOROUGH
SIXTH FORM

OPEN EVENING

Thursday 8th November
Sixth Form Centre
6-8pm
Keynote Speech at 6 & 7pm

Contact: 01787 375232
sixthform@tgschool.net



Jurassic Coast Residential Trip for TGS 6th Form Geographers

The Year 13 Geographers attended a 5 day residential trip to Dorset in September in order to learn lots of crucial field work skills. The Jurassic Coastline of Dorset and Devon is a 95 mile stretch of coastline that demonstrates 185 years of geological history. In 2001 the Jurassic Coasts was awarded World Heritage Site status by UNESCO. Its unique coastal land forms and epic scenery make it a Geographer's paradise!

The Year 13s visited many sites during the trip such as Chessil beach, Swanage, West Bay, Studland Bay and of course the iconic Durdle Door and Lulworth Cove. Our intrepid geographers worked hard measuring transects across sand dunes and beaches, measured pebble size and put class learning to the test. This was coupled with using questionnaires in the tourist centre that is Lulworth Cove.

After a hearty meal at the Harrow House (base camp for our trip), the Year 13s got down to serious classwork after a full day out in the field. The evenings were rounded off with some serious table tennis madness! The weather was fantastic

and thank you to Mr Bennett who drove us all of the way and organised the trip so well!

Mrs C Kelly





Borneo 2018

Borneo is one of the world's most stunning natural gardens – a unique ecosystem of vibrant jungle and tropical wilderness, teeming with exotic wildlife.

Some of our students got a chance to visit the world-renowned Sepilok Orangutan Sanctuary where orphaned and injured orang-utans were cared for before being released back into the wild.

They were also involved in building a new school, to enable local children the opportunity to access a proper education as well as riding on a river boat down the mighty Kinabatangan River, spotting some amazing wildlife along the banks.

Our students also successfully completed their PADI Open Water Diving qualification, whilst swimming in the warm tropical waters – I was very jealous!

Aside from having the opportunity to visit a truly inspiring country, our students benefitted from the expedition and the preparation, particularly their fundraising skills.

The students who were on the trip have come

back with amazing stories and I have also seen a huge difference in their confidence and ability to get involved more and I have been so impressed with their experience that we are running another Borneo Expedition in 2020.

Mr K Alexander





Half colours

Congratulations to all the Year 9s who achieved half colours last year. They all received 25 merit points and a certificate for their folders!

Annabella Bunton - KFR - Abbas
Callum Ryan - KWA - Abbas
Anastasia Glusca GBR - Houghton
Megan Turner - CKE - Chamberlain
Jessica Wilby - KFR - Chamberlain
Lottie Cooper - KFR - Chamberlain
Madeline Howard - SPE - Abbas

Careers Club

Careers Club is on, Mondays in the Careers Hub in G-block, after school! Come and learn about what you could be doing in the future! We play careers games and do fun activities!

Skills Show – Year 9

The skills show trip is fast approaching! This is a great opportunity for Year 9s to meet employers, look at jobs and win great prizes! Last year a pupil won an iPad Air! This year this could be you!



Re-start a Heart Day 16th October

A small number of our students are visiting Colchester Hospital to participate in the World Restart a Heart day. The aim is to teach vital life-saving cardiopulmonary resuscitation skills to as many people as possible in one day.



Upcoming workshops

Otley College are coming in to discuss a range of courses they offer on Tuesday 16th October at 1pm. Are you looking at a career working with animals, horticulture or in farming? Then this talk is a must for you! Otley college offers courses for all of these subjects.



**Easton
+ Otley
College**

The Chief Inspector of Essex Police is visiting school on the 6th November. Interested in joining the police? Good at Science? Considering a Forensics course? Want to work for the canine unit? Come along to sign up in the Careers Hub.

Mrs B Baker



I am pleased to announce that our next Family Awareness Day will be held at the University of Suffolk on Saturday 17th November 2018 (E-flyer attached).

Students in Years 7, 8 and 9 and their parents/guardians are invited along to our Ipswich campus to find out more about studying a degree at university. We understand that higher education seems a long way off but as we are sure you are aware, the choices made at school may affect their choices at 16 and 18.

This is a free event, which runs from 11.30am – 3pm and a fantastic opportunity to learn more about university and to meet with current University of Suffolk students. During the event students will take part in a fun programme of activities, while parents learn more about the benefits of higher education and student finance.

A tour of the campus and a free buffet lunch will be provided for all attendees. Students and parents can find further information and book a place via this link: <http://www.uos.ac.uk/fad>

For further information students and parents can email schools@uos.ac.uk
Kind Regards

Owen Evans
Outreach Officer

University of Suffolk
HIGHER EDUCATION FAMILY AWARENESS DAY
Saturday 17 November 2018
11.30am–3.00pm
University of Suffolk
Waterfront Building
Newmarket Quay
Ipswich, Suffolk IP1 1QJ

Students in Year 7, 8 or 9 and their parents are invited along to our Ipswich campus to find out more about studying a degree at university.

Are you interested in finding out more about higher education?
Do you have a child in Year 7, 8 or 9?

This is a fantastic opportunity to learn more about university and to meet with current University of Suffolk students.

The programme will include:

- A chance to find out more about higher education
- A campus tour
- Fun activities for students
- Buffet lunch

To book a place please visit www.uos.ac.uk/fad by Friday 9 November 2018
For more information, contact schools@uos.ac.uk or call 01473 330600

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WESTERN AREA NETBALL TOURNAMENT

On 27th September, the Sixth Form netball team competed in the Western Area Netball Tournament for under 19s. The team played some tough matches and throughout the afternoon, they stayed resilient and positive. Despite being a new team and our first time playing together, we all worked well as a group and towards the end we started to anticipate each others' tactics. Hopefully we will continue to play more matches to progress further as a team.



match was extremely tough as OSA is a very strong team but every player gave 100% and we did manage 7 impressive goals. Although we did not win, it was a good start to this year's netball season and we are all excited to grow as a team and hopefully win future games.

Chloe Ecuyer

U13 NETBALL

On 25th September, the Year 8 A-team took on rivals Ormiston Academy (OSA). Everyone played so well, each girl taking their role with determination. Our shooters; Katie, Atlanta and Tamika.

Harriett, did our team proud with 25 goals between them! Lily, Grace and Tess helped thread through the ball to our shooters, intercepting and keeping possession. The defensive team, including myself, Honey and Rosie, stopped the opposite team from shooting, only letting them concede 1 goal. The overall score was 25-1!

Well done girls!

Madison Dunne

U12 NETBALL

On Tuesday 25th September the under 12 TGS team played the under 12 OSA netball team in the TGS netball courts. This was our first ever match as a team! We took this as a chance to get to know each of our positions and each other. By the end whistle we had won 3 nil. This was a very good start to the season.

Emma Arnold

NETBALL OSA GAME

On Wednesday 3rd October the u14 girls netball team played a tough match against Ormiston Sudbury Academy. This was our first match this season and although it resulted in a 9-7 loss we know what we need to work on to improve as a team. All players showed their versatility during the match, able to play at a very good standard in multiple positions. The





and the game plan was to keep the ball on the floor, pass and move and score goals. However, the windy conditions paid dividends to this and all the play seem to be in the air. TGS dominated possession in both halves, but were wasteful in front of goal. A defensive lapse saw Stowmarket have a rare attack and their striker slotted the ball past the onrushing Mayles in the TGS goal. A 1-0 defeat and a lesson learnt.

We go again against Sybil Andrews later in the term.



YEAR 8 FOOTBALL

On Thursday 27th September 2018 the Year 8 boys played in a football match away at Westley. 11 players who played and presented TGS were Gabriel Bailey (captain), Lewis Scott, Seb Martin, Noah Pope, Callum Curtis, Harry Mullen, Jasper Mullen, Olly Mullen, Teddy Edwards, Louis Debenham, Leo Youd and Ashton Simpson. After all the hard work and effort TGS won 3-1! Thank you for your hard work and effort!

Well Done!



YEAR 9 FOOTBALL

The 2 games so far for the Year 9 students has been chalk and cheese. The opening game against Mildenhall saw the team play some great football. No nonsense defending and correct decision making saw team TGS too strong for their counterparts and TGS were run away winners. The Stowmarket game saw a completely different outcome. A very windy day greeted the teams,



TRUST CROSS COUNTRY

A small selected group of cross country runners made the short journey to Castle Manor to compete in the trust cross country event. Beautiful conditions for running made the event very pleasant. TGS students performed fantastically well with both the Year 7 and 9 boys' teams winning their age groups. Tommy Ponsford was the standout performer, completing his course in 10 minutes. This is a great starting block for the area cross country later this half term.



JOSHUA CATES PEDALS TO GLORY

Joshua Cates has just started in Year 7 and he has just completed another successful year of BMX with some great results.

Joshua races 2 categories of bikes – cruiser and 20". Results at the end of this year's national season are:

9-12 Cruiser, finished 2nd nationally and achieved British number 2 at the British Championships in Blackpool.

Male 12 20", finished 14th nationally and achieved British number 2 at the British Championships in Blackpool.

Joshua also competed in the European Championships in France for the first time this year which was an amazing experience.

His results mean he has qualified for the BMX World Championships for the first time ever which is being held in Belgium this year and also the European Championships which we believe will be held in Latvia.

PE Extra-Curricular Programme: Winter Term 2018



	Monday	Tuesday	Wednesday	Thursday	Friday
Before school 8.00am - 8.30am					
Lunch 1pm - 1.20pm		Year 7 Boys Basketball BRI		KS3 Dodgeball Club RMY BRI KYG CBR	
After School 3.20pm - 4.15pm	PE Staff Meeting RMY BRI CBR KYG VBR Italy Football Training External FA Coach Hockey Performance Club (Invitation only) Sudbury Hockey Club	Basketball Club VBR Trampolining Performance Club (Invitation only) KYG IEL CBR	Netball Participation Club CBR Football Participation Club Football Academy Girls Football Club KYG Hockey Participation Club DCH Badminton Club BRI Girls Fitness LCR	Netball Performance Club (Invitation only) CBR KYG Football Performance Club (Invitation only) RMY BRI	Cricket Club WPO WLL Running Club Sudbury Running Club A-Level Revision BRI
4:00 - 5:30pm	Fitness Suite Sport Centre Staff		Fitness Suite Sport Centre Staff	Fitness Suite Sport Centre Staff	

E: cbryan@tgschool.net



2018 - 19

Autumn Term 2018

Wednesday 5 September - Friday 21 December 2018

Half Term:

Monday 22 October - Friday 26 October 2018

Non Pupil Days:

Friday 19 October 2018

Spring Term 2019

Monday 7 January – Friday 5 April 2019

Half Term:

Monday 18 February – Friday 22 February 2019

Non Pupil Days:

Thursday 3 January and Friday 4 January 2019



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If you would like to visit us it would be our pleasure to show you around. Please contact us on 01787 375232